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|  | **AUGUST 2024** | **SEPTEMBER 2024** | **OCTOBER 2024** | **NOVEMBER 2024** | **DECEMBER 2024** | **JANUARY 2025** |
| Monday |  | 5 | 12 | 19 | 26 |  | 2 | 9 | 16 | 23 | 30 |  | 7 | 14 | 21 | 28 | 1 | 4 | 11 | 18 | 25 |  | 2 | 9 | 16 | 23 | 30 |  | 6 | 13 | 20 | 27 |
| Tuesday |  | 6 | 13 | 20 | 27 | 3 | 10 | 17 | 24 |  | 1 | 8 | 15 | 22 | 29 | 5 | 12 | 19 | 26 |  | 3 | 10 | 17 | 24 | 31 |  |  | 7 | 14 | 21 | 28 |
| Wednesday |  | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 |  | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 |  | 4 | 11 | 18 | 25 |  |  | 1 | 8 | 15 | 22 | 29 |
| Thursday | 1 | 8 | 15 | 22 | 29 | 5 | 12 | 19 | 26 |  | 3 | 10 | 17 | 24 | 31 | 7 | 14 | 21 | 28 |  | 5 | 12 | 19 | 26 | 2 | 9 | 16 | 23 | 30 |
| Friday | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 |  | 4 | 11 | 18 | 25 |  | 8 | 15 | 22 | 29 |  | 6 | 13 | 20 | 27 |  | 3 | 10 | 17 | 24 | 31 |
| Saturday | 3 | 10 | 17 | 24 | 31 |  | 7 | 14 | 21 | 28 |  | 5 | 12 | 19 | 26 |  | 2 | 9 | 16 | 23 | 30 |  | 7 | 14 | 21 | 28 |  |  | 4 | 11 | 18 | 25 |  |
| Sunday | 4 | 11 | 18 | 25 |  | 1 | 8 | 15 | 22 | 29 |  | 6 | 13 | 20 | 27 |  | 3 | 10 | 17 | 24 |  | 1 | 8 | 15 | 22 | 29 |  |  | 5 | 12 | 19 | 26 |  |

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|  | **FEBRUARY 2025** | **MARCH 2025** | **APRIL 2025** | **MAY 2025** | **JUNE 2025** | **JULY 2025** |
| Monday |  | 3 | 10 | 17 | 24 |  | 3 | 10 | 17 | 24 | 31 |  | 7 | 14 | 21 | 28 |  | 5 | 12 | 19 | 26 |  | 2 | 9 | 16 | 23 | 30 |  | 7 | 14 | 21 | 28 |  |
| Tuesday |  | 4 | 11 | 18 | 25 |  | 4 | 11 | 18 | 25 |  | 1 | 8 | 15 | 22 | 29 |  | 6 | 13 | 20 | 27 |  | 3 | 10 | 17 | 24 |  | 1 | 8 | 15 | 22 | 29 |  |
| Wednesday |  | 5 | 12 | 19 | 26 |  | 5 | 12 | 19 | 26 |  | 2 | 9 | 16 | 23 | 30 |  | 7 | 14 | 21 | 28 |  | 4 | 11 | 18 | 25 |  | 2 | 9 | 16 | 23 | 30 |  |
| Thursday |  | 6 | 13 | 20 | 27 |  | 6 | 13 | 20 | 27 |  | 3 | 10 | 17 | 24 |  | 1 | 8 | 15 | 22 | 29 |  | 5 | 12 | 19 | 26 |  | 3 | 10 | 17 | 24 | 31 |  |
| Friday |  | 7 | 14 | 21 | 28 |  | 7 | 14 | 21 | 28 |  | 4 | 11 | 18 | 25 |  | 2 | 9 | 16 | 23 | 30 |  | 6 | 13 | 20 | 27 |  | 4 | 11 | 18 | 25 |  |
| Saturday | 1 | 8 | 15 | 22 |  | 1 | 8 | 15 | 22 | 29 |  | 5 | 12 | 19 | 26 |  | 3 | 10 | 17 | 24 | 31 |  | 7 | 14 | 21 | 28 |  | 5 | 12 | 19 | 26 |  |  |
| Sunday | 2 | 9 | 16 | 23 |  | 2 | 9 | 16 | 23 | 30 |  | 6 | 13 | 20 | 27 |  | 4 | 11 | 18 | 25 |  | 1 | 8 | 15 | 22 | 29 |  | 6 | 13 | 20 | 27 |  |

