









Autumn Winter 2022 Rodbourne Primary

-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
W/C 31st Oct 21st Nov 12th Dec 16th Jan 6th Feb 6th Mar 27th Mar	Option 1	Cheesy Swirl with New Potatoes	Chicken Curry with Rice 	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Build a Burger Day A choice of Burger (meat, veggie or vegan) 	Fishfingers/ Salmon Fishfingers with Chips
	Option 2	Tomato Pasta 	Veggie Wrap Stack with Rice 	Crunchy Top Veg Bake with Roast Potatoes 	Toppings and Potato Wedges 	Cheese Omelette with Chips
	Vegetables	Cauliflower Green Beans	Peas Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Roasted Peppers	Peas Baked Beans
	Dessert	Pear and Chocolate Crumble with Custard 	Yoghurt & Raisin Cake	Fresh Fruit and Yoghurt Station	Seasonal Root Cake	Vanilla Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						

W/C 7th Nov 28th Nov 2nd Jan 23rd Jan 20th Feb 13th Mar	Option 1	Mac and Cheese Station 	Chicken Pie with Mashed Potato 	Sausage, Onions and Gravy with Roast Potatoes 	Spaghetti Bolognese with Garlic Bread 	Fishfingers with Chips
	Option 2	A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	Veggie Shepherd's Pie with Gravy 	Cauliflower and Broccoli Cheese with Roast Potatoes	Vegetable Fajitas with Rice 	Mexican Roll with Chips 
	Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Brussel Sprouts	Green Beans Roasted Butternut Squash	Peas Baked Beans
	Dessert	Chocolate Drizzle Cake	Jelly with mandarins 	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard	Oaty Cookie 
Or a choice of Yoghurt & Fresh Fruit available daily						

W/C 14th Nov 5th Dec 9th Jan 30th Jan 27th Feb 20th Mar	Option 1	Cheese and Tomato Pizza 	Sausage Roll with Potato Wedges	Quirky Bird A choice of flavoured chicken or vegan Quorn, With Potato Wedges and Salads 	Sticky Chicken Noodles 	Fishfingers with Chips
	Option 2	Veggie Chilli with Rice 	Veggie Sausage with Potato Wedges 	Chinese Vegetable Curry with Rice 	Cheese Quiche with Chips 	Cheese Quiche with Chips
	Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Cauliflower Peas	Broccoli Carrots	Mushy Peas Baked Beans
	Dessert	Marble Cake	Chocolate Cookie 	Fresh Fruit and Yoghurt Station	Banana Sponge with Custard	Apple, Cheese and Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Autumn Winter 2022 Drove Primary Coded Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
W/C 31 st Oct 21 st Nov 12 th Dec 16 th Jan 6 th Feb 6 th Mar 27 th Mar	Option 1	Cheesy Swirl with New Potatoes #V27 #SD2	Chicken Curry with Rice #SD84	Roast of the Day with Stuffing, Roast Potatoes and Gravy #SD7 #SD82 #SD40 #SD107	Build a Burger Day A choice of Burger (meat, veggie or vegan) with Toppings and Potato Wedges	Fishfingers/ Salmon Fishfingers with Chips #F6 / #F1 #SD5
	Option 2	Tomato Pasta #V188 #SD11	Veggie Wrap Stack with Rice #V105 #SD84	Crunchy Top Veg Bake with Roast Potatoes #V193 #SD7 #SD82 #SD107		Cheese Omelette with Chips #V24 #SD5
	Vegetables	Cauliflower #SD27 Green Beans #SD24	Peas #SD18 Sweetcorn #SD19	Carrot & Swede Mash #SD53 Cabbage #SD35	Sweetcorn #SD19 Roasted Peppers #SD26	Peas #SD18 Baked Beans #SD22
	Dessert	Pear and Chocolate Crumble with Custard #D142 #D2	Yoghurt & Raisin Cake #D172	Fresh Fruit and Yoghurt Station	Seasonal Root Cake #D211	Vanilla Shortbread #D57
Or a choice of Yoghurt & Fresh Fruit available daily						
W/C 7 th Nov 28 th Nov 2 nd Jan 23 rd Jan 20 th Feb 13 th Mar	Option 1	Mac and Cheese Station A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	Chicken Pie with Mashed Potato #C59 #SD1	Sausage, Onions and Gravy with Roast Potatoes #P3 #SD7 #SD82 #SD107 #SD116	Spaghetti Bolognaise with Garlic Bread #B37 #SD8 #SD50	Fishfingers with Chips #F6 #SD5
	Option 2		Veggie Shepherd's Pie with Gravy #V170 #SD107	Cauliflower and Broccoli Cheese with Roast Potatoes #V210 #SD7 #SD82	Vegetable Fajitas with Rice #V211 #SD84	Mexican Roll with Chips #V161 #SD5
	Vegetables	Peas #SD18 Carrots #SD28	Broccoli #SD20 Sweetcorn #SD19	Carrots #SD28 Brussel Sprouts #SD64	Green Beans #SD24 Roasted Butternut Squash #SD31	Peas #SD18 Baked Beans #SD22
	Dessert	Chocolate Drizzle Cake #D198	Raspberry Jelly with Mandarins #D217	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard #D218 #D2	Oaty Cookie #D85
Or a choice of Yoghurt & Fresh Fruit available daily						
W/C 14 th Nov 5 th Dec 9 th Jan 30 th Jan 27 th Feb 20 th Mar	Option 1	Cheese and Tomato Pizza #V203	Sausage Roll with Potato Wedges #P19 #SD6	Quirky Bird A choice of flavoured Chicken or vegan Quorn, With Potato Wedges and Salads	Sticky Chicken Noodles #C87	Fishfingers with Chips #F6 #SD5
	Option 2	Veggie Chilli with Rice #V138 #SD84	Veggie Sausage with Potato Wedges #V182 #SD6		Chinese Vegetable Curry with Rice #V212 #SD84	Cheese Quiche with Chips #V113 #SD5
	Vegetables	Green Beans #SD24 Carrots #SD28	Baked Beans #SD22 Sweetcorn #SD19	Cauliflower #SD27 Peas #SD18	Broccoli #SD20 Carrots #SD28	Mushy Peas #SD111 Baked Beans #SD22
	Dessert	Marble Cake #D199	Chocolate Cookie #D40	Fresh Fruit and Yoghurt Station	Banana Sponge with Custard #D173 #D2	Apple, Cheese and Crackers #D4
Or a choice of Yoghurt & Fresh Fruit available daily						

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