Monday 18th March 2024

Dear families,

Some exciting news!

The learning ambassadors at Rushey Green are excited to announce a children’s wellbeing extravaganza. They have organised lots of exciting different activities and events for the day. Mental and physical health issues are two of the very key challenges facing this generation of pupils and we, as a Rights Respecting school, are passionate about ensuring pupils are able to access the support they need to grow up physically and mentally healthy (Article 27: *children and young people should be able to live in a way that helps them reach their full physical, mental, spiritual, moral and social potential*).

The activities and events will take place on **Wednesday 27th March 2024.** The money raised will be donated to school and a local children’s charity: ***The Ravensbourne Project***: <https://ravensbourneproject.org.uk/>. Please take some time to click the link to learn more about the charity.

All activities and events are **optional**.

Below is a list of all the activities and events for the day:

**Rushey Green Bake Off**

Children have the opportunity to enter a bake-off competition. It will be held on Wednesday 27th March 2024 and judged that morning by the learning ambassadors.  The winners, across the different key stages, will receive a small prize.

The competition is open to all pupils.

The theme is **‘emotions and feelings.’**

The rules are simple:

1. Bake a maximum of **one** of the following: 6 cupcakes, a 6-inch cake or 6 cookies/biscuits

2. Decorate the cake, thinking carefully about the theme.

3. Think carefully about what you choose to bake; you will gain marks for originality and showing as many skills as possible.

4. One entry per child

Entry to the competition will be **£2 per person**. If your child is interested in entering the competition, the learning ambassadors will be in the small hall everyday between 12 -12.30pm for your child to sign up. They must sign up by **Friday 22nd March 2024.** Money must be paid on sign up.

*Please note*: All cakes **must be baked and decorated at home** and brought into school the morning of Wednesday 27th March 2024. All entries must be taken to the main hall.

*Please note*: All entries must be clearly labelled with the ingredients used. No nuts allowed.

On **Wednesday 27th March 2024**, parents, families and friends are invited to come and join us from 9.30 - 10.30am for freshly brewed coffee or tea and to watch the judging. You can also sample the cakes, buy some to take home, and meet other parents. Once the judging has taken place, the cakes will be sold at the end of the day, so please come along and support.

**Dance-a-thon**

On **Wednesday 27th March**, all pupils have the opportunity to take part in a 20-minute fun-filled dance-a-thon delivered by the learning ambassadors. The event will take place during the school day.

This event will take place in the small hall. If your child is interested in taking part, the cost is 50p to join the dance-a-thon. Money to be paid on the day.

**Penalty shoot-out**

On Wednesday 27th March, all pupils have the opportunity to take part in a penalty shoot-out. This event will take place in the ‘cage’ at lunchtime. If your child is interested in taking part, the cost is 50p for 3 shots or 20p for one shot. Money to be paid on the day.

**EMOJI dress-up day**

On Wednesday 27th March, all children and staff are invited to dress up. The theme is ‘emojis.’ We will be asking children to donate £1. All money raised will be donated to the school and to a children’s charity.

Any questions, please let me know.

We look forward to a great day ahead.

Kind regards

N Fisher

Deputy headteacher