

Roseberry Academy PE Overview Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Introduce PE and Listening Skills. Attacking & Defending Skills	Dance - Starry Skies	Gymnastics - Animals	Invasion Games	Sports Day Skills and Practice	Athletics - Running and Jumping
Year 2	Ball Skills - Invasion Games	Gymnastics - Under the Sea	Dance - Toys	Bat and Ball Skills - Tennis and Cricket	Sports Day Skills and Practice	Rounders and Athletics
Year 3/4	Carousel Sports	Volleyball	Yoga	Gymnastics	Tennis - Skills	Cricket - Small Game Situations
Year 3/4	Basketball	Hockey	Boogie Bounce	Football	Sports Day Skills and Practice	Rounders - Game Practice Situations
Year 3/4	Fitness - Circuits	Dance - Country Dancing. Mr Blue Sky - compose, create, perform.	Netball	Tag Rugby	Athletics (including ESAA awards)	OAA
Year 5/6	Carousel Sports	Volleyball	Boogie Bounce	Gymnastics	Athletics (including ESAA awards)	Football
Year 5/6	OAA / Team Building	Dance - Street Dance. Waka Waka - compose, create, perform.	Hockey	Touch Rugby	Rounders - Games/Strategies	Cricket - Games
Year 5/6	Happy and Healthy - Guided Mindful Meditation	Happy and Healthy - Fitness (designing home fitness plans)	Happy and Healthy - Eat Well & Wellbeing	Netball	Sports day - Skills and Practice	Tennis - Game Play and Strategies