

What are Occupational Therapy (OT) Drop-In Clinics?

At our Occupational Therapy (OT) Drop-In Clinics, parents or carers can chat to an Occupational Therapist about any concerns they have about a child's sensory and movement development as well as how to improve self care and functional independence skills needed for home and school tasks. **Regrettably this clinic will not be able to discuss the reasons your child was not accepted. (This should be taken up with the team lead). It is to offer beneficial advice and information to help you and your child.**

Who is the drop in clinic for?

Some children are not able to access the OT service because their type of needs do not fit our referral criteria or they do not reach the threshold of need that would be sufficient to access the service - coming to the drop in clinic still means they can receive advice from Occupational Therapy

If you have had OT but would like further advice or a reminder on what advice you have been given in the past- come along to the drop in clinic.

Drop-In Clinics offer: 

- Advice
- Information
- Literature

You do not need a referral to come along to this clinic. This clinic is run on a drop in, first come first served basis.

You will have to wait to be seen and you may be asked to try another day if too many people have turned up.



What happens at the Occupational Therapy Drop-In Clinic?

1. When you arrive you will be asked to sign in at reception. Please let reception know you are here for the OT drop in clinic.
2. When it is your time to be seen, the therapist will spend about 30 minutes talking to you and trialling activities including cutlery usage or dressing tasks, and offering advice.
3. It may be helpful for your child to bring their favourite toy or book to the Drop-In Clinic to show the therapist, as this may help them settle. This might also help them with waiting.

What happens after the Occupational Therapy Drop-In Clinic?

The therapist will discuss with you how you can help your child's development. They may for example, give you advice and/or activities that you can do at home with your child.



You will receive a written advice of what was discussed, which may include resources and recommendations.

Where is the Occupational Therapy Drop-In Clinic held?

The drop-in clinic is held at the **Kaleidoscope Centre for Children & Young People** twice monthly. The clinic runs on the 1st and 3rd Thursday of every month, 9:30am - 12:30pm.

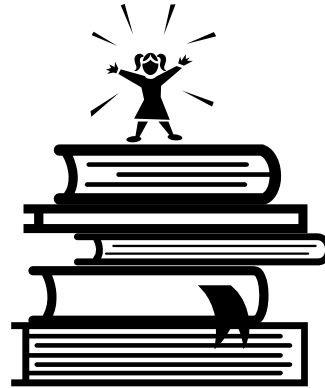


For more information please
telephone the service
on 020 3049 1337



Your views are important to us

We welcome feedback about our service.
If you wish to share your opinions of how
we can improve the service you can.



If you need independent information or
advice about your treatment you can
contact:

The Patient Advice and Liaison Service
(PALS)

Lewisham PALS can be contacted free
on 0800 587 7027 or email on
pals.lewisham@nhs.net

PALS is a confidential service that can
provide support, information and
advice to patients and their
families/carers.

Lewisham
Occupational Therapy
Service
For children and young
people
A “CAN DO” approach to building
skills for life

DROP-IN CLINIC

Information and Advice for
improving your child’s
participation in home and school
activities

Tel: 0203 049 1337