Autumn Winter 2026/2027
October-February

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Week One	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Roast Vegetable Spaghetti Bolognaise served with Garlic Bread **(GLUTEN,WHEAT, BARLEY,OATS,RYE, MUSTARD,MILK,SOYA)**	Sausage & Mashed Potato served with Large Yorkshire Pudding **(GLUTEN,WHEAT,EGGS, MILK,SO2)**	Roast Turkey with Roast Potatoes & Gravy **(EGG,MILK,SO2,WHEAT, GLUTEN)**	Homemade Chicken Curry served with 50/50 Rice **(CELERY)**	Traditional Fishcake Or Salmon Fishcake served with Chips. **(FISH,GLUTEN,WHEAT,S02)**
Vegetarian Meal	Southern Style Quorn Burger served with Seasoned New Potatoes **(GLUTEN,WHEAT,SESAME)**	Vegetable Biryani **(EGG,MILK,MUSTARD, SOYA)**	Vegetarian Sausage served with Stuffing, Roast Potatoes & Gravy **(GLUTEN,WHEAT,SO2)**	Loaded Jacket Skins with Cheese, Spring Onion & Tomato **(MILK)**	Cheese Whirl served with Chips **(GLUTEN,WHEAT,EGG, MILK,SO2)**
SIDES	Garden Peas & Sweetcorn	Cabbage & Carrots	Broccoli & Carrots	Swede & Green Beans	Baked Beans & Garden Peas
Pasta Kitchen	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**
Street Food		Hot Chicken and Bacon Bun Ketchup or Mayonnaise **(GLUTEN,WHEAT,EGG,MILK, SESAME)**		Cheese and Tomato Pizza Baguette **(CELERY,GLUTEN,WHEAT, SESAME,MILK)**	
Dessert	Beetroot Brownie **(GLUTEN,WHEAT,SOYA MILK,EGG)**	Syrup Sponge & Custard **(GLUTEN,WHEAT,MILK, EGG,SOYA)**	Strawberry Jelly	Chocolate Shortbread & Chocolate Sauce **(GLUTEN,WHEAT,SOYA, MILK)**	Apple Flapjack **(GLUTEN,BARLEY,OATS, WHEAT)**
Daily Food Offers	Pasta Kitchen (GLUTEN,WHEAT)	Jacket Potato with fillings Cheese,Beans and Tuna (MILK,EGG,FISH)	Daily Salad Bar with a selection of Fresh Breads (GLUTEN,WHEAT,SOYA CELERY,EGG)	Selection of Freshly made Sandwiches (GLUTEN,WHEAT,SOYA FISH,MILK,EGG)	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit (GLUTEN,WHEAT,MILK)

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Week two	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Homemade Cheese and Tomato Pizza with a Half Baked Potato **(CELERY,EGG,GLUTEN, WHEAT,MILK,SOYA)**	Lasagne **(GLUTEN,WHEAT,MILK)**	Roast Pork and Stuffing served with Roast Potatoes & Gravy **(GLUTEN,WHEAT,SO2)**	Chicken Parmo served with Wedges & Salad **(MILK,GLUTEN,WHEAT, SOYA)**	Gluten Free Fish with Chips & Tomato Ketchup **(FISH,SO2)**
Vegetarian Meal	Vegetarian Sausage, Lentil & Tomato Stew served with a Crusty Bread Roll **(GLUTEN,WHEAT,SESAME)**	Macaroni Cheese served with Garlic Bread (**GLUTEN,WHEAT, MUSTARD,SOYA,MILK)**	Quorn Mince & Dumplings **(GLUTEN,WHEAT,BARLEY, MILK,SOYA,EGG)**	Vegetarian Chilli served with Rice **(GLUTEN,BARLEY,EGG)**	Super Vegetable Chow Mein with Chips **(EGG,SOYA,GLUTEN WHEAT,SO2)**
SIDES	Garden Peas & Sweetcorn	Carrots & Savoy Cabbage	Broccoli & Mashed Swede	Sweetcorn & Green Beans	Baked Beans & Garden Peas
Pasta Kitchen	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**
Street Food		Cheesy Baked Bean Toastie **(MILK,SOYA,GLUTEN WHEAT)**		Bacon Bun **(GLUTEN,WHEAT, SESAME)**	
Dessert	Courgette Sponge **(EGG,GLUTEN,MILK WHEAT,SOYA)**	Cornflake Tart served with Custard **(MILK,BARLEY,GLUTEN WHEAT,SOYA)**	Oat Biscuit **(GLUTEN,OATS,WHEAT,MILK, SOYA)**	Rice Pudding with Jam **(MILK)**	Raspberry Bun **(MILK,GLUTEN WHEAT,SOYA)**
Daily Food Offers	Pasta Kitchen **(GLUTEN,WHEAT)**	Jacket Potato with fillings Cheese,Beans and Tuna **(MILK,EGG,FISH)**	Daily Salad Bar with a selection of Fresh Breads **(GLUTEN,WHEAT,SOYA CELERY,EGG)**	Selection of Freshly made Sandwiches **(GLUTEN,WHEAT,SOYA FISH,MILK,EGG)**	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit **(GLUTEN,WHEAT,MILK)**

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Week three	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetable Stir Fry with Egg Noodles **(EGG,SOYA,GLUTEN, WHEAT)**	Mince and Onion Pie with Mashed Potato **(GLUTEN,WHEAT,SO2)**	Chicken with Yorkshire Pudding, Mashed Potatoes & Gravy **(EGG,MILK, SO2,GLUTEN,WHEAT)**	Ham and Cheese Pizza with Potato Wedges **(GLUTEN,WHEAT,MILK)**	Fish Fingers with Chips **(GLUTEN,WHEAT,FISH,SO2)**
Vegetarian Meal	Vegetarian Korma with 50/50 Rice **(MILK)**	Cheese & Red Pepper Quiche served with New Potatoes **(EGG,MILK,GLUTEN, WHEAT,SOYA)**	Quorn Sausage, Yorkshire Pudding, Mashed Potatoes & Gravy **(EGG,MILK,SO2,GLUTEN, WHEAT)**	Macaroni Cheese with Garlic Bread **(MILK,GLUTEN, WHEAT,MUSTARD,SOYA)**	Quorn Nuggets served with Chips **(GLUTEN,WHEAT,SO2)**
SIDES	Swede & Peas	Sweetcorn & Green Beans	Broccoli & Diced Carrots	Sweetcorn & Savoy Cabbage	Baked Beans & Peas
Pasta Kitchen	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**
Street Food		Cheese Toastie **(MILK,SOYA, GLUTEN,WHEAT)**		Cheese & Baked Bean Wrap **(MILK,GLUTEN,WHEAT)**	
Dessert	Cornflake Buns **(GLUTEN,BARLEY)**	Peaches & Cream **(MILK)**	Strawberry Jelly	Ginger Biscuit **(GLUTEN,WHEAT,MILK)**	Plain Flapjack **(GLUTEN,WHEAT,BARLEY, OATS)**
Daily Food Offers	Pasta Kitchen **(GLUTEN,WHEAT)**	Jacket Potato with fillings Cheese,Beans and Tuna **(MILK,EGG,FISH)**	Daily Salad Bar with a selection of Fresh Breads **(GLUTEN,WHEAT,SOYA CELERY,EGG)**	Selection of Freshly made Sandwiches **(GLUTEN,WHEAT,SOYA FISH,MILK,EGG)**	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit **(GLUTEN,WHEAT,MILK)**