Roose Community Primary School

PE and Sports Grant Statement

2017-2018

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| **What is the PE and Sports Grant?**  The PE and Sports Grant is allocated to every primary school to improve the quality of PE and Sport for all young people – at both the participation level and for gifted children.  At Roose Community Primary School, we aim to improve the quality of Physical Education teaching and provide additional opportunities, increasing pupils’ exposure to a broader range of sporting opportunities.  Taking part in physical exercise helps children to develop healthy lifestyles, reach the performance levels they are capable of and improves achievement.  We aim is to provide opportunities that exceed national curriculum expectations so that all children find something that they enjoy doing and can sustain.  We also use this grant to provide increased opportunities for pupils with Special Educational Needs and Disabilities.  All of the above will also contribute to the pupils’ Spiritual, Moral, Social and Cultural development. | | | |
| Amount of grant received: £17,390.00  PE and sports coaching is also funded by the school’s budget allocation. | | | |
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| **How the Sports Grant is spent** | **Approximate cost** | **Impact** | |
| **Teaching and learning** | | | |
| Commitment to exceeding the recommended two hours of physical education per week by providing a wide range of extra activities. | Additional staffing costs:  £1000.00 | Improved fitness levels and more outdoor learning opportunities. As wide a range of activities as possible to provide something that each child will enjoy – these extra activities include – athletics, fields and track running, orienteering, skateboarding, roller skating | |
| Extra sports clubs to tackle obesity; time-keeping; multi sports  Football for KS1  Basketball for KS2 | 5 hours per week for 40 weeks:  £2200.00 | Targeted children, including those who don’t do any other extra sport.  Impacts on health, weight and motivation | |
| An extra club for younger children to be able to improve skills and motivation.  Better knowledge and understanding of the game. | |
| Introduction to a new team sport in school. Building confidence, enjoyment and motivation. | |
| Weekly karate lesson for years 4, 5 and 6 with professional coach. | £2100.00 | Children coached to professional standards – gaining coloured belts as they progress.  Improved fitness, agility and self-defence.  Improved behaviour and discipline. | |
| Weekly yoga for kids lesson for years R and 1 a term each. | £450.00 | Increased fitness, concentration, flexibility and mental well-being. Ability to manage stress through breathing and healthy movement.  Increased confidence and positive self-image. | |
| Multi sports training for years 1 and 2 for a term each. | £630.00 | Extra physical activities and skills | |
| Dance and performance workshops   * U-Dance – y3 and 4 * Maypole * Ballet * South American Dance * St Patrick’s Day Irish Dancing | £1600.00 | The majority of children enjoy dance and many excel at it, choosing to continue into secondary school and beyond. These workshops provide the opportunity for children to try different forms of dance and to learn about the cultures behind them.  The workshops provide vigorous exercise.  The performances build confidence, teamwork and self-esteem. | |
| Cyclewise training – y6 | No costs run by PCSOs | Ensuring that children can ride their bikes safely on the road and increase the amount of time the children can cycle for pleasure. | |
| British Dodgeball Training | £250.00 | Y5 children trained as coaches to be able to coach other children – good for self-esteem and extra exercise. | |
| Fell walking – y2 | £1000.00  (subsidy) | All children get the chance to explore the Lake District as a fell climber. Increases fitness and self-confidence. Walking becomes more sustainable as children take their parents to where they have been, several families exercise like this regularly now. | |
| Staff training   * Dance * Yoga * Multi skills | £300.00 | Increases staff expertise and confidence.  Broaden staff knowledge and capabilities.  Managing stress through breathing, meditation and body awareness. | |
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| **Enrichment** | | | |
| School teams play in as many inter-school competitions as possible:   * Gymnastics * Football * Cricket * Tag rugby * Girl’s football * Athletics * Multi-sports * Quick-stix hockey   Sports grant pays for transport to venues so that all can participate. | Funding used to release staff to accompany teams during and after the school day.  £1000.00 | | Improved team working and behaviour.  Opportunities for leadership.  Increased participation in sports to help pupils to develop a healthy life-style.  Pupils reach the performance levels they are capable of. |
| Paralympics assembly and sponsored fitness training day | £600.00 | | Raised awareness of sports for the disabled. All the children met and talked to a rugby player with prosthetic legs.  Intense fitness training to raise heart rates and improve performance. |
| Wheelchair basketball | £250.00 | | Raised awareness of wheelchair sports, particularly basketball. All children took part in basketball using wheelchairs, helping them understand what it feels like, that it is possible and what good exercise can be even from a wheelchair. The children also got to meet and talk to a world champion, which was encouraging and character building. |
| Training for Midday supervisors to improve sports and games playing at lunchtimes. | £500.00 | | Staff are more confident to be able to teach games, skipping and ball skills at lunchtime.  Impacts on children’s afternoon performance, well-being and exercise. |
| Sports equipment to be used only at lunchtimes to improve fitness, well-being and exercise. | £1,000.00 | | Children learnt new and more traditional playground games and skills. Very positive effect on happier lunchtimes. |
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| **Other allocations** | | | |
| Middle Leader Training and time for new PE Coordinator | £1500.00 | | Middle Leadership strengthened; better co-ordination, monitoring and mentoring throughout school. |
| Dedicated middle leader time to plan new and consolidate older initiatives | £1000.00 | | Improved PE and Sports curriculum throughout school. |
| Junior scooter bikes to increase fitness levels | £2000.00 | |  |
| Total amount spent from grant | £17, 380.00 | |  |

During the year we run different after school and lunchtime clubs to enhance the PE and sport in school. These extra PE and sports are funded by school. This year these have included:

1. Football coaching
2. Netball
3. Badminton
4. Table tennis
5. Gymnastics
6. Team swimming
7. Multi sports
8. Running club
9. Tag rugby
10. Cricket
11. Dance
12. 2 Sports Days in the summer term