










AFTER SCHOOL CLUB

MONDAY 	3.15pm – 4.15pm	Outdoor Explorer Activities related to nature and the environment including bush craft, nature walks, scavenger hunts, den building, woodland art, making bug hotels, hide & seek games	
	4.15pm – 5.15pm	Play and Relax	
	5.15pm – 5.45pm	Fun and Games*	
TUESDAY 	3.15pm – 4.15pm	Active Kicks An opportunity to engage in unique non-traditional sports including kids yoga, dance, hoola-hoops, cheer leading & many more exciting activities	
	4.15pm – 5.15pm	Play and Relax	
	5.15pm – 5.45pm	Fun and Games*	
WEDNESDAY 	3.15pm – 4.15pm	Around the World Activities & games related to exploring different countries and cultures	
	4.15pm – 5.15pm	Play and Relax	
	5.15pm – 5.45pm	Fun Games*	
THURSDAY 	3.15pm – 4.15pm	Artistic Adventure get creative, splish, splash, splosh, painting, drawing, face painting, puppet making, making lava lamps, outdoor art	
	4.15pm – 5.15pm	Play and Relax	
	5.15pm – 5.45pm	Fun and Games*	
FRIDAY 	3.15pm – 4.15pm	Messy Science Science experiments, space explorer, games related to science & discovery	
	4.15pm – 5.15pm	Play and Relax	
	5.15pm – 5.45pm	Fun and Games*	

*Optional extras during the term including fancy dress, themed weeks, story-telling, the school reporter, movies & popcorn, pamper & spa, bake off, guest visitors

BREAKFAST CLUB			
Monday to Friday	7.45am – 8.15am	Arrival and Free Play	
	8.15am – 8.30am	Breakfast Time	
	8.30am – 8.45pm	Group Games Designed to focus the mind and prepare for learning	
	8.45am	Off to school	
All After School Club and Breakfast Club activities will be age-appropriate			

SAMPLE MENU

	WEEK 1		WEEK 2	
MON	Fresh tortilla wraps with a choice of cheese or ham filling	Sweetcorn	Sausage or cheese rolls	Fresh cucumber and carrot sticks
	Cucumber sticks	Pineapple pieces	Selection of crisps	Raisins
TUE	Buttered crackers with either jam or cheese spread	Chopped oranges	Cream Cheese Bagel	Cucumber sticks
	Cucumber sticks	Selection of biscuits	Sweetcorn	Freshly chopped apple slices
WED	Sandwiches with either ham or tuna mayonnaise	Fresh carrot sticks	Soup of the day	Fresh salad
	Selection of crisps	Freshly chopped apple	Fresh cucumber sticks	Pineapple pieces
THU	Baked beans on toast	Fresh carrot sticks	Sandwiches with either ham or tuna mayonnaise	Fresh carrot sticks
	Fresh Fruits	Raisins	Selection of crisps	Freshly chopped banana pieces
FRI	Chicken or tomato soup	Fresh cucumber sticks	Chicken or tomato soup	Fresh carrot sticks
	Selection of crisps	Freshly chopped banana pieces	Fresh cucumber sticks	Selection of biscuits

Note: Wraps contain wheat & gluten; Cheese contains milk; Sausage rolls contain pork, egg, gluten, milk, mustard & soya; Cheese & ham rolls contain flour & milk