

Educational Psychology Service

A leaflet for secondary school students

The name of the EP that will come to see you is:

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If you have any questions about the EP's visit, the person to contact at school is:

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For further information see Essex County Council Local Offer at:

www.essexlocaloffer.org.uk



What is an Educational Psychologist (EP)?

An EP is someone who is trained to work with students, parents, carers, teachers and other adults.

Your parents or carers will know that the EP is coming to see you.



We can help with improving things in school

- Learning and concentrating
- Feelings, friendships & relationships
- Speaking and listening
- Feeling included in school
- Preparing for the future

Sometimes it might be a mixture of these things, or something not on this list.



It was actually kind of fun! Joe, Year 9, after working with an EP

What might we do?

- Visit you in school, or at home
- Ask you questions about things you do, what you like, what you find hard and how you feel about school
- Ask you about your hopes for the future
- Ask you to draw, read, write, solve problems or do some maths
- Talk with people who know you well
- Look at some of your work



What will happen after the EP visit?

- There may be a meeting with you, your teachers and parents or carers to talk about how to support you
- We might write to you or your teachers and parents or carers to let you know what we think
- We may come and see you again