

PSHE – Curriculum Design

‘A child’s Mental Health is just as important as their physical health and deserves the same quality of support.’ Kate Middleton

Jigsaw PSHE – The mission

The mission

At Jigsaw Education Group (JEG) the child is at the centre of all we do. They are our ‘why’. Our aim is to ensure they are able to develop into the most social, emotional, moral, spiritual and resilient young people can be to take into adulthood. This does not happen by accident.

Through the core programmes children learn the language, vocabulary and techniques that enable them to build their confidence and ‘emotional repertoire’. The uniqueness of what we provide though means that we ensure the environment for learning permeates every pore of school life. We do this through a genuine and embedded whole school approach; progressive and spiral core programmes, linked assemblies, shared vocabulary, adult modelling, outdoor lessons, social games at lunchtime, links to beliefs and worldviews and many more subtle ways a whole school ethos is built. All of this means that every aspect of school life is impacted by the behaviours and values inculcated inside every child and adult experiencing our whole school approach, becoming the fabric of the way a school functions.

By providing a genuine whole school approach rather than a curriculum delivery model we ensure that the environment for the child at the heart of our mission is exactly how it should be. They will *always* be our why!

What are the aims of the subject? – Taken from the Jigsaw PSHE Website

Jigsaw nurtures children to become confident and successful, increasing their capacity to learn and preparing them for the challenges of the modern world.

Developed by teachers and wellbeing experts, Jigsaw PSHE lessons provides children with the opportunities to develop their emotional intelligence and life skills.

PSHE At Rodbourne Cheney Primary School

At Rodbourne Cheney Primary we propose to:

- Enable our children to become healthy, independent and responsible members of society.
- Help children to understand how they are developing personally and socially, and support them to navigate the many moral, social and cultural issues that are part of growing up.
- Provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.
- Encourage children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

At Rodbourne Cheney Primary School, PSHE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually.

Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from FS1- Year 6 on a weekly basis. The use of Jigsaw to teach PSHE throughout the school means that children are constantly building on their knowledge and skills through a progressive scheme of work.

Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Throughout their time at Rodbourne Cheney Primary School, children are given the opportunity to explore how they can be healthy in body and mind and how they will change both physically and emotionally as they mature. We encourage children to set their own goals and support them in achieving these by exploring how to overcome disappointment and setbacks as well as celebrating the successes. Children also discuss the different relationships that they may develop through their lifetime, the wide range of emotions that accompany these relationships and how to manage these emotions.

With an ever-changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. The PSHE progression of skills allows children to not only focus on their own wellbeing but to consider the importance of a diverse community and to respect other cultures.

Jigsaw is just one element of our PSHE learning. In addition to this, children are taught the importance of British values, safeguarding and SMSC awareness. Weaving through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core British Values; democracy, rule of law, individual liberty, mutual respect, tolerance of those of different faiths and beliefs