

PE – Curriculum Design

“Sport teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.”

Billie Jean King

Purpose of Study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

What are the aims of the subject?

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

PE at Rodbourne Cheney Primary School

As per the 2014 National Curriculum, it is Rodbourne Cheney Primary School’s intent to deliver ‘A high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.’ Children at Rodbourne Cheney will receive a minimum of two sessions of physical education per week.




Through the teaching at Rodbourne Cheney we aim to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives to improve physical wellbeing
- Lead healthy, active lives to improve mental wellbeing

The school believes that physical education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil’s physical development and well-being. A rich physical education curriculum is intended to provide for pupils’ increasing selfconfidence in their ability to manage themselves and their bodies within a variety of movement situations. We have designed a progressive curriculum map for implementation with a range of learning objectives that build on each other year after year. This enables our children to know more and remember more as they progress through our school. Through the selection of suitably differentiated and logically developed tasks, it is intended that all pupils, irrespective of their ability, will enjoy success and be motivated to further develop their individual potential. Alongside the aforementioned curriculum map, we also recognise

that swimming instruction must be provided either in key stage 1 or key stage 2 and this has been planned into our physical education curriculum.

A balance of both individual, paired and group activities; and cooperative, collaborative and competitive situations, aims to cater for the preferences, strengths and needs of each pupil. Such activities, experienced within a range of areas of activity, aim to provide a broad base of movement knowledge, skills and understanding. The activities offered and the teaching approaches adopted will seek to provide pupils with opportunities to develop their creative and expressive abilities, through improvisation and problem-solving. Pupils will be encouraged to appreciate the importance of a healthy and fit body and to begin to understand those factors which affect health and fitness. The school's values-based approach embeds the principles of sportsmanship into school life. At Rodbourne Cheney, we recognise that PE plays a hugely important part in developing positive characteristics in the children while also building self-esteem. Consequently, we are developing a Head, Heart, Hands model to ensure we are focussing on the whole child and the many skills that are needed to be a good sportsperson.

pupil progress			Assessment in PE		
Head	Heart	Hands	Head	Heart	Hands
					
1. Knowledge	1. Communication	1. Physical Ability			
2. Understanding	2. Leadership	2. Fitness Levels			
3. Analysis	3. Respect	3. Competitive			
4. Feedback	4. Resilience	4. Technique			
5. Responsibility	5. Effort	5. Tactics			
6. Rules	6. Confidence	6. Problem Solving			
Written by the PE community					