

## Subject: Physical Education

### Curriculum Intent

The Riverside PE curriculum is designed to encourage *all* pupils to develop the knowledge and provide experiences that will support all pupils in leading a healthy, active lifestyle and promote lifelong physical activity. The curriculum provides *all* pupils in *all* year groups with the opportunity to develop skills and gain confidence in a broad range sports and physical activities. Through these varied activities teachers facilitate *all* pupils to develop essential skills such as communication, leadership, teamwork and organisation, underpinned by the PE Core Values of respect, resilience, enjoyment, excellence and teamwork. The curriculum is designed to meet the specific needs of the school cohort by developing the understanding and knowledge required to maintain a healthy active lifestyle, applied in practical and theoretical contexts. The curriculum provides *all* pupils with opportunities to be regularly active, both within lessons and as part of the extensive essential wider curriculum provision that enables pupils to pursue their interests in competitive (within and outside of school) and participatory settings.

The opportunities provided as part of the essential wider curriculum provides *all* pupils with the capability to engage with a range of experiences in order to develop interests, achieve success, gain qualifications/awards and develop cultural capital through new experiences such as The Duke of Edinburgh's Award. The PE department is committed to ensuring that *all* pupils value and enjoy leading a healthy active lifestyle, excel in competitive scenarios and try new experiences inside and outside of school.

### Year 7 & 8 Topics

- Autumn Term – Sports that students take part in during this term are; netball, football, tag rugby, handball, dance and basketball.
- Spring Term – Sports that students take part in during this term are; Trampolining, Table tennis, lacrosse, fitness, flag football and dance.
- Summer Term – Sports that students take part in during this term are; Athletics, rounders, dance, tennis, outdoor fitness and cricket.

### Year 9 Practical Topics

- Autumn Term – Sports that students take part in during this term are; netball, handball, tag rugby, fitness, dance, basketball, sports education and tag rugby.
- Spring Term – Sports that students take part in during this term are; Trampolining, lacrosse, fitness, flag football, table tennis and dance.  
*Theory: Fitness components and links to sport.*
- Summer Term – Sports that students take part in during this term are; Athletics, rounders, tennis and cricket, outdoor fitness and dance.  
*Theory: Preparing participants to take part in sport and physical activity.*

### Year 10 Practical Topics

- Autumn Term – Sports that students take part in during this term are; Football, netball, basketball and fitness.  
*Theory: Preparing participants to take part in sport and physical activity.*
- Spring Term – Sports that students take part in during this term are; Table tennis, trampolining, basketball and football  
*Theory: Taking part and improving other participants sporting performance.*
- Summer Term – Sports that students take part in during this term are; rounders, tennis and cricket.  
*Theory: Developing fitness to improve other participants performance in sport and physical activity.*

## Year 11 Practical Topics

- Autumn Term – Sports that students take part in during this term are; Football, basketball and fitness  
*Theory: Developing fitness to improve other participants performance in sport and physical activity.*
- Spring Term – Sports that students take part in during this term are; Fitness, table tennis, football and basketball.
- Summer Term – Sports that students take part in during this term are; rounders, softball and tennis.

## BTEC Qualification pathway

**Syllabus Details:** Pearsons BTEC Level 1/Level 2 Tech Award in Sport 2022 issue 3

<https://qualifications.pearson.com/content/dam/pdf/btec-tec-awards/sport/2022/specification-and-sample-assessments/btec-tech-award-sport-spec.pdf>

## GCSE Qualification pathway

**Syllabus Details:** AQA GCSE Physical Education – Full Course

<https://filestore.aqa.org.uk/resources/pe/specifications/AQA-8582-SP-2016.PDF>