

PSHE/Jigsaw Curriculum Map 2021-2022

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Jigsaw Theme	Being me in my world - Includes understanding my place in the class, school and global community as well as devising Learning Charters.	Celebrating Difference - Includes anti-bullying (cyber and homophobic bullying included) and diversity work.	Dreams and Goals - Includes goal-setting, aspirations for individuals and the world and working together.	Healthy Me - Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.	Relationships - Includes understanding friendship, family and other relationships, conflict resolution, communication skills and bereavement, loss and change.	Changing me - This puzzle includes sex and relationships education in the context of coping positively with change.
Wellbeing	Keep Learning - Learning new skills can be useful, but it can also positively affect our mental wellbeing.	Give - Most people would agree that giving to others is good in itself. But it can also improve your mental wellbeing.	Connect - Evidence shows that good relationships with family, friends and the wider community are important for mental wellbeing.	Notice - Paying more attention to the present moment, to your own thoughts and feelings and to the world around you, can improve your mental wellbeing.	Active - Being active is great for your physical health and fitness. But evidence shows that it can also improve your mental wellbeing.	Term 6 Transition – To support transition of children between year groups and onto secondary school.
	Our PSHE curriculum allows for opportunities for wellbeing and mental health to be embedded in the children’s learning. It allows wellbeing to be revisited at many opportunities.					
Curriculum Links	KS1 and 2 – Citizenship EYFS-Year 6 – Reinforces all the wellbeing curriculum.	KS1/KS2 Computing KS1 and 2 - Citizenship	KS1 and 2 - Citizenship	Science: Year 2 – animals including humans. EYFS-Year 6 – Reinforces all the wellbeing curriculum. KS1 and 2 – Citizenship KS1 and 2 – Design and Technology – Cooking and Nutrition	KS1 and 2 - Citizenship	Science: Year 1/2/3/4/5/6 – animals including humans KS1 and 2 – Citizenship EYFS-Year 6 – Reinforces all the wellbeing curriculum.
SMSC	Every Jigsaw lesson from Early Years to upper primary offers opportunities for children’s spiritual, moral, social and cultural (SMSC) development, and this is clearly mapped and balanced across each year group. (See PDF)					
British Values	Jigsaw lessons offers opportunities for children and teachers to explore Democracy, Rule of Law, Individual liberty, Mutual Respect and Tolerance at different points in the sequence of lessons. (See PDF for British values mapped against termly theme and year group)					
	Respect Courage	Equality Hope	Tolerance Freedom	Appreciation Love	Curiosity	Kindness Responsibility
Enrichment	Harvest assembly Black History Month	Anti bullying week	Safer Internet Day	Careers weeks International Women’s Week	Mental Health Awareness NSPCC Number Day	Transition Days