

Our Menu
Week 1 (30/08, 20/09, 11/10)

	Monday	Tuesday	Wednesday	Thursday	Friday
			New		New
Meaty Mains	Italian meatballs in a chunky tomato and herb sauce served with wholemeal pasta	Chicken and vegetable curry with 50/50 steamed rice and naan bread	Cottage pie with hidden vegetables	Macaroni cheese with hidden cauliflower served with crusty bread	Salmon and cod fish cakes with oven chips or pasta twists
Herbivores	Linda McCartney vegballs in a chunky tomato and herb sauce served with wholemeal spaghetti	Quorn and vegetable curry with 50/50 steamed rice and naan bread	Cheese and potato bake with hidden vegetables and crusty bread	Macaroni cheese with hidden cauliflower served with crusty bread	Wholemeal cheese and tomato pizza with oven chips or pasta twists
Fancy a lighter bite - jacket potatoes are served with a choice of filling					
Salad is available every day					
A 'Pudding of the Day' will be available each day - we offer a range of mostly homemade puddings					
Fruit & yoghurt available every day					

Our Menu
Week 2 (6/09, 27/09, 18/10)

	Monday	Tuesday	Wednesday	Thursday	Friday
	New		New	New	
Meaty Mains	Pork sausage roll with oven baked potato wedges or pasta twists	Cheese and potato bake with hidden parsnips served with crusty bread and baked beans or salad	Mexican beef chilli (taco flavouring) with hidden vegetables and 50/50 steamed rice	Roast turkey with roasted new potatoes, vegetables, stuffing and gravy	Fish cakes served with oven chips or pasta twists
Herbivores	Vegan sausage roll with oven baked potato wedges or pasta twists	Cheese and potato bake with hidden parsnips served with crusty bread and baked beans or salad	Veggie mince chilli (taco flavouring) with hidden vegetables and 50/50 steamed rice	Quorn pieces with roasted new potatoes, vegetables and gravy	Veggie fingers served with oven chips or pasta twists
Fancy a lighter bite - jacket potatoes are served with a choice of filling					
Salad is available every day					
A 'Pudding of the Day' will be available each day - we offer a range of mostly homemade puddings					
Fruit & yoghurt available every day					

Our Menu
Week 3 (13/09, 04/10)

	Monday	Tuesday <i>New</i>	Wednesday	Thursday <i>New</i>	Friday
Meaty Mains	Pork sausages with creamy parsnip and mashed potato, Yorkshire pudding and gravy	One pot chicken with braised rice, peas and sweetcorn	Roast pork with creamy mashed potato, roast potatoes, vegetables, gravy and Yorkshire puddings	Pasta twist Bolognese with hidden lentils and vegetables served with garlic bread	Harry Ramsden's oven baked fish served with oven chips or pasta twists
Herbivores	Linda McCartney vegan sausage with creamy parsnip and mashed potato, Yorkshire pudding and gravy	Sweetcorn and cheese pizza with blended chickpea, herb and tomato sauce	Quorn fillet with creamy mashed potato, roast potatoes, vegetables, gravy and Yorkshire puddings	Pasta twist Bolognese with hidden lentils and vegetables served with garlic bread	Cheese and tomato turnover served with oven chips or pasta twists
Fancy a lighter bite - jacket potatoes are served with a choice of filling					
Salad is available every day					
A 'Pudding of the Day' will be available each day - we offer a range of mostly homemade puddings					
Fruit & yoghurt available every day					

