Dear Families,

We hope you are all well and have had a good week.

It has been great to welcome back some of our Nursery and Reception children this week. It is certainly great to hear lots more children's voice in school. The children have had a great time and have adapted very quickly to the new routines and classrooms.

Next we look forward to seeing Year 1 and Year 6 children back to school.

#### **Online learning**

Many of you have asked if online learning will continue. Yes, we will still continue to provide learning via purple mash for all those children not is school. We are now working with children Monday to Thursday only to allow for extra cleaning and planning time for teachers, that will be teaching all week.

White Rose Maths: For a period of time this resources has been free for all to use. Any new add ons by White Rose are now not free and can only be accessed if purchased by the school. We will ONLY use Purple Mash as our main tool, as we have already purchased the subscription of this.

Maths, English and Wider Curriculum activities will be provided by via Purple Mash and White Rose tutorials are available if parents wish to use it however will not be able to download the worksheets. You will only be able to watch the videos on White Rose to support you.

### **BLACK LIVES MATTER**

Like us I am sure many of you have been sadden by the news in American and death of George Floyd. You may have even been to join one of the peaceful protests this week yourselves.

Today we have added a statement to our website, expressing our stance on inequality. Next week with the children we will have a curriculum focus on BlackLivesMatter. I look forward to sharing with you the children's work.

If as a family you have discussed this with your children and completed any work please share with us. Here are some great children's stories to share with your children talking about Race. Jelani Memory - A kids book about racism Let's talk about Race by Julius Lester





#### RECEPTION

The reception children were very excited to return to school on Thursday to see their friends and teachers. Even though their classrooms and outside areas looked a little different they were soon engaged





in all the fun activities. Children drew and made pictures of who was

in their bubble as well as socially distancing on the space hoppers in the outside area.



## NURSERY ADMISSIONS

If you have a child who will be 3 on or before 31st August 2020 and are interested in joining our Nursery in September, please complete an application form and return/email to the School Office.

Please email:

admin@rusheygreen.lewisham.sch.uk or call on 0208 698 5001 for further information.

We look forward to hearing from you.

## MENTAL HEALTH

# MATTERS

Images and videos of black people facing injustices can leave you feeling hopeless, angry and overwhelmed. As these issues continue to escalate, it is important to practice self-care. Here are some things you can do to get a bit of relief.



BLACK

## Social media breaks.

Social media is full of triggering images and you can easily spend hours online consumed by it. Log out and put down your phone if you start to feel overwhelmed. Try and have a routine and stick to it. Whether that's taking out an hour a day to read or to just listen to music.

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## Accept your feelings and reactions.

Pushing away negative feelings is not always healthy. It is okay to feel angry or frustrated with injustices. A good way to deal with your feelings is to channel it into an activity. For example: going for a walk or a run outside.

## Channel your frustrations.

You can spread awareness from home on social media. Avoid sharing graphic images. You can sign petitions online as a way of doing your bit for the Black Lives Matter movement. You can channel your frustrations creatively through art or even making music.





## Talk to trusted family, friends and teachers.

Talking with others can help! Share your thoughts and feelings with trusted people in your life. You can also email teachers who you feel will understand you. However, remember to have boundaries – you do not have to engage with people who do not understand you.





## Read, listen to, or watch what celebrates blackness.

Read books, articles online and research things that celebrate the positive and amazing contributions that Black people make to our society daily!





In our school we stand united in our commitment to tackle and challenge racism, address inequality and call out discrimination

At Rushey Green we up hold equality, we value and are proud of our rich culture, no child, no parent, no member of staff nor will any visitor feel unwelcome in our school community.

WE ARE PROUD OF OUR CULTURALY DIVERSE FAMILIES

We stand together regardless of your age, disability, race, sexuality, gender or religion #BlackLivesMatter

#### TERM DATES

	AUTUMN TERM 2020	0		
Staff return	2 <sup>nd</sup> September 2020			
Pupils return to school	3 <sup>rd</sup> September 2020	23 <sup>rd</sup> October 2020		
Half Term	26 <sup>th</sup> October 2020	30 <sup>th</sup> October 2020		
Staff return	2 <sup>nd</sup> November 2020			
Pupils to return to school	3 <sup>rd</sup> November 2020	18 <sup>th</sup> December 2020		
	SPRING TERM 2021			
Staff return	4 <sup>th</sup> January 2021			
Pupils return to school	5 <sup>th</sup> January 2021	12 <sup>th</sup> February 2021		
Half Term	15 <sup>th</sup> February 2021	19™ February 2021		
Return to school	22 <sup>nd</sup> February 2021	31 <sup>st</sup> March 2021		
Easter Break	1 <sup>st</sup> April 2021	16 <sup>th</sup> April 2021		
SUMMER TERM 2021				
Return to school	19 <sup>th</sup> April 2021	28 <sup>nd</sup> May 2021		
Half Term	31 <sup>st</sup> May 2021	4 <sup>th</sup> June 2021		
Return to school	7 <sup>th</sup> June 2021	23 <sup>rd</sup> July 2021		

#### INSET DAYS (5) - NO CHILDREN IN SCHOOL

02 <sup>nd</sup> September 2020	Staff INSET	
2 <sup>nd</sup> November 2020	Staff INSET	
04 <sup>th</sup> January 2021	Staff INSET	
Two (2) additional dates to be confirmed		

#### 2020 Bank Holidays

2 <sup>nd</sup> April 2021	Good Friday
5 <sup>th</sup> April 2021	Easter Monday
3 <sup>rd</sup> May 2021	Early May Bank Holiday
31 <sup>st</sup> May 2021	Spring Bank Holiday