

# Vacancy for Trustee of The Richard Crosse Foundation

A vacancy exists from September 2021 for a parent/grandparent to become a Trustee of The Richard Crosse Foundation following the end of Mrs Claire Crampton's term of office.

Trustees are appointed for a period of four years and meet once per term at school E or online. The meetings are generally an hour in duration.

The Richard Crosse Foundation is separate to the Multi Academy Trust and its main function is to manage the Charitable Trust which includes the farm and land at R Marchington Woodland for the benefit of education in Kings Bromley and in particular, our school. The Richard Crosse Foundation is the legal owner of the school buildings and contributes 10% of every capital project.

If anyone wishes to be considered for the position, please would you contact school or Mr Lovern. We are very happy to give you more information should you require it. Finally, we would like to take this opportunity to thank Mrs Crampton for her support and dedication over the past four years, we need people like Claire to help develop and enhance our lovely school. We are so lucky that Reverend Richard Crosse bequeathed the gift of the farm and land in 1699 for the benefit of a free school in Kings Bromley.



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## E-Safety News

Online Safety Newsletter

As a school we recognise the ever changing world of technology around us. Therefore, to support us all, we have signed up to a monthly newsletter which will offer information and support on the latest trends and safety advice. These will be emailed to you and also saved under the E-Safety tab on the school website.

# Packed Lunches and Snacks

We pride ourselves on the quality and nutritional content of our school meals. We believe that being healthy in all areas of school life has massive benefits to the children. With this in mind, just a polite reminder about the guidance in our Packed

Lunch Policy (including break time snacks)	
	INCLUDE
•	Fruit and Vegetables - at least one portion of fruit <u>and</u> one portion of vegetables or salad.
•	A non-dairy source of protein - meat, poultry, fish, egg, beans or pulses, such as lentils, kidney beans, chickpeas, hummus or falafel.
•	A starchy food like bread, pasta, rice, couscous, noodles, potatoes or other types of cereals.
•	<b>Dairy foods</b> such as milk, cheese, low fat or natural yoghurt or fromage frais, low sugar rice pudding. (not split pot or flavoured yoghurts , these have a lot of sugar)
·	<b>Drinks</b> - the school provides water, but only healthy drinks, such as water, 100% pure fruit juice (maximum portion 150 mls), semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies should be included in your child's packed lunch.
•	<b>Oily fish</b> such as salmon should be included at least once every three weeks. (Tuna is no longer considered an oily fish)
•	Snacks such as malt loaf, low sugar jelly, or plain popcorn
LIMIT	
:	Snacks such as crisps (although seeds, nuts (where there are no allergies in school), vegetables and fruit with no added salt, sugar or fat would be preferable) Corned meat and sausages (these have a high fat and salt content)
·	Cakes and plain biscuits are allowed but children should be encouraged to eat these only as part of a balanced meal
	DO NOT INCLUDE
•	Chocolate, chocolate-coated biscuits or food items containing chocolate
•	Cereal bars, or processed fruit bars
•	Processed meat products such as pepperami, sausage rolls, or Fridge Raiders. These
	foods have a very high fat and salt content
•	Other confectionery such as Haribo, and chewing gum
•	Fizzy or sugary drinks, including squash or fruit flavoured squash drinks such as Ribena, Fruit Shoot or Capri Sun; or diet or energy drinks which contain high levels of caffeine
	and other additives. (Even if labelled as 'sugar-free', 'no-added sugar' or 'reduced sugar' these drinks can contribute to tooth decay and provide little nutritional value).

## <u>Care Club</u>

If you require before or after school childcare we still have spaces in our Care Club provision. There are also spaces available for Friday afternoons.

Please contact the office for more information.

Also, please could we respectively ask that parents make sure that their children are booked into Care Club for the evenings they require. We always try to be flexible and we understand that commitments can change at the last minute but we are now regularly getting children turning up to Care Club after school who are ot booked in or who are staying much later than stated times. This impacts on staffing ratios, pre prepared food numbers and craft activities provided. Please note that in September we will be returning to the prepayment booking system.

## <u>Menu Theme Day</u>

On Thursday 20th May the kitchen will be having an 'All Day Breakfast' themed lunch. More information on food choices on this day will follow closer to the event. We hope all our children will join in!



## Thank you for your help and support in this matter.

#### Upcoming Dates and Events

May 17th School photographs May 18th Year 5 Trip - Packington Farm May 20th Menu themed lunch May 24th to June 4th Half term holiday June 8th Year 6 Greenpower race day June 28th Richard Crosse transition morning June 29th Richard Crosse transition morning July 12th Virtual end of year service July 14th Year 6 production day July 15th Year 6 leavers service

Please check the website for constantly updated information: <u>www.richardcrosse.sch.uk/events</u>

## **School Photographs**

Tempest will be visiting school on May 17th to take individual and sibling photographs so send your children in looking their absolute best! Due to Covid sibling group photographs are to only include those who are currently attending school.



Our Motto: Believe and Achieve Our Values: Love - Respect - Friendship Our Christian Vision: Philippians 4:13: 'I can do everything through Him who gives me strength'

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