

Dear Families,

Once again thank you for a great week of remote learning. It was a pleasure this week to watch videos of the children performing poetry and singing. I have enjoyed the science at home experiments too! The support you have provided the children during this challenging time is very much appreciated.

Next week the focus is on Mental Health and Wellbeing. We hope the children take some time this week to reflect and review how amazing they are. The Rushey Green family is growing from strength to strength. Next Friday will be our 'Dress to Express' day, it doesn't matter who you are or how you feel. We are asking the children to jump online wearing something that represents them. We are all individual and unique and we want our children to be proud of that!

Have a super weekend

Lisa Williams
Headteacher



Friday 7th February



Come to school and virtually dressed in your most colourful clothes or in a way that expresses who you are for children's mental health week

NURSERY SPACES

We have spaces for January in our nursery for children that are 3 years of age before March 31st. Please enquire at the School Office for further information.

YEAR 2 TREASURE HUNT WINNERS

Here are the results of the Year 2 phonics treasure hunt:

England Class:

First Place- Christelle
Second Place – Kevan
Third Place – Jacob
Most Creative: Andrea

Canada Class:

First Place- Narmeen
Second Place – Jace
Third Place – Kristina

China Class:

First Place – Arthur

Indoor Treasure Hunt

- Blue, clothing item
- Blue, animal, bird
- Blue, animal, bird, leaves, sea creature, sea
- Blue, sea, sea
- Orange, animal, bird, horse
- Chair, sea, white, sea
- Chair, sea, brown, yellow
- Chair, animal, bird, brown, sea
- Pink, sea, pink
- Paper, orange, paper, sea



www.lewishamcfc.org.uk

FREE Zoom session

Encourage and promote your family's mental health this Children's Mental Health Week with these FREE Zoom sessions. Physical activities will focus on breathing and the use of our five senses.

FREE bookable Zoom sessions on
 Monday 1st February
10.30 - 11.30 am
 Tuesday 2nd February
10.30 - 11.30 am
 Wednesday 3rd February
10.30 - 11.30 am
 Thursday 4th February
10.30 - 11.30 am



The sessions will cover these 5 mindfulness exercises for adults and children

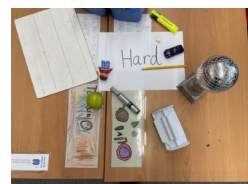
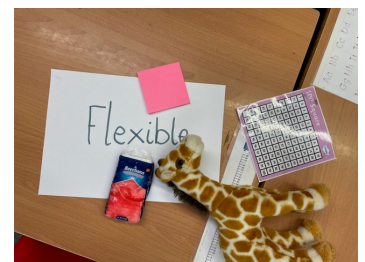
- Finger breathing - strengthen your superpowers of focus and calm by taking slow deep breaths as you trace the outline of your hand with your pointer finger
- Basic Yoga Poses - very simple Yoga stretches for adults and children
- Listening Games - encourages good listening and following instructions
- Visualisation - helps children to quiet their mind, relax and get to a state of calm
- Counting Breaths - watch how our bodies move when you lie flat and breathe



To book your place
 email: ladywell.cc@lewishamcfc.org.uk
 Text or leave a message:
 07377 724243

POLAND CLASS

This week the children in the Year 1 bubble went on a properties hunt to re-cap our knowledge of materials. We found transparent, flexible, hard and soft objects.



MEXICO CLASS

This term during online learning in literacy, 3M have been reading and completing work based on our core book 'Escape from Pompeii'. We have been focusing on synonyms for the word 'shake' and created our own poems on earthquakes and volcanoes. I am sure you will agree; the children wrote some amazing poems!

Volcano Poem - Jasmine

Eruption, eruption you come this day.
I hear you rattling, and stomping your way.
Eruption, eruption is your singing that deafening because I can
hear you from far away
I'm really petrified so I'm running like the speed of a cheetah.
Eruption, eruption if you can hear me that loud I need you to go
So we can live in peace!
Goodbye, goodbye, I'll see you another day!

Earthquake Poem - Tremaine

Rumble down tumble down
Shake, shake, there's an earthquake,
Down on the ground, stones are vibrating
Shake, shake, there's an earthquake,
Ground rumbling like an empty stomach
Jiggle joggle wobble and shake.

Pompeii Village - Lana

The volcano erupted suddenly.
Boiling lava blasted out as hot as the sun.
The people screamed as loud as lions.
The walls cracked loudly.
The columns crashed like thunder.
The roofs fell quickly.
The people ran rapidly.
The lava buried the people ruthlessly.

Earthquake Poem - Karim

Here comes the earthquake
Can you go back, please!
The mountains shall shake
Can you go back, please!

Earthquake Poem - Sky

Tumble city, rumble city,
The ground grumbled and the houses caved
and the floor rattled up and down
and the people swayed from side to side
The water trembled the people were running as fast as
cheetahs
The people's feet joggled the floor was cracked and dirty
Everything was vibrating all the kids and adults were
shaking they felt worried and shattered and stressed
They didn't know what to do
The sky was dark, the smell was damp and hot.

7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

1 Concentrate on reading quality (it isn't all about reading lots!)



Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

2 Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

3 Ask your child to make predictions about what they have read



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

5 Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

6 Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!'

7 Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'

Education Endowment Foundation (2016)

Preparing for Literacy: Improving Communication, Language and Literacy in the Early Years. Education Endowment Foundation: London.

Available online: eef.org.uk/eef-early-years/

Education Endowment Foundation (2019).

Improving Literacy in Secondary Schools. Education Endowment Foundation: London.

Available online: eef.org.uk/eef-ks2-ks4/

Broadmore, H.L., Vardy, E.J., Cunningham, A.J., Kwok, R.K.W., & Carroll, J.M. (2019).

Literacy Development: Evidence Review. Education Endowment Foundation: London.

Available online: educationendowmentfoundation.org.uk/public/files/Literacy_Development_Evidence_Review.pdf

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LIFE



WHILE
GOING ABOUT
YOURS

NHS

Blood and Transplant



We are holding an **extra blood donation session**
at

St Laurence Church & Centre
37 Bromley Road, London SE6 2TS

on **Friday 19th February 2021**
from **14:00 – 20:00**

For further details and to book an appointment please

- Visit us at **blood.co.uk**
- Download our app **NHSGIVEBLOOD**
- Call us on **0300 123 23 23**

We have extra safety measures and social distancing in place so ask that you **come alone to session** and, where possible, **do not bring children** at this time.

Register now at **blood.co.uk**
or call **0300 123 23 23**

 **Save a life
Give blood**