

BLACK HISTORY MONTH

Know the past, shape the future.

R3 Nigeria Class



We have been very busy this half term, exploring our new learning environment and making new friends!

Some things we have been up to this week include; making stick-men at Forest School, learning new sounds in Phonics and practising our numbers to 10 using Numicon.



We are currently creating our self-portraits for Black History Month, where we are celebrating ourselves and feeling proud to be unique.

You can look at more of Reception's learning on our class Twitter accounts @RGSomalia @R2Ghana @R3Nigeria



A big thanks to our kitchen staff for working so hard with the children to get them cooking and trying new foods. 'Thank you so much for expanding the children's palates as means our family meals are now less restricted.'

CHEF RAB



Here is Chef Rab taking a class with Brazil Class. Rosemary soda bread and spiced vegan pumpkin soup. Cutting the pumpkin they grew as a class with their teacher from last year. Mixing and rolling of the bread. Blending of

the soup.



30 HOURS CHILDCARE

Log in your childcare account every 3 months to check your details are up to date. Go to

gov.uk/childcareaccount

IMPORTANT DATES

16th November 2021:

Rec & Yr6 Height & Weight Check

17th November 2021:

School Photos

29th November 2021:

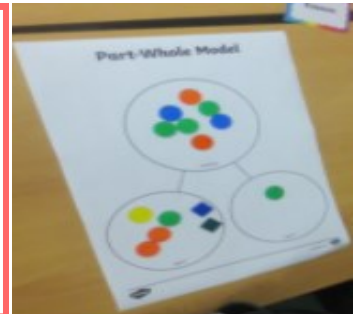
Flu Vaccination (Rec—Yr6)

Year 1 have had an interesting week learning about their Black History Month artists, Lubaina Himid, Kara Walker and our artist, Jean Michel Basquiat:

Turkey Class



In Maths, we have been getting to grips with learning about the 'part whole model', finding different combinations of numbers that make up one whole number. The children have been showing off their adding and team work skills!



With Autumn kicking in, Turkey class had fun making their own collages this afternoon, made up of leaves, bark and grass, as part of their outdoor learning unit.

I have thoroughly enjoyed getting to know the children of Turkey Class, who have been so helpful towards Mrs. Mehmood and I and whose great sense of humour keep us smiling each day. I look forward to seeing more of their learning and sharing it with the whole school community.



THE EARLY YEARS SEND FACTOR

INFORMATION, ADVICE AND SUPPORT FOR FAMILIES OF CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND/OR DISABILITIES

A welcoming, inclusive and supportive forum providing you with the opportunity to...

- get the right support and the right time
- be informed and empowered
- speak to the professionals
- find out about services and entitlements

Come and join us at our virtual drop-in sessions on the 2nd Thursday of each month | 10am-11am


ID: 903 566 5535
PW: 094671



Could you be entitled to free school meals?

[Check here!](#)

In addition the school could receive additional funding to help your children in school. You could also be sent £15 per week per child to help with food during school closures.

SECONDARY SCHOOL ADMISSIONS

There's less than a month left until the secondary admissions deadline. [Check which schools still have open days](#) and whether you need to book a place.

You can also [sign up to receive weekly tips and reminders about the application process](#)

SAFEGUARDING

If you are concerned about the safety of a child at Rushey Green Primary School, please contact our Designated Safeguarding Lead Miss Stacey or the Designated Safeguarding Governor via the School Office.

Miss Stacey McIntosh

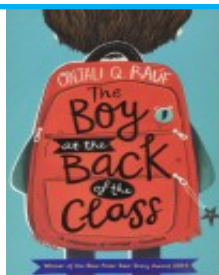


If your concern is urgent and out of school hours, please contact:

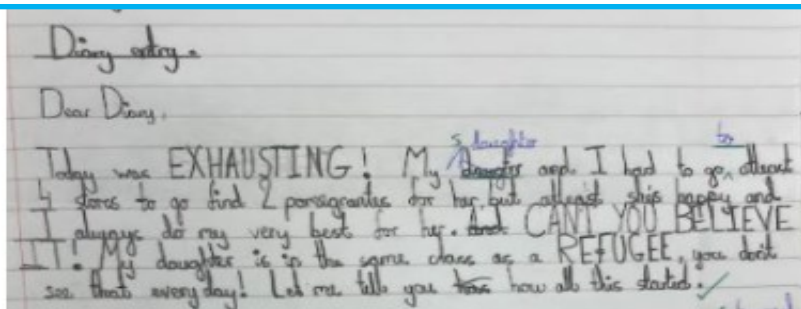
MASH: 0208 314 6660

Pastoral Manager &
Designated Safeguarding Lead

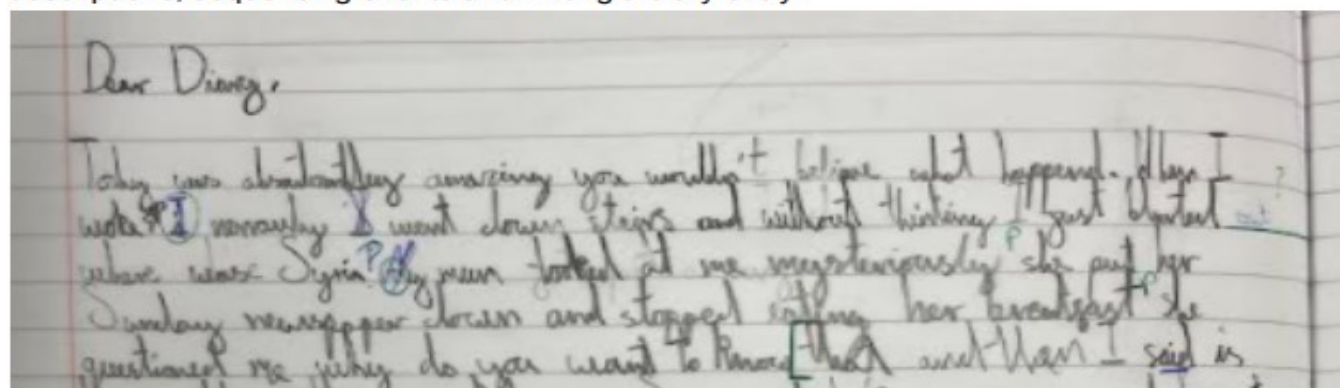
Cuba Class



In Cuba Class this half term, we have been producing lots of incredible writing inspired by our class text 'The Boy at the Back of the Class'.



Cuba Class has been writing in the role of the narrator and has written about her experience of a refugee, from Syria, joining her class. We have been creating freeze frames of scenes from the story, writing character descriptions, sequencing events and writing a diary entry.



In Science, we have been exploring the life cycle of different plants and animals. We have classified different animals using their characteristics and we have learnt about their life cycle. We have even dissected flowers to identify the different parts used in the process of the reproductions of plants.



Our big question this half term has been 'Why do people migrate to London?'. We have been exploring this question through learning about the Windrush Generation.



Change4Life is here to help your family be healthy and happy

change
4life

Be Sugar Smart

Kids are having nearly three times more sugar than they should. Too much sugar is bad for teeth and can lead to weight gain. But don't worry, we have some simple swaps to help you be sugar smart and cut back.

- 1** Sugary drinks are bad for teeth and lead to decay. Swap fizzy drinks, juice drinks and flavoured milks for water, lower-fat milks and no added sugar drinks. Limit fruit juice to no more than 150ml a day and stick to meal times.
- 2** Eating breakfast every day is important, but some breakfast choices have much more sugar than you think. Opt for plain porridge, shredded wholegrain or plain wholewheat biscuit cereals. Help your kids towards their 5 A DAY by adding in chopped fruit.
- 3** Sugary snacks can all add up! Fruit and vegetables are always the best snack. But when choosing packaged snacks, stick to two a day max.



See what's really inside your food and drink

Download our food scanner app for FREE and see for yourself the amount of sugar, salt and saturated fat in everyday food and drinks.



change 4life is here to help.

Search Change4Life and sign up for loads of healthy eating tips, tasty recipes, easy lunchbox ideas, fun activities and much more!



We're on Facebook too and want to hear from you!



Brazil Class

In Brazil Class, students have been using digital and non-digital maps to describe and visualise the location of the United Kingdom, including its cities and countries.

Students have become familiar with using atlases, topological maps and Google Maps as part of their investigation process.

Students have taken part in the Three Peaks Challenge by reporting the distances between Ben Nevis, Snowdonia and Scafell Pike. They will explore the natural and human features of each country by researching and reporting on their favourite coastal town in the United Kingdom. They will also conclude the best places to holiday during different seasons by reading weather reports.

TWITTER PAGE

Do check out our school's Twitter page on the school website:

www.rusheygreen.lewisham.sch.uk

The classes have started to share all the great events that are happening in school.

Art Year 1



Year 1 has been experimenting with different media. Using different pressures, they have found out that they can create dark, medium and light shades. They have studied shading techniques including: hatching, cross hatching, back and forth, scumbling and stippling.



Their work forms the background for the large, portrait silhouettes of Mahatma Gandhi, Barack Obama and Nelson Mandela. These portraits are facing outwards from your child's classroom and waiting to greet you, when you come to collect your child.



Scan
me

Good
parenting
ideas based
on science,
research &
experience



Feeling overwhelmed? Trying to manage the stresses of parenting?



Join our research into a new parenting group for parents of children, aged 2-11, who experience strong emotions and struggle to trust in relationships.

- Learn discipline strategies that work
 - Improve communication
- Meet other parents who share your experience
 - Enjoy family life more

For more information, sign up here:

https://kclbs.eu.qualtrics.com/jfe/form/SV_3luWeTjmKHZaKYC



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EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



**South London
and Maudsley**
NHS Foundation Trust



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CPCS
THE CENTRE FOR
PARENT & CHILD
SUPPORT

Are you a parent who find's it tough to manage strong emotions? Are you worried about your child's behaviour?

Would you be interested in participating in research on a new parenting group?

We are looking for parents of children, **aged 2-11**, who are worried about their child's behaviour to take part in research on a **new parenting group**. Being a Parent- Enjoying Family Life is for parents who may be experiencing **strong emotions** which spillover into their parenting, who may **struggle to trust** in relationships/friendships or may have experienced challenging childhoods or invalidating relationships with their own parents.



We want to test whether BaP-EFL helps parents better than the original EPEC-BaP groups. BaP-EFL and EPEC-BaP are both ran **by parents, for parents**.



If you are interested and eligible for the study, you will receive either BaP-EFL or original EPEC-BaP **parenting groups**. The groups last between **9-10 weeks** for **2 hours** and cover topics such as **managing stress, discipline strategies and communication skills**. A creche will be provided if needed.

Parents will also be asked to complete online questionnaires and an at home interview before, after and 6 months after attending the group. You will receive **up to £85** for your participation in these questions

To find our more and register your interest, please follow this link: https://kclbs.eu.qualtrics.com/jfe/form/SV_3luWeTjmKHZaKYC

Or scan the QR code with the camera on your smart phone. A researcher will contact you via email or phone to give you more details on the study.

Alternatively, please contact Ellie Baker (PhD student) at ellie.baker@kcl.ac.uk for further information.