**Our Menu Week 1
(31/08, 21/09, 12/10)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Italian Meatballs in a homemade chunky tomato, vegetable and herb sauce with wholemeal spaghetti**  | **Chicken and vegetable curry with 50/50 steamed rice and pitta bread** | **Homemade Cottage pie with vegetables topped with creamy mash potato** | **Macaroni cheese with hidden cauliflower and served with fresh bread** | **Harry Ramsdens oven baked fish and chips** |
| **Lighter Bites** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** |
| **Vegtarian Option****A vegetarian option for children with dietary/lifestyle requirements will be catered for on an individual basis.** |
| **Puds****A dessert or yoghurt will be available daily. Along with a selection of fresh fruit.**  |

**Our Menu Week 2
(07/09, 28/09, 19/10)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Homemade cheese and tomato pizza with oven baked potato wedges** | **Chicken and Chinese vegetables in a freshly made sweet and sour sauce with 50/50 steamed rice** | **Pork sausages with creamy potato and parsnip mash, Yorkshire pudding and gravy** | **Lasagne with hidden lentils and vegetables service with garlic bread and salad** | **Fish stars and oven chips** |
| **Lighter Bites** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** |
| **Vegetarian Option****A vegetarian option for children with dietary/lifestyle requirements will be catered for on an individual basis.** |
| **Puds****A dessert or yoghurt will be available daily. Along with a selection of fresh fruit.**  |

**Our Menu Week 3
(14/09, 05/10)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Cheese, tomato and Mediterranean vegetables pasta bake served with homemade fresh bread** | **Roasted chicken and vegetable tray bake served with steamed herby new potatoes** | **Roast of the day with roast and mash potato and all the trimmings** | **Spaghetti bolognaise with hidden lentils and vegetables served with garlic bread** | **Salmon fish fingers and oven chips** |
| **Lighter Bites** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** | **Jacket Potato. Choice of cheese and/or beans** |
| **Vegetarian Option****A vegetarian option for children with dietary/lifestyle requirements will be catered for on an individual basis.** |
| **Puds****A dessert or yoghurt will be available daily. Along with a selection of fresh fruit.**  |