



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza with Oven baked Wedges	Minced Beef & Creamed Potato	Roast of the Day with Gravy	Chicken Curry & Brown Rice	Fish fingers & Chips
Vegetarian Main Course	Quorn Meatballs & Spaghetti	Tomato Basil Pasta Bake	Quorn Roast with Gravy	Vegetarian Sausage & Mash	Cheese Quiche & Chips
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
Dessert	Jelly Fruit Salad	Cherry Shortcake & Custard Fruit Pots	Ginger Biscuit & Milk Fruit Kebabs	Apple Crumble & Custard Fruit Boats	Beetroot Brownie & Custard Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Bolognese (Quorn)	Oven baked Sausages & mashed potato	Roast of the Day with Gravy	Lasagne & Garlic Bread	Salt & Vinegar Fish & Chips
Vegetarian Main Course	Pizza whirl with herby potatoes	Organic Mac & Cheese	Quorn Roast with Gravy	Tomato pasta cheese bake	Vegetarian Burger & Chips
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Dessert	Fruit Flapjack	Cornflake Tart & Custard	Rice Pudding & Fruit Compote	Courgette Sponge & Custard	Banoffee Pie
	Fruit Pot	Fruit Kebabs	Fruit Salad	Fruit Boats	Fruit Salad

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Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Quorn Chilli Served with Rice	Savoury Mince & Yorkshire pudding	Roast of the Day with Gravy	Chicken Pasta in Tomato Sauce with Garlic Bread	Fish cake & Chips
Vegetarian Main Course	Vegetable pasta Bake	Vegetable Quiche	Quorn Roast with Gravy	Oriental Stir-fry	Pizza Wrap
Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Beans
Dessert	Carrot & Orange Cake Fruit Salad	Jam Roly Poly & Custard Fruit Kebab	Mandarin Orange Sponge & Chocolate Sauce Fruit Pot	Apple Crumble & Custard Fruit Boats	Ginger Biscuit & Milk Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

