

Year Group	Autumn 1 Me and My Relationships	Autumn 2 Valuing Difference	Spring 1 Keeping Myself Safe	Spring 2 Rights and Responsibilities	Summer 1 Being My Best	Summer 2 Growing and Changing
<b>Nursery</b>	<ul style="list-style-type: none"> <li>• Marvellous me!</li> <li>• I'm Special</li> <li>• People who are special to me</li> </ul>	<ul style="list-style-type: none"> <li>• Me and my friends</li> <li>• Friends and family</li> <li>• Including everyone</li> </ul>	<ul style="list-style-type: none"> <li>• People who help to keep me safe</li> <li>• Safety indoors and outdoors</li> <li>• What's safe to go into my body</li> </ul>	<ul style="list-style-type: none"> <li>• Looking after myself</li> <li>• Looking after others</li> <li>• Looking after my environment</li> </ul>	<ul style="list-style-type: none"> <li>• What does my body need?</li> <li>• I can keep trying</li> <li>• I can do it!</li> </ul>	<ul style="list-style-type: none"> <li>• Growing and changing in nature</li> <li>• When I was a baby</li> </ul>
<b>Reception</b>	<ul style="list-style-type: none"> <li>• All about me</li> <li>• What makes me special</li> <li>• Me and my special people</li> <li>• Who can help me?</li> <li>• My feelings</li> <li>• My feelings (2)</li> </ul>	<ul style="list-style-type: none"> <li>• I'm special, you're special</li> <li>• Same and different</li> <li>• Same and different families</li> <li>• Same and different homes</li> <li>• I am caring</li> <li>• I am a friend</li> </ul>	<ul style="list-style-type: none"> <li>• What's safe to go onto my body</li> <li>• Keeping myself safe – What's safe to go into my body (including medicines)</li> <li>• Safe indoors and outdoors</li> <li>• Listening to my feelings</li> <li>• Keeping safe online</li> <li>• People who help to keep me safe</li> </ul>	<ul style="list-style-type: none"> <li>• Looking after my special people</li> <li>• Looking after my friends</li> <li>• Being helpful at home and caring for our classroom</li> <li>• Caring for our world</li> <li>• Looking after money (1): recognising, spending, using</li> <li>• Looking after money (2): saving money and keeping it safe</li> </ul>	<ul style="list-style-type: none"> <li>• Bouncing back when things go wrong</li> <li>• Yes, I can!</li> <li>• Healthy eating</li> <li>• My healthy mind</li> <li>• Move your body</li> <li>• A good night's sleep</li> </ul>	<ul style="list-style-type: none"> <li>• Seasons</li> <li>• Life stages – plants animals, humans</li> <li>• Life stages – Human life stages – who will I be?</li> <li>• Where do babies come from?</li> <li>• Getting bigger</li> <li>• Me and my body – girls and boys</li> </ul>
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Why we have classroom rules</li> <li>• How are you listening?</li> <li>• Thinking about feelings</li> <li>• Our feelings</li> <li>• Feelings and bodies</li> <li>• Good friends</li> </ul>	<ul style="list-style-type: none"> <li>• Same or different?</li> <li>• Unkind, tease or bully?</li> <li>• Harold's school rules</li> <li>• Who are our special people?</li> <li>• It's not fair!</li> <li>• Our special people balloons</li> </ul>	<ul style="list-style-type: none"> <li>• Super sleep</li> <li>• Who can help? (1)</li> <li>• Good or bad touches?</li> <li>• Sharing pictures</li> <li>• What could Harold do?</li> <li>• Harold loses Geoffrey</li> </ul>	<ul style="list-style-type: none"> <li>• Harold's has a bad day</li> <li>• Around and about school</li> <li>• Taking care of something</li> <li>• Harold's money</li> <li>• How should we look after our money?</li> <li>• Basic first aid</li> </ul>	<ul style="list-style-type: none"> <li>• I can eat a rainbow</li> <li>• Eat well</li> <li>• Harold's wash and brush up</li> <li>• Catch it! Bin it! Kill it!</li> <li>• Harold learns to ride his bike</li> <li>• Pass on the praise!</li> </ul>	<ul style="list-style-type: none"> <li>• A helping hand</li> <li>• Taking care of baby</li> <li>• Then and now</li> <li>• Who can help me? (2)</li> <li>• Surprises and secrets</li> <li>• Keeping privates private</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Our ideal classroom (1)</li> <li>• Our ideal classroom (2)</li> <li>• How are you feeling today?</li> <li>• Let's all be happy</li> <li>• Being a good friend</li> <li>• Types of bullying</li> </ul>	<ul style="list-style-type: none"> <li>• What makes us who we are?</li> <li>• My special people</li> <li>• How do we make others feel?</li> <li>• When someone is feeling left out</li> <li>• An act of kindness</li> <li>• Solve the problem</li> </ul>	<ul style="list-style-type: none"> <li>• Harold's picnic</li> <li>• How safe would you feel?</li> <li>• What should Harold say?</li> <li>• I don't like that!</li> <li>• Fun or Not?</li> <li>• Should I tell?</li> </ul>	<ul style="list-style-type: none"> <li>• Getting on with others</li> <li>• When I feel like erupting</li> <li>• Feeling safe</li> <li>• Playing games</li> <li>• Harold saves for something special</li> <li>• Harold goes camping</li> <li>• How can we look after our environment?</li> </ul>	<ul style="list-style-type: none"> <li>• You can do it!</li> <li>• My day</li> <li>• Harold's postcard – helping us to keep clean and healthy</li> <li>• Harold's bathroom</li> <li>• What does my body do?</li> <li>• Basic first aid</li> </ul>	<ul style="list-style-type: none"> <li>• Sam moves away</li> <li>• Inside my wonderful body</li> <li>• Haven't you grown!</li> <li>• My body, your body</li> <li>• Respecting privacy</li> <li>• Basic first aid</li> </ul>

	<ul style="list-style-type: none"> <li>• Don't do that!</li> <li>• Bullying or teasing?</li> </ul>					
<b>Year 3</b>	<ul style="list-style-type: none"> <li>• As a rule</li> <li>• Looking after our special people</li> <li>• How can we solve this problem</li> <li>• Tangram team challenge</li> <li>• Friends are special</li> <li>• Thunks</li> <li>• Dan's dare</li> <li>• My special pet</li> </ul>	<ul style="list-style-type: none"> <li>• Respect and challenge</li> <li>• Family and friends</li> <li>• My community</li> <li>• Our friends and neighbours</li> <li>• Let's celebrate our differences</li> <li>• Zeb</li> </ul>	<ul style="list-style-type: none"> <li>• Safe or unsafe?</li> <li>• Danger or risk?</li> <li>• The Risk Robot</li> <li>• Super Searcher</li> <li>• Help or harm?</li> <li>• Alcohol and cigarettes: the facts</li> <li>• Raisin challenge (1)</li> </ul>	<ul style="list-style-type: none"> <li>• Helping each other to keep safe</li> <li>• Recount task</li> <li>• Our helpful volunteers</li> <li>• Can Harold afford it?</li> <li>• Earning money</li> <li>• Harold's environment project</li> </ul>	<ul style="list-style-type: none"> <li>• Derek cooks dinner! (healthy eating)</li> <li>• Poorly Harold</li> <li>• Body team work</li> <li>• For or against?</li> <li>• I am fantastic!</li> <li>• Top talents</li> <li>• Getting on with your nerves!</li> </ul>	<ul style="list-style-type: none"> <li>• Relationship tree</li> <li>• Body space</li> <li>• Secret or surprise?</li> <li>• Basic first aid</li> <li>• None of your business</li> </ul>
<b>Year 4</b>	<ul style="list-style-type: none"> <li>• Human machines</li> <li>• Ok or not ok? (part 1)</li> <li>• Ok or not ok? (part 2)</li> <li>• An email from Harold</li> <li>• Different feelings</li> <li>• When feelings change</li> <li>• Under pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Can you sort it?</li> <li>• What would I do?</li> <li>• The people we share our world with</li> <li>• That is such a stereotype!</li> <li>• Friend or acquaintance?</li> <li>• Islands</li> </ul>	<ul style="list-style-type: none"> <li>• Danger, risk or hazard?</li> <li>• How dare you!</li> <li>• Keeping ourselves safe</li> <li>• Raisin challenge (2)</li> <li>• Picture wise</li> <li>• Medicines: check the label</li> </ul>	<ul style="list-style-type: none"> <li>• Who helps us stay healthy and safe?</li> <li>• It's your right</li> <li>• How do we make a difference?</li> <li>• In the news</li> <li>• Safety in numbers</li> <li>• Why pay taxes</li> </ul>	<ul style="list-style-type: none"> <li>• What makes me ME!</li> <li>• Making choices</li> <li>• SCARF Hotel</li> <li>• Harold's seven R's</li> <li>• My school community (1)</li> <li>• Basic first aid</li> </ul>	<ul style="list-style-type: none"> <li>• Moving house</li> <li>• My feelings are all over the place!</li> <li>• All change</li> <li>• Secret or surprise?</li> <li>• Together</li> </ul>
<b>Year 5</b>	<ul style="list-style-type: none"> <li>• Collaboration challenge</li> <li>• Give and take</li> <li>• How good a friend are you?</li> <li>• Relationship cake recipe</li> <li>• Our emotional needs</li> <li>• Being assertive</li> </ul>	<ul style="list-style-type: none"> <li>• Qualities of friendship</li> <li>• Kind conversations</li> <li>• Happy being me</li> <li>• The land of the Red People</li> <li>• Is it true?</li> <li>• It could happen to anyone</li> </ul>	<ul style="list-style-type: none"> <li>• Spot bullying</li> <li>• Decision dilemmas</li> <li>• Ella's diary dilemma</li> <li>• Jay's dilemma</li> <li>• Vaping: healthy or unhealthy?</li> <li>• Would you risk it?</li> <li>• Drugs: true or false</li> <li>• Smoking: what is normal?</li> </ul>	<ul style="list-style-type: none"> <li>• What's the story?</li> <li>• Fact or opinion?</li> <li>• Mo makes a difference</li> <li>• Rights, responsibilities and duties</li> <li>• Spending wisely</li> <li>• Lend us a fiver!</li> </ul>	<ul style="list-style-type: none"> <li>• Getting fit</li> <li>• It all adds up</li> <li>• Different skills</li> <li>• My school community (2)</li> <li>• Independence and responsibility</li> <li>• Star qualities</li> <li>• Basic first aid, including sepsis awareness</li> </ul>	<ul style="list-style-type: none"> <li>• How are they feeling?</li> <li>• Taking notice of our feelings</li> <li>• Changing bodies and feelings</li> <li>• Growing up and changing bodies</li> <li>• Help! I'm a teenager – get me out of here!</li> <li>• Stop, start, stereotypes</li> </ul>
<b>Year 6</b>	<ul style="list-style-type: none"> <li>• Working together</li> <li>• Let's negotiate</li> <li>• Solve the friendship problem</li> <li>• Dan's day</li> <li>• Behave yourself</li> </ul>	<ul style="list-style-type: none"> <li>• Ok to be different</li> <li>• We have more in common than not</li> <li>• Respecting differences</li> </ul>	<ul style="list-style-type: none"> <li>• Think before you click</li> <li>• To share or not to share?</li> <li>• Rat park</li> </ul>	<ul style="list-style-type: none"> <li>• Two sides to every story</li> <li>• Fakebook friends</li> <li>• What's it worth?</li> <li>• Happy shoppers</li> <li>• Democracy in Britain 1 – Elections</li> </ul>	<ul style="list-style-type: none"> <li>• This will be your life</li> <li>• Our recommendations</li> <li>• What's the risk? (1)</li> <li>• What's the risk? (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Helpful or unhelpful? Managing change</li> <li>• I look great!</li> <li>• Media manipulation</li> <li>• Pressure online</li> <li>• Is this normal?</li> </ul>



## PSHE Long Term Curriculum Overview

	<ul style="list-style-type: none"><li>• Assertiveness skills</li><li>• Don't force me</li><li>• Acting appropriately</li></ul>	<ul style="list-style-type: none"><li>• Tolerance and respect for others</li><li>• Advertising friendships!</li><li>• Boys will be boys? Challenging gender stereotypes</li></ul>	<ul style="list-style-type: none"><li>• What sort of drug is...?</li><li>• Drugs: it's the law!</li><li>• Alcohol: what is normal?</li></ul>	<ul style="list-style-type: none"><li>• Democracy in Britain 2 – How (most) laws are made</li></ul>	<ul style="list-style-type: none"><li>• Basic first aid, including sepsis awareness</li><li>• Five ways to Wellbeing project</li></ul>	<ul style="list-style-type: none"><li>• Dear Ash (archived)</li></ul>
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