

WHAT'S FOR LUNCH?

WEEK 1

w/c: 24/03,
21/04, 05/05, 19/05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	SUPER GREEN PESTO PASTA GLUTEN [WHEAT], MILK	CHICKEN CHAAT CURRY	MARGHERITA PIZZA GLUTEN [WHEAT]	STAR ANISE BEEF STEW CELERY	FISH TACOS FISH, GLUTEN [WHEAT]
MAIN OPTION 2	CHEESY TOMATO PASTA GLUTEN [WHEAT], MILK	AFGHAN CAULIFLOWER CURRY	CHEF SPECIAL PIZZA GLUTEN [WHEAT], MILK	SWEET POTATO STEW CELERY	SWEETCORN FRITTER TACOS GLUTEN [WHEAT]
VEGETABLES	SEASONAL VEGETABLES AND SALAD BAR ARE AVAILABLE DAILY. BOTH ARE INCLUDED WITH A MAIN MEAL				
SIDES	GARLIC FOCACCIA GLUTEN [WHEAT]	ZESTY RICE	COLESLAW EGG	BULGAR WHEAT GLUTEN [WHEAT] FRESH SLICED BREAD GLUTEN [WHEAT]	SLAW SULPHITES, MUSTARD
DESSERT	FRUIT AND YOGHURT MILK	HULK CAKE! EGGS, GLUTEN [WHEAT]	FRUIT AND YOGHURT MILK	COCOA AND SWEET POTATO BROWNIE EGGS, GLUTEN [GLUTEN], MILK	FRUIT AND YOGHURT MILK

A SELECTION OF BREAKFAST, BREADS, FRESH FRUIT AND YOGHURT AVAILABLE EVERY DAY

ALLERGY FREE OPTIONS OF ALL MEALS AVAILABLE - PLEASE SPEAK TO YOUR SCHOOL CHEF

WHAT'S FOR LUNCH?

CHEFS IN SCHOOLS 

WEEK 2

w/c: 31/03,
28/04, 12/05, 26/05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	MAC 'N' CHEESE GLUTEN [WHEAT], MILK	CHICKEN AND LEEK PIE GLUTEN [WHEAT]	SPAGHETTI LENTIL BOLOGNESE GLUTEN [WHEAT]	JERK CHICKEN SULPHITES, SOYA	CRISPY FISH FISH, GLUTEN[WHEAT], EGG
MAIN OPTION 2	TOMATO AND SPINACH PASTA GLUTEN [WHEAT]	LEEK AND SPRING GREENS PIE GLUTEN [WHEAT]	SPAGHETTI LENTIL BOLOGNESE GLUTEN [WHEAT]	JERK CAULIFLOWER SULPHITES, SOYA	CRISPY PANKO COURGETTES GLUTEN[WHEAT], EGG
VEGETABLES	SEASONAL VEGETABLES AND SALAD BAR ARE AVAILABLE DAILY. BOTH ARE INCLUDED WITH A MAIN MEAL				
SIDES	GARLIC FOCACCIA GLUTEN [WHEAT]	CREAMY MASH MILK	ITALIAN SALAD SULPHITES	RICE AND PEAS	CRUNCHY CHIPS
DESSERT	FRUIT AND YOGHURT MILK	FRUITY FLAPJACK GLUTEN [WHEAT], MILK	FRUIT AND YOGHURT MILK	BANANA BREAD GLUTEN [WHEAT], EGG, MILK	FRUIT AND YOGHURT MILK

A SELECTION OF BREAKFAST, BREADS, SANDWICHES, FRESH FRUIT AND YOGHURT AVAILABLE EVERY DAY

ALLERGY FREE OPTIONS OF ALL MEALS AVAILABLE - PLEASE SPEAK TO YOUR SCHOOL CHEF

CHEFS IN SCHOOLS 