

Year 11 – Health & Social Care

Curriculum intent Component 3 will take up much of the final year for this course with learners identifying what ‘being healthy’ means to different people, exploring the different factors that might influence health and wellbeing and identifying key health indicators. Learners will be tasked with creating a health and wellbeing improvement plan for a selected person, which includes targets and recommendations of support services available. Following the Component 3 external exam learners will revisit and complete Component 2, learners will continue to investigate local care services exploring the barriers people may face when accessing care.

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Knowledge	<p>Component 3: Demonstrate knowledge and understanding of factors that affect health and wellbeing. Interpret health indicators.</p> <p>Learners will explore what being healthy actually means? It can mean different things to different people: you might think ‘healthy’ is not having to visit the doctor but an</p>	<p>Component 3: Design a person-centred health and wellbeing improvement plan.</p> <p>Learners will look at the factors that can have a positive or negative influence on a person's health and wellbeing. Learners will discover how to interpret</p>	<p>Component 3: Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans.</p> <p>Learners will research and use information to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term</p>	<p>Component 2: Health and Social Care Services and Values – Revisit unit content from year 10 in order to support completion of learning Aim B.</p> <p>Assess the suitability of health and social care services for individuals in a given scenario, making justified and realistic suggestions for how barriers for one service can be overcome</p>	<p>Component 2 Health and Social Care Services and Values Learning Aim B Demonstrate care values and review own practice</p> <p>Demonstrate the care values independently in a health or social care context.</p> <p>Describe positive and negative aspects of own demonstration of the care values and comment on aspects of feedback.</p>	<p>Component 2 Health and Social Care Services and Values Learning Aim B Demonstrate care values and review own practice</p> <p>Demonstrate the care values independently in a health or social care context, making justified and appropriate recommendations for improvements of own application of the care values that incorporate feedback.</p>



	older person might consider it being mobile and able to get out and about, being happy and having friends.	physiological and lifestyle indicators, and what they mean for someone's state of health	targets. Additionally, you will explore the difficulties an individual may face when trying to make these changes.			
Skills	<p>Explore what is meant by health and wellbeing, Look at varying factors that impact a person's health and wellbeing.</p> <p>Learners will analyse information and communicating for a specific purpose.</p>	<p>Explore what is meant by health and wellbeing, Look at varying factors that impact a person's health and wellbeing.</p> <p>Learners will analyse information and communicating for a specific purpose.</p>	<p>Investigate various obstacles faced by individuals and look at ways in which these can be overcome.</p> <p>Research, review and planning skill will be used when looking at ways individuals can overcome significant barriers.</p>	<p>Investigate what is meant by life events and explore how these may impact selected people through case studies.</p> <p>Perform in a set scenario where learners demonstrate key care values.</p>	<p>Investigate various care values and services. Explore own practices and review.</p> <p>Reflection and review skills making suggestions to improve own responses to set health and social care scenarios.</p>	<p>Investigate various care values and services. Explore own practices and review.</p> <p>Reflection and review skills making suggestions to improve own responses to set health and social care scenarios.</p>
Assessments	Exam Preparation	Exam Preparation.	Exam Preparation.	Assignment Preparation.	Assignment: Component 2 Learning Aim B	Assignment: Component 2 Learning Aim B



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Enrichment	Revision Sessions	Revisions Sessions	Revision Sessions	Assignment Workshops and Drop In Sessions	Assignment Workshops and Drop In Sessions	Assignment Workshops and Drop In Sessions
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