



# Rushey Green Primary School

## Year 1 Class Newsletter - Autumn 1 2020

1

Welcome to our first newsletter of the Autumn term. We would like to say hello and a very warm welcome to all the new children, parents/carers and hope that you have a fun, exciting and successful year with us.

If you have any questions or require any additional information please do not hesitate to discuss with a member of the team.

Thank you,

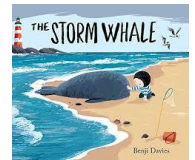
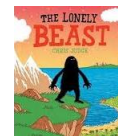
**The Year 1 Team**

Miss Wells, Miss Nessa, Mrs Walters, Ms Simpson, Ms Thomas, Mrs Mehmood & Mrs Couchman.

### This term we are learning...

**English:** Core Books: *The Lonely Beast* & *The Storm Whale*

Fiction (narrative – story writing), non-fiction (lists, captions, letter, instruction, recount and description), phonics, spelling high frequency words & daily supported reading.



**Art:** Drawing people, faces and animals.

**Science:** Animals including Humans – Senses & Seasonal Change.

**Religious Education:** Belonging/Who am I?



**Geography:** Where do, and did the wheels on the bus go? Comparing London to the Capital city of my class country.

**Computing:** Online safety, exploring Purple Mash, pictograms & Lego builders.

**Music:** Getting to Know You: Songs, chants and rhymes to develop musical confidence.

**Maths:** Number: Place value, addition and subtraction.



**Physical Education:** This term's focus is balance. **P.E. Days: 1R & 1P Wednesday, 1T Friday** (please ensure that your child has their P.E. kit in school on their P.E. day).

**PSHE:** 'Jigsaw' approach: Bring me in my world.



### Date to remember!

1<sup>st</sup> – 31<sup>st</sup> October: Black History Month

19<sup>th</sup> – 23<sup>rd</sup> October: Black History Focus Week

### Dates to remember!

Friday 23<sup>rd</sup> October: End of term

Monday 2<sup>nd</sup> November: Children return

### Self-regulation

Green Zone



Blue Zone



Yellow Zone



Red Zone



At the start of the school day children need to self-regulate themselves. This involves finding their name, thinking about how they are feeling and placing their name on the matching zone of regulation. This is the perfect opportunity for you to give lots of encouragement as your child learns to recognise and regulate their feelings and emotions.

### Homework



Weekly spellings handed out every Thursday. Half termly homework project due Tuesday 27th October 2020.

## *Ways to extend your child's learning at home*

- Support your child in practising writing their first name and surname.
- Read to your child every night and talk about the author and the illustrator. Ask your child questions about the book, for example, what happened at the beginning of the story, the middle and the end.
- Encourage your child to read with you and record their reading in their reading records.
- Read out numbers in the environment and discuss their size. As you walk to school talk about two-digit door numbers, numbers on buses, car registration plates – numbers are everywhere.
- Can your child read words in the environment? Road names, shops names etc.
- Take your child to the park or national trust gardens to develop their physical skills. Enjoy a trip together to a museum (most of these are free to enter) talk about what they can see and what they enjoyed most about their visit.

### Outdoor Learning

We understand how important outdoor learning is for children's development and mental health well-being.

This year we have planned for lots of exciting and interactive outdoor learning opportunities. We hope that this will help the children with the transition from reception.



To this end, please ensure your child is dressed appropriately for the 'Great British weather' including hats and waterproof jackets as they will be going outside in all weathers.

Thank you

### Healthy Packed Lunches

If your child has a packed lunch everyday please make sure it includes foods from each of these groups

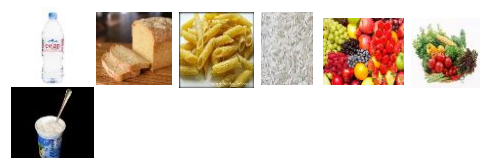
**Drink – a bottle of water**

**Fillers – bread, pasta, rice**

**Fruit, vegetables and/or salad**

**Protein – meat as part of a sandwich, rice or pasta dish.**

**Cheese/egg/fish/hummus/tofu/Quorn**



**Please do not include**  
**Nuts, chocolate biscuits, sweets, sausage rolls, hot dogs etc.**