## Lewisham EP Connect

A TELEPHONE SERVICE FOR PARENTS & CARERS

Talk to one of the Lewisham Educational Psychologists (EPs) about issues related to your child. We can offer support to think about..

How to help your child with their learning/ homework

Managing routines at home

School issues, e.g. peer relationships / friendships, learning

Other services that might be helpful to you

Supporting your child's well-being

Fears and worries associated with return to school after lockdown

**Understanding** children's feelings and behaviour

A listening

ear for you... How you are feeling?



Please let us know if you are calling about a looked after child