







Enrichments

Year Group: Reception

	Autumn 1	Autumn 2	Spring1	Spring 2	Summer 1	Summer 2
Memorable Experiences	Visit to the Library	Visit to Hardwick Park Trip to the Theatre	Adopt a Penguin	Visit to the Library	Visit to the farm Chick eggs	Visit from Animal Story (mini beast experience)
						
Careers	People who help us: librarian, fisherman, teacher	Harvest: farmers	People who help us: vets, receptionist			
	There will be a range of other professionals in which the children will be introduced to across the duration of the reception year. Including: receptionist, postal worker, police, fire brigade, caretaker, doctor/nurse/paramedic They will also include lifestyle choices e.g. dentists, opticians, school nurse: hand washing and hygiene. These will be planned in across the year to support the current learning and topics e.g. librarians will be introduced when visiting the library etc).					
Cultural Enhancement	Black History Month	Diwali Remembrance Day Children in Need Christmas	Chinese New Year World Religion Day	Easter World Book Day Mothering Sunday	Ramadan & Eid	Father's Day
Well-being	Transition to Reception Friendships and routines	Anti-bullying Week	Children's Mental Health Week	Empathy Week Comic Relief	World Health Day	Olympics
	Weekly Yoga					

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	Daily mindful moments / relaxation				
	Five Steps to Well-being These will be evident across the whole school year				
	<p>Connect</p> <ul style="list-style-type: none"> Encouraged to play with a new friend regularly People in community – through people who help us visits 	<p>Keep Learning</p> <ul style="list-style-type: none"> Continuous development of independent skills to be able to access learning independently e.g. cutting up dinner, toileting needs, dressing and changing to adapt to different settings e.g. when changing between the indoor to outdoor environment 	<p>Be Active</p> <ul style="list-style-type: none"> Yoga Mindful moments Relaxation PE Daily use and access to the outdoor environment 	<p>Give</p> <ul style="list-style-type: none"> Making Christmas cards – to give to the elderly (links with local care home) Adopt a penguin 1 x sponsored event (around working as a team e.g. design and complete obstacle course) NSPCC 	<p>Take Notice</p> <ul style="list-style-type: none"> Listening walks Mindfulness Peer massage Keyworker inputs in outdoor environment
Outdoor Learning	Continuous provision in the outdoor environment				
Roles and Responsibilities	Establishing tidy-up routines, rules and expectations Class monitors preparation				