



ROOSE SCHOOL WEEK 1

Freshly
made
every day!

DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Tomato and Basil Pasta served with Garlic Flatbread and Green Beans	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Carrot & Cucumber Sticks	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Shortbread Biscuit or Fresh Fruit Pot or Low-Fat Yoghurt
Tuesday	Beefburger in a Bun served with Kitchen Made Jacket Wedges, Tomato Ketchup and Mixed Salad	Spicy Bean Burger served with Kitchen Made Jacket Wedges, Tomato Ketchup and Mixed Salad	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Raspberry Bun or Frozen Yoghurt or Fresh Fruit Pot
Wednesday	Roast Chicken Fillet served with Roast Potatoes, Broccoli, Carrots and Gravy	Quorn Fillet served with Roast Potatoes, Broccoli, Carrots, and Gravy	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Fruit & Veg Crudités	Apple Crumble & Custard or Fruit Salad or Frozen Yoghurt
Thursday	Cottage Pie served with Beetroot, Mixed Vegetables and Gravy	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Chocolate Crunch or Low Fat Yoghurt or Fresh Fruit Pot
Friday	Breaded Fish Fillet served with Oven Chips and Sweetcorn	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Iced Bun or Apple Slice or Frozen Yoghurt

Available Daily: Fresh Fruit and Salad Bar




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If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



ROOSE SCHOOL WEEK 2



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Cheese and Tomato Pizza Sweetcorn and Carrot & Cucumber Sticks	Pepperoni and Cheese Pizza Sweetcorn and Carrot & Cucumber Sticks	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Raspberry and Vanilla Cookie or Fresh Fruit Pot or Low-Fat Yoghurt
Tuesday	Kitchen Made Chicken Curry served with Basmati Rice, Peas and Mini Naan Bread	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Fresh Fruit Salad or Banana Cake and Toffee Sauce or Frozen Yoghurt
Wednesday	Roast Beef served with Creamed Potatoes, Broccoli, Yorkshire Pudding and Gravy	Vegetable Sausage served with Creamed Potatoes, Broccoli, Yorkshire Pudding and Gravy	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Iced Lemon Sponge or Fresh Fruit Pot or Low-Fat Yoghurt
Thursday	All Day Breakfast Pork Sausage, Bacon, Scrambled Egg served with Beans and Fresh Bread	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Carrot & Cucumber Sticks	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Fresh Fruit Salad or Rocky Road or Frozen Yoghurt
Friday	Fish Fingers served with Herby Diced Potatoes, Mixed Vegetables and Tomato Ketchup	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Golden Syrup Sponge and Custard or Fresh Fruit Pot or Frozen Yoghurt

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ROOSE SCHOOL WEEK 3



DAY	CHOICE 1		CHOICE 2	CHOICE 3	PUDDING
Monday	Cheesy Pizza Baguette served with Baked Beans and Mixed Salad		Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Fresh Fruit Salad or Flapjack & Milk Drink or Low-Fat Yoghurt
Tuesday	Crispy Chicken Bap served with Chips, Cucumber Sticks and Tomato Ketchup		Quorn Fillet Bap served with Chips, Cucumber Sticks and Tomato Ketchup	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Australian Crunch or Fresh Fruit Salad or Frozen Yoghurt
Wednesday	Cumberland Sausage and Yorkshire Pudding served with Baby Potatoes, Carrots and Gravy		Vegetable Sausage and Yorkshire pudding served with Baby Potatoes, Carrots and Gravy	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Raspberry Jelly and Cream or Low Fat Yoghurt or Fresh Fruit Pot
Thursday	Creamy Chicken and Vegetable Pie served with Creamed Potatoes, Broccoli and Gravy		Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Filled Sandwich filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Fresh Fruit Salad or Cherry Shortbread or Frozen Yoghurt
Friday	Breaded Coddies served with Jacket Wedges and Peas and Sweetcorn		Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad	Sticky Chocolate Pudding and Chocolate Sauce or Fresh Fruit Pot or Low-Fat Yoghurt

Available Daily: Fresh Fruit and Salad Bar



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