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| Animals including Humans |
| Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|  | notice that animals have offspring which grow into adultsfind out about and describe the basic needs of animals for survival describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene | identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eatidentify that humans and some other animals have skeletons and muscles for support, protection and movement | describe the simple functions of the basic parts of the digestive system in humansidentify the different types of teeth in humans and their simple functionsconstruct and interpret a variety of food chains, identifying producers, predators and prey | describe the changes as humans develop to old age | identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and bloodrecognise the impact of diet, exercise, drugs and lifestyle on the way their bodies functiondescribe the ways in which nutrients and water are transported within animals, including humans |