
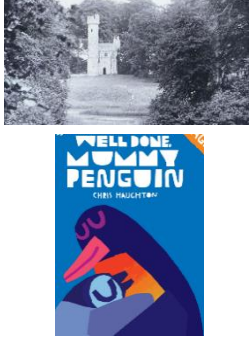







# Enrichments

## Year Group: Reception

	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
<b>Memorable Experiences</b>	Visit to the Library	Visit to Hardwick Park Trip to the Theatre	Adopt a Penguin	Visit to the Library	Visit to the farm Duck eggs	Visit from Animal Story (mini beast experience)
					 	
<b>Careers</b>	People who help us: librarian, fisherman, teacher	Harvest: farmers	People who help us: vets, receptionist			
	There will be a range of other professionals in which the children will be introduced to across the duration of the reception year. Including: receptionist, postal worker, police, fire brigade, caretaker, doctor/nurse/paramedic They will also include lifestyle choices e.g. dentists, opticians, school nurse: hand washing and hygiene. These will be planned in across the year to support the current learning and topics e.g. librarians will be introduced when visiting the library etc).					
<b>Cultural Enhancement</b>	Black History Month – Saluting Our Sisters- Floella Benjamin  Diversity Week  National Poetry Day – 'On the Move Again from Somewhere' – Michael Rosen	Diwali  Remembrance Day  Children in Need  Christmas	Chinese New Year  World Religion Day	Easter  World Book Day  Mothering Sunday  Comic Relief	Ramadan & Eid	Father's Day  Paris Olympics 2024
<b>Well-being</b>	Transition to Reception Friendships and routines	Anti-bullying Week  Safer Internet Week	Children's Mental Health Week	Empathy Week	World Health Day	Olympics

# Enrichments

## Year Group: Reception

				Comic Relief		
	Weekly Yoga					
	Daily mindful moments / relaxation					
	Five Steps to Well-being These will be evident across the whole school year					
	<p><b>Connect</b></p> <ul style="list-style-type: none"> <li>Encouraged to play with a new friend regularly</li> <li>People in community – through people who help us visits</li> </ul>	<p><b>Keep Learning</b></p> <ul style="list-style-type: none"> <li>Continuous development of independent skills to be able to access learning independently e.g. cutting up dinner, toileting needs, dressing and changing to adapt to different settings e.g. when changing between the indoor to outdoor environment</li> </ul>	<p><b>Be Active</b></p> <ul style="list-style-type: none"> <li>Yoga</li> <li>Mindful moments</li> <li>Relaxation</li> <li>PE</li> <li>Daily use and access to the outdoor environment</li> <li>Little Kickers</li> </ul>	<p><b>Give</b></p> <ul style="list-style-type: none"> <li>Making Christmas cards – to give to the elderly (links with local care home)</li> <li>Adopt a penguin</li> <li>1 x sponsored event (around working as a team e.g. design and complete obstacle course) NSPCC</li> <li>Kindness Week</li> </ul>	<p><b>Take Notice</b></p> <ul style="list-style-type: none"> <li>Listening walks</li> <li>Mindfulness</li> <li>Peer massage</li> <li>Keyworker inputs in outdoor environment</li> <li>Big Schools' Bird Watch 2024</li> </ul>	
<b>Outdoor Learning</b>	Continuous provision in the outdoor environment					
<b>Roles and Responsibilities</b>	Establishing tidy-up routines, rules and expectations Class monitors preparation					
<b>Other</b>		Little Kickers	Big Schools' Birdwatch 2024	'Grow your own potatoes' 2024'		