

Roseberry Academy PE Overview Year A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Introduce PE and Listening Skills. Attacking & Defending Skills	Dance - Starry Skies	Gymnastics - Animals	Invasion Games	Sports Day Skills and Practice	Athletics - Running and Jumping
Year 2	Ball Skills - Invasion Games	Gymnastics - Under the Sea	Dance - Toys	Bat and Ball Skills - Tennis and Cricket	Sports Day Skills and Practice	Rounders and Athletics
Year 3/4	Carousel Sports	Volleyball	Netball	Tennis	Football	Cricket
Year 3/4	Cross Country / Fitness	Hockey	Boogie Bounce	Tag Rugby	Sports Day Skills and Practice	Rounders
Year 3/4	Basketball	Dance - African & Bhangra	Gymnastics	OAA	Athletics (including ESAA awards)	Athletics (including ESAA awards). Outdoor Yoga.
Year 5/6	Carousel Sports	Volleyball	Gymnastics	Netball	Athletics (including ESAA awards)	Football
Year 5/6	OAA / Team Building	Dance - Haka - compose, create , perform	Hockey	Touch Rugby	Rounders - Games/Strategies	Cricket - Games & Strategies
Year 5/6	Happy and Healthy - Guided Mindful Meditation	Happy and Healthy - Health & Wellbeing	Happy and Healthy - Yoga	Boogie Bounce	Sports Day - Skills and Practice	Tennis - Game Play & Strategies