



PSHE at Rodbourne Cheney Primary School



At Rodbourne Cheney Primary we propose to:

- Enable our children to become healthy, independent and responsible members of society.
- Help children to understand how they are developing personally and socially, and support them to navigate the many moral, social and cultural issues that are part of growing up.
- Provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.
- Encourage children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Intent

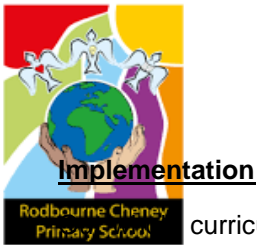
At Rodbourne Cheney Primary School, PSHE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually.

Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from FS1-Year 6 on a weekly basis. The use of Jigsaw to teach PSHE throughout the school means that children are constantly building on their knowledge and skills through a progressive scheme of work.

Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Throughout their time at Rodbourne Cheney Primary School, children are given the opportunity to explore how they can be healthy in body and mind and how they will change both physically and emotionally as they mature. We encourage children to set their own goals and support them in achieving these by exploring how to overcome disappointment and setbacks as well as celebrating the successes. Children also discuss the different relationships that they may develop through their lifetime, the wide range of emotions that accompany these relationships and how to manage these emotions.

With an ever-changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. The PSHE progression of skills allows children to not only focus on their own wellbeing but to consider the importance of a diverse community and to respect other cultures.

Jigsaw is just one element of our PSHE learning. In addition to this, children are taught the importance of British values, safeguarding and SMSC awareness. Weaving through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core British Values; democracy, rule of law, individual liberty, mutual respect, tolerance of those of different faiths and beliefs.



Our PSHE curriculum is shaped by our school vision which aims to enable all children, regardless of background, ability, additional needs, and to flourish to become the very best version of themselves they can possibly be.

The PSHE Subject Leader leads and oversees the subject, to promote sustainable, continuous improvement by leading a regular programme of monitoring, evaluation, review and sharing of good practice.

At Rodbourne Cheney, our PSHE programme of learning and wider curriculum will enable children to meet the End of Key Stage Statements as set out in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance 2019.

Our PSHE programme is an integral part of our whole school PSHE education provision and is designed to meet the unique needs of pupils, not only through the Jigsaw Scheme of Work but through our wider PSHE curriculum offer.

The teaching, learning and sequencing of the PSHE curriculum will follow and include:

Developing the “whole child” through a spiral curriculum approach using Jigsaw.

A blocked curriculum map detailing six units of PSHE per annum. This will facilitate the development of knowledge, skills and understanding in the areas of;

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Planning for each puzzle piece and year group, with activities that follow the same structure of;

- Improve their social skills to better enable collaborative learning (Connect us)
- Relax their bodies and calm their minds to prepare them for learning (Calm me)
- Help the brain to focus on specific learning intentions (Open my mind)
- Initiate new learning (Tell me or show me)
- Facilitate learning activities to reinforce the new learning (Let me learn)

Cross curricular links to the wider Rodbourne Cheney Primary curriculum, providing opportunity to revisit and expand on prior learning, facilitating greater knowledge and skills retention. Our ever expanding wider provision of PSHE promotes opportunities to link British Values and Social, Moral, Spiritual and Cultural (SMSC) responsibilities. Along with our broad and balanced curriculum, there are overlaps with other subjects, for example Computing (E-safety), Science (recycling), PE (leading healthy active lives).

Our PSHE offer also complements key campaigns throughout the year, such as; Anti-Bullying Week, Black History Month, International Women’s Day and Mental Health Week.



h EYFS develop skills that form a crucial foundation for later teaching of PSHE/



at KS1. Both curriculums complement each other, providing opportunities for progression throughout the school. The PSHE curriculum in EYFS is largely covered in the following areas: Personal, Emotional and Social Development and Understanding the World.

Impact

By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school meals, as well as improve employability and boost social mobility.

By the time they leave our school, personal, social and health education (PSHE) enables our learners to become healthy, independent and responsible members of a society. They will:

- Have a ready willingness and ability to try new things, push themselves and persevere.
- Have a good understanding of how to stay safe, healthy and develop good relationships.
- Have an appreciation of what it means to be a positive member of a diverse, multicultural society.
- Have a strong self-awareness, interlinked with compassion of others.