

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Crispy Crumb Vegetable Burger in a Bun served with Coleslaw <b>(GLUTEN, SESAME, EGG)</b>	Cottage Pie served with Gravy <b>(SO2)</b>	Roast Pork, Yorkshire Pudding served with Roast Potatoes and Gravy <b>(GLUTEN, MUSTARD, SOYA MILK, EGG, SO2)</b>	BBQ Chicken served with Rice <b>(GLUTEN, FISH, MUSTARD)</b>	Traditional Fish Cake Or Salmon Fish Cake served with Chips. <b>(FISH, GLUTEN)</b>
<b>Vegetarian Main Course</b>	Macaroni Cheese served with Garlic Bread <b>(GLUTEN, MUSTARD, SOYA, MILK)</b>	Vegetable Spaghetti Bolognaise <b>(GLUTEN, MUSTARD, SOYA)</b>	Quorn Sausage served with Yorkshire Pudding, roast Potatoes and Gravy <b>(GLUTEN, MILK, EGGS, SO2)</b>	BBQ Roast Vegetable Wrap served with Rice <b>(GLUTEN, FISH, MUSTARD)</b>	Cheesy Sweetcorn Fritters served with Chips. <b>(EGGS, SOYA, GLUTEN, MILK)</b>
<b>Vegetables</b>	Peas & Sweetcorn	Cabbage & Diced Carrots	Broccoli & Diced Carrots	Swede & Green Beans	Peas & Baked Beans
<b>Dessert</b>	Chocolate Flapjack Or Fruit Pot <b>(GLUTEN)</b>	Apple, Toffee, Biscuit & Cream Layer Or Fruit Pot <b>(GLUTEN, MILK)</b>	Ice Cream Or Fruit Boat <b>(MILK)</b>	Jam Sponge & Custard Or Fruit Pot <b>(GLUTEN, EGG, MILK)</b>	Jelly Or Fruit boat <b>(MILK, GLUTEN)</b>
<b>Selector 1</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>
<b>Street Food (KS2)</b>		Loaded Fries <b>(MILK)</b>		Bacon, Sausage & Ketchup Muffin <b>(GLUTEN, SOYA,</b>	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily  
**(Gluten, Soya, Fish, Milk)**

Fresh Bread, **(Gluten, Soya)** Cheese & Crackers, **(Gluten, Milk)** Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pizza Wrap served with Wedges <b>(GLUTEN, MILK)</b>	Baked Pork Sausages in a Rich Onion Gravy served with Creamed Mashed Potato <b>(GLUTEN, SO2)</b>	Roast Chicken And stuffing served with Roast Potatoes and Gravy <b>(GLUTEN, SO2)</b>	Pepperoni and Ham Pizza Served with Seasoned Diced Potatoes <b>(CELERY, GLUTEN, EGGS, MILK, SOYA)</b>	Fish Fingers and Chips <b>(FISH, GLUTEN)</b>
Vegetarian Main Course	Vegetable Fajitas with Herby Diced Potato <b>(GLUTEN, MILK)</b>	Meatless Meatballs in a Rich Onion Gravy served with Creamed Mashed Potato <b>(SO2, GLUTEN, SOYA)</b>	Quorn Sausages served with Roast Potatoes and Gravy <b>(SO2, GLUTEN)</b>	Vegetable Pasta Bake <b>(CELERY, GLUTEN, MILK)</b>	Quorn and Chickpea Curry and Chips <b>(CELERY, GLUTEN, MILK MUSTARD, SOYA)</b>
Vegetables	Sweetcorn & Broccoli	Kale & Diced Carrots	Cabbage & Broccoli	Kale & Sweetcorn	Baked Beans & Sweetcorn
Dessert	Hot Chocolate Fudge Cake and Custard Or Fruit Pot <b>(GLUTEN, EGGS, MILK)</b>	Beetroot Brownie Or Fruit Boat <b>(GLUTEN, MILK, SOYA)</b>	Jam Roly Poly and Custard Or Fruit Pot <b>(GLUTEN, MILK)</b>	Strawberry Jelly with Mandarins Or Fruit Boat	Cinnamon Whirl Or Fruit Pot <b>(GLUTEN)</b>
Selector 1	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>
Street Food (KS2)		Ham and Cheese Panini <b>(GLUTEN, MILK, SEASAME)</b>		<b>Fish Cake Bun</b> <b>(FISH, SESAME, GLUTEN)</b>	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily  
**(Gluten, Soya, Fish, Milk)**

Fresh Bread, **(Gluten, Soya)**  
Cheese & Crackers, **(Gluten, Milk)**  
Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Macaroni Cheese with Homemade Garlic Bread <b>(MILK, SOYA, EGG, GLUTEN, MUSTARD)</b>	Chicken Curry served with Rice <b>(CELERY)</b>	Roast Turkey with Mashed Potatoes and Gravy <b>(S02)</b>	Spaghetti Bolognaise <b>(GLUTEN, MUSTARD, SOYA)</b>	Gluten Free Fish Fillet with Chips <b>(FISH)</b>
<b>Vegetarian Main Course</b>	Cheese Omelette with Salad and Coleslaw <b>(EGGS, MILK)</b>	Garlic Bread topped Quorn Mince <b>(GLUTEN, EGG, MILK, SOYA)</b>	Vegetarian Sausage with Mashed Potato and Gravy <b>(GLUTEN, MILK, S02)</b>	Cheese and Onion Pie with New Potatoes <b>(GLUTEN, EGG, MILK, SOYA)</b>	Cheese Whirl with Chips <b>(GLUTEN, EGG, MILK, S02)</b>
<b>Vegetables</b>	Sweetcorn & Peas	Baked Beans & Diced Carrots	Broccoli & Cauliflower	Diced Carrots & Sweetcorn	Baked Bean & Peas
<b>Dessert</b>					
<b>Selector 1</b>	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen
<b>Street Food (KS2)</b>	Pineapple Upside Down Cake & Custard <b>(GLUTEN, EGG, MILK, S02, SOYA)</b> Or Fruit Pot	Strawberry Jelly Or Fruit Boat	Ice Cream <b>(MILK)</b>  Or Fruit Pot	Cornflake Buns <b>(GLUTEN)</b>  Or Fruit Boat	Cherry Flapjack <b>(GLUTEN, S02)</b>  Or Fruit Pot
		Ham & Cheese <b>(GLUTEN, SOYA, MILK)</b> Or Cheese Toastie <b>(GLUTEN, SOYA, MILK)</b>		Tuna & Sweetcorn Mayonnaise Pasta Salad <b>(GLUTEN, EGG, FISH)</b>	

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Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans  
available daily

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**(Gluten, Soya, Fish, Milk)**

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Cheese & Crackers, **(Gluten, Milk)**  
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Yoghurts **(Gluten, Milk)** available daily

