

SUPER SAVING SEPTEMBER ...

The change from free Key Stage 1 (KS1) meals to having to pay in Key Stage 2 (KS2) can be hard and we understand.

Finding **£11.25** each week isn't easy.

To help, we are offering a discount on school meals for all KS2 pupils during the month of September.

The meal price will be £1.50 per meal
Normally costing £2.25 per meal
a saving of 75p a day

Why not take up our offer of providing your child with a hot nutritional meal whilst saving some money.

Please contact school for more information or alternatively you can email me at neilh@mellors.co.uk

Neil Heslop
Area Manager
Mellors Catering Services



www.mellorscatering.co.uk

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ROSEBERRY MENU'S

September 2020



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Ham & cheese pizza	Homemade cottage pie	Slow cooked beef served with Yorkshire pudding & gravy	Chicken korma with garlic naan bread	Fish of the day & ketchup
VEGETARIAN MAIN DISH	Vegetable pasta bake	Soup of the day with crusty roll	Vegetable cottage pie	Baked macaroni cheese	Cheddar and onion quiche
ACCOMPANIMENTS	Fusilli Pasta Seasonal vegetables Salad bar Fresh Bread	Mashed Potato Seasonal vegetables Salad bar Fresh Bread	Roast Potatoes Seasonal vegetables Salad bar Fresh Bread	wholegrain Rice Seasonal vegetables Salad bar Fresh Bread	Chips Seasonal vegetables Salad bar Fresh Bread
DESSERTS	Chocolate fudge cake with custard	Cornflake tart served with custard	Apple flapjack	Rice pudding with fruit compote	Fruit in jelly
FRESH FRUIT & YOGHURT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
SANDWICH SELECTION	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich
JACKET POTATO	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Spaghetti Bolognaise	Beef burger in a soft bun	Roast chicken breast & gravy	Chicken enchiladas	Breaded chicken escalope with bechamel sauce and cheese
VEGETARIAN MAIN DISH	Vegetable lasagne	Macaroni cheese	Roast Quorn™ fillet	Quorn™ sausage and pasta bake	Cheese whirl
ACCOMPANIMENTS	Garlic bread Seasonal vegetables Salad bar Fresh Bread	New potatoes Seasonal vegetables Salad bar Fresh Bread	Mash potato Seasonal vegetables Salad bar Fresh Bread	Wholegrain rice Seasonal vegetables Salad bar Fresh Bread	Chips Seasonal vegetables Salad bar Fresh Bread
DESSERTS	Lemon drizzle cake with custard	Fruit crumble and custard	Chocolate sponge with chocolate sauce	Shortbread biscuits and mandarins	Ice cream with mini shortbread biscuits
FRESH FRUIT & YOGHURT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
SANDWICH SELECTION	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich
JACKET POTATO	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Sweet & sour chicken	Chicken casserole topped with dumplings	Roast pork with apple sauce & gravy	All day breakfast quiche	Jumbo fish fingers or Salmon bites & ketchup
VEGETARIAN MAIN DISH	Pizza wrap	Vegetarian toad in the hole	Cauliflower cheese	Vegetable chilli	Quorn™ burger in soft bun
ACCOMPANIMENTS	Steamed Rice Seasonal vegetables Salad bar Fresh Bread	Boiled potatoes Seasonal vegetables Salad bar Fresh Bread	Roast potatoes Seasonal vegetables Salad bar Fresh Bread	Potato wedges Seasonal vegetables Salad bar Fresh Bread	Chips Seasonal vegetables Salad bar Fresh Bread
DESSERTS	Sticky toffee pudding	Eton mess	Ginger sponge with white sauce	Jam Roly-Poly with custard	Fruit scone
FRESH FRUIT & YOGHURT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
SANDWICH SELECTION	Ham, Tuna or Cheese sandwich	Ham, Tuna or Cheese sandwich	Ham, Tuna or Cheese sandwich	Ham, Tuna or Cheese sandwich	Ham, Tuna or Cheese sandwich
JACKET POTATO	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese

