

Intent: What do we want children to learn?

- We want to ensure that our children have a secure understanding of how to be healthy in mind, body and relationships.
- We want our children to use a wide range of vocabulary to express their feelings and also allows them to build on what they already know.
- We want our children to have an understanding of how they will change both physically and emotionally as they mature.
- We want our children to set their own goals and support them in achieving these by exploring how to overcome disappointment and setbacks as well as celebrating the successes.
- We want our children to discuss the different relationships that they may develop through their lifetime, the wide range of emotions that accompany these relationships and how to manage these emotions.
- We want our children to not only focus on their own wellbeing but to consider the importance of a diverse community and to respect other cultures.
- We want our children to understand the importance of British values and safeguarding.

Key areas for development:

- To trial a way of tracking how much knowledge the children gain from their PSHE sessions.

PSHE in a Nutshell



Implementation: How do we do it at Rodbourne Cheney?

- PSHE is taught through cross-curricular links, Values education, Children's Rights and the Jigsaw teaching resources.
- We emphasise active learning by including the children in discussions, circle time, investigations and problem solving activities. We encourage children to take part in a range of tasks that promote active citizenship, for example charity fundraising, the planning of special school events (such as an assembly or open evening), involvement in helping other individuals or groups less fortunate than themselves.
- We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters.

Impact: What are the outcomes and strengths?

- We aim to provide the knowledge, skills and understanding they need to become informed, active and responsible citizens
- We aim to provide all of our children with the ability to lead confident, healthy and independent lives.
- We aim to educate and provide information about the main political and social institutions that affect, their responsibilities, rights and duties as individuals and members of communities.
- We aim to help children to understand and respect our common human diversity and differences so that they can go on to form the effective fulfilling relationships that are an essential part of life and learning.
- The school is fully committed to the 'Every Child Matters' agenda.