

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Chicken pie with boiled potato	Ham & Cheese pizza with potato wedges	Roast turkey with mashed potato & gravy	Spaghetti Bolognese	Breaded chicken escalope with béchamel sauce and chips
<b>VEGETARIAN MAIN DISH</b>	Wholemeal pizza wrap	Vegetarian Bolognese	Roast Quorn™ fillet with mashed potato & gravy	Loaded potato skins	Quorn™ Sausage with chips
<b>ACCOMPANIMENTS</b>	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread
<b>DESSERTS</b>	Carrot cake	Fruit crumble and custard	Chocolate sponge with chocolate sauce	Sticky toffee pudding	Fruit and ice cream
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
<b>SANDWICH SELECTION</b>	Ham, Cheese or Tuna Wholemeal Sandwich	Ham, Cheese or Tuna Wholemeal Sandwich	Ham, Cheese or Tuna Wholemeal Sandwich	Ham, Cheese or Tuna Wholemeal Sandwich	Ham, Cheese or Tuna Wholemeal Sandwich
<b>JACKET POTATO</b>	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese



# MENU



Variety is the key to a healthy diet. try something new today!



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION