



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

12/04, 03/05
24/05, 14/06
05/07, 26/07
13/09, 04/10
25/10



MONDAY

Creamy Macaroni Cheese with Crusty Wholemeal Bread
or
Meatballs in a Tomato Sauce with Pasta, Cheese & Herb Breadcrumbs & Crusty Wholemeal Bread
~
Steamed Mixed Vegetables
~
Jacket Potato with RS Baked Beans
~
Raspberry Mousse



TUESDAY

RSPCA Assured Pork Loin, Creamy Mashed Potatoes, Sage & Onion Stuffing & Gravy
or
Shepherd's Pie
~
Cauliflower Cheese & Fresh Carrots
~
Jacket Potato with Tuna Mayo
~
Peach & Cherry Sponge



WEDNESDAY

Chicken Tikka Masala with Mini Naan Bread
or
Vegetable & Cheese Burrito & Vegetable Salsa
~
Vegetable Rice
~
Jacket Potato with RS Baked Beans
~
Chocolate & Orange Cookie

THURSDAY

Lasagne with Coleslaw & Crusty Wholemeal Bread
or
Cook's Homemade Pizza of the Day with Coleslaw & Herby Diced Potatoes
~
Fresh Diced Carrots & Garden Peas
~
Jacket Potato with Tuna Mayo
~
Iced Vanilla Sponge



FRIDAY

Crispy Battered Pollock & Chips
or
Golden Vegetable Fingers & Chips
~
Mixed Peas & Sweetcorn
~
Jacket Potato with Grated Cheese
~
Shortbread Biscuit

WEEK 2

19/04, 10/05
31/05, 21/06
12/07, 30/08
20/09, 11/10

MONDAY

Quorn and Sweet Pepper Chilli with Savoury Rice
or
BBQ Quorn Fajita Wrap with Savoury Rice
~
Peas & Sweetcorn
~
Jacket Potato with Cheddar Cheese
~
Strawberry Mousse



TUESDAY

Roast Chicken Fillet, Sage and Onion Stuffing & Gravy
or
Quorn Fillet, with Sage & Onion Stuffing and Gravy
~
Herby New Potatoes & Fresh Carrots
~
Jacket Potato with Tuna Mayo
~
Chocolate & Beetroot Brownie



WEDNESDAY

Cook's Homemade Meat & Potato Pie with Gravy
or
Pasta Bolognese with Mozzarella & Mixed Herb Topping
~
Steamed Mixed Vegetables
~
Jacket Potato with RS Baked Beans
~
Fresh Fruit Salad with Ice Cream

THURSDAY

Meatballs with Pasta in a Tomato & Basil Sauce with Wholemeal Bread
or
Baked Enchilada with Tomato Salsa, Cheese & Herby Diced Potatoes
~
Coleslaw & Garden Peas
~
Jacket Potato with Tuna Mayo
~
Frosted Shortbread Biscuit



FRIDAY

Crispy Fish Finger Barmcake & Chips
or
Golden Cheeseburger in a Bun & Chips
~
Reduced Sugar Baked Beans
~
Jacket Potato with RS Baked Beans
~
Fruit Jelly

WEEK 3

26/04, 17/05
07/06, 28/06
19/07, 06/09
27/09, 18/10



MONDAY

Pasta Arabiatta, with Crusty Wholemeal Bread
or
Pizza Panini – Sweetcorn, Peppers, Pizza Sauce & Mozzarella
~
Homemade Coleslaw, Peas & Sweetcorn
~
Jacket Potato with RS Baked Beans
~
Chocolate & Mandarin Mousse

TUESDAY

Braised Beef and Yorkshire Puddings in a Rich Gravy
or
Sweet Pepper, Tomato & Cheddar Cheese Flan
~
New Potatoes, Fresh Diced Carrot & Swede
~
Jacket Potato with Cheddar Cheese
~
Jam Sponge



WEDNESDAY

Brunch for Lunch
Sausage, Hash Brown, Baked Beans, & Mini Omelette
Brunch for Lunch
or
(v) Sausage, Hash Brown, Baked Beans, & Mini Omelette
~
Served with Wholemeal Bread
~
Jacket Potato with Tuna Mayo
~
Strawberry Jelly & Ice Cream

THURSDAY

Italian Style Chicken Fillet, glazed with Tomato Sauce, Mixed Herbs & Mozzarella
or
Italian Style Quorn Fillet glazed with Tomato Sauce, Mixed Herbs & Mozzarella
~
Mixed Vegetables & Pasta
~
Jacket Potato with Cheddar Cheese
~
Raspberry Bun



FRIDAY

Crispy Seaside Fillet of Salmon & Chips
or
Battered Nuggets & Chips
~
RS Baked Beans & Garden Peas
~
Jacket Potato with Tuna Mayo
~
Sticky Oat & Banana Muffin

AVAILABLE DAILY: wholegrain bread basket, yoghurts, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager