



Monday 12th December 2022

Student Bulletin

Creating Bright Futures for All

Through Life Transforming Learning


Theme of the week - Christmas



Quiz Answers

1. Amazon and the Nile
2. The House of Commons and the House of Lords
3. Pacific
4. 1,000 years
5. A pen
6. Ben and Holly's Little Kingdom
7. 10 Downing Street
8. Jupiter
9. 30
10. Washington DC



A close-up photograph of wooden blocks on a wooden surface. Three blocks are arranged in a row to spell out 'JOB', with the letters J, O, and B. Each block has a small number in the bottom right corner: 8 for J, 1 for O, and 3 for B. Other blocks with letters like L, B, C, F, and N are scattered around.

Job of the week: Mortgage Adviser



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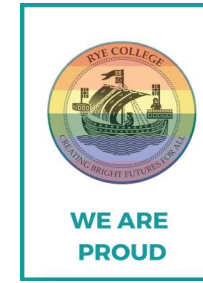
- ▶ Every week the bulletin will have a careers focus with a 'Job of the week'
- ▶ Each short video provides Labour Market Information (LMI) on a job that includes qualifications, salary, how to get there and what it entails
- ▶ [MORTGAGE ADVISER](#)



Tutor Time this week

- ▶ Monday - Bulletin
- ▶ Tuesday - Theme of the week - Christmas careers activities
- ▶ Wednesday - Wellbeing Wednesday
- ▶ Thursday - Theme of the week - Christmas careers activities
- ▶ Friday - Rewards assemblies

Christmas Concert



- ▶ Congratulations to Ms Evenden and all of the wonderful Year 7, and 11 music students and Wurlitzer students who wowed the audience with their performances in the Christmas Concert
- ▶ It was a lovely evening and helped to get everyone in the festive spirit!



Food bank donations

- ▶ Thank you to all staff and students who brought in food donations for the Rye Food bank
- ▶ Rye Food Bank were totally overwhelmed with your generosity
- ▶ The donations will make a huge difference to lots of families in our community this Christmas
- ▶ Thank you to all the Student Ambassadors and Student Leaders who met the Food Bank team and helped to load up the van



**WE ARE
KIND**

Year 10 Art: Textile Workshop

- ▶ Year 10 Art students enjoyed a fantastic textile workshop with Rosie from Romney Tweed
- ▶ Students got to use a loom and custom create their own tweed designs along with creating yarn bracelets
- ▶ Well done to all students



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PROUD**



**WE ARE
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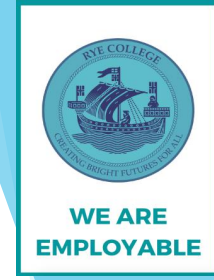
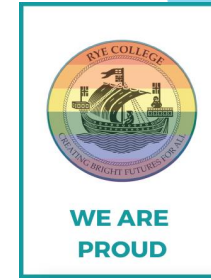
Christmas Lunch

- ▶ Students enjoyed their Christmas lunch with festive music and the company of our fantastic Student Leaders
- ▶ The Student Leaders really did us proud by setting up and helping the canteen staff to clear up between sessions and at the end
- ▶ A huge thank you to Pompea and her wonderful canteen team - the lunch was delicious!



Student Leaders Festive Bake Sale

- ▶ Well done and thank you to all staff and students who brought in bakes and helped to run the bake sale
- ▶ £123 was raised for our student enrichment fund
- ▶ Well done to Violet-Rose, Sonny and Yaren for their Star Bakes
- ▶ A special mention to Violet and Maisy with their amazing chocolate creations which sold out in record time!



Engineering trip

Year 10 Engineering students had the opportunity to visit a local manufacturing company.

- Students were able to:
- Watch engineers fabricating and wiring aircraft electronic equipment;
- See the environmental testing areas and laboratories;
- Witness the many different Equipment stages - build, repair, modification and testing;
- Speak to employees about their experiences;
- Take part in an engineering challenge, exploring encryption and code breaking in the world of data security.

The students had a great time and developed a better understanding of how products are developed in industry.



Geography Trip

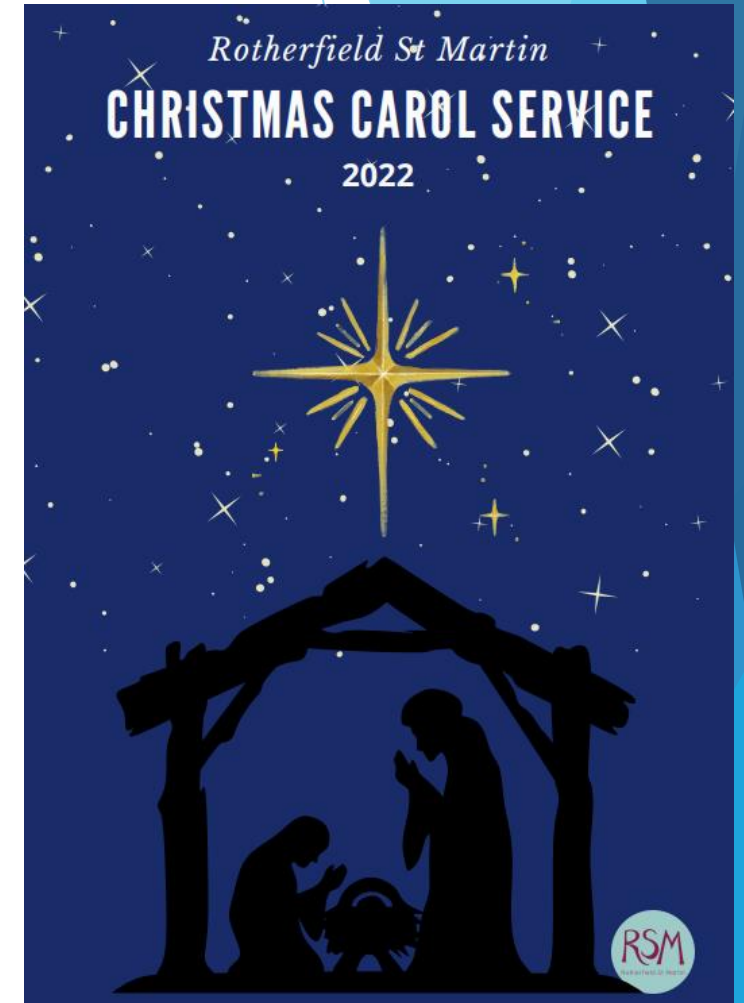
- ▶ Year 10 and 11 Geography Students visited the University of Kent Geography department.
- ▶ They were given a lecture in Geography as a taster of what it would be like to study at university.
- ▶ We also had a tour of the university to look at the facilities and Halls of Residence.
- ▶ All students gained some fantastic inspiration for their futures



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Christmas Carol Service Congratulations

- ▶ Well done to Molly B in Year 7 who sang 'Christmas Halleluja' at the Rotherfield St Martin carol service on Friday
- ▶ The service was wonderful, attended my many members of the community in Rotherfield, Crowborough and further afield.
- ▶ Molly continued to sing on request around the piano afterwards, serving tea and mince pies (White Christmas and Walking in the Air to name a few)
- ▶ There were many tears of joy shed by the elderly who were delighted to have braved the icy conditions and venture out.
- ▶ Well done, Molly and thank you for representing Rye College so beautifully in our local community. We are very proud of you.



Skiltek Girls Football



SKILTEK 

**RYE COLLEGE
FOOTBALL
CLUBS**

BOOK ONLINE
www.skilteksport.co.uk
f / skiltekfootball

Tuesdays: Girls / Years 7-10
Thursdays: Mixed / Years 7-8
Fridays: Mixed / Years 9-10

Time: 15:20 - 16:20

Rye College, The Grove, Rye, TN31 7NQ



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Please see details of new after school football clubs we have starting in January with Skiltek. Please make your bookings via the Skiltek online system www.skilteksport.co.uk.

The cost is £4 per session paid on a termly basis.

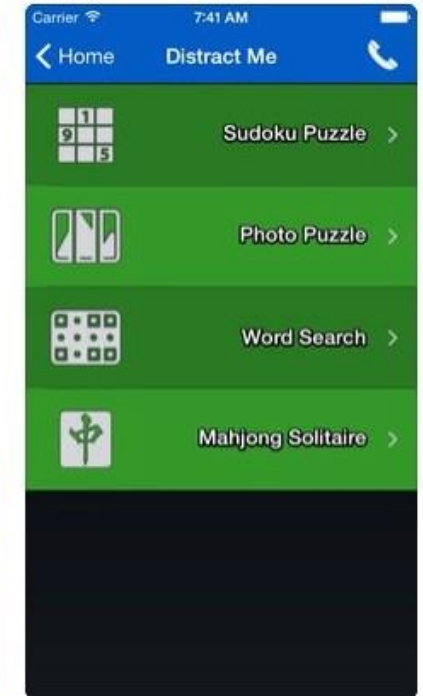


Food Technology

- ▶ This week you will be making healthy raspberry tarts
- ▶ You will need to bring in:
- ▶ Self-raising flour
- ▶ Margarine
- ▶ Caster sugar

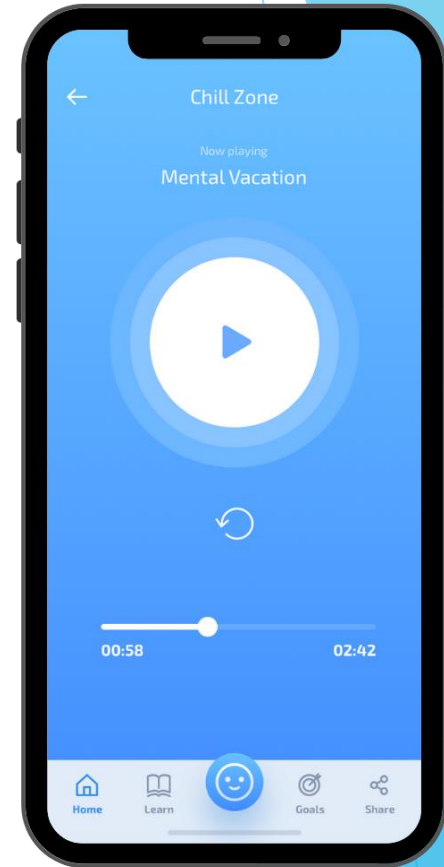
VIRTUAL HOPE BOX (Free app)

- ▶ The Virtual Hope Box App contains simple tools to help people cope with strong, unpleasant emotions.
- ▶ The app is divided into four main sections:
- ▶ Distract me - games you can play to distract yourself from negative thoughts/feelings.
- ▶ Inspire me - inspirational quotes.
- ▶ Relax me - interactive with exercises to help you manage stress such as controlled breathing.
- ▶ Coping Tools - allows you to create coping cards and activities.



Mindshift - Anxiety Relief

- ▶ Mindshift uses scientifically proven strategies based on cognitive Behavioural Therapy to help you learn to relax and be mindful.
- ▶ Helps with:
- ▶ Worry,
- ▶ Panic
- ▶ Perfectionism
- ▶ Social anxiety
- ▶ Phobias



Top tips for keeping safe Online

► **Protect your online reputation**

Use the services provided to manage your digital footprints and 'think before you post.' Content posted online can last forever and could be shared publicly by anyone.

► **Know where to find help**

Understand how to report to service providers and use blocking and deleting tools. If something happens that upsets you online, it's never too late to tell someone.

► **Don't give in to pressure**

Keep calm and keep in control; once you've pressed send you can't take it back.

► **Respect the law**

Use reliable services and know how to legally access the music, film and TV you want.

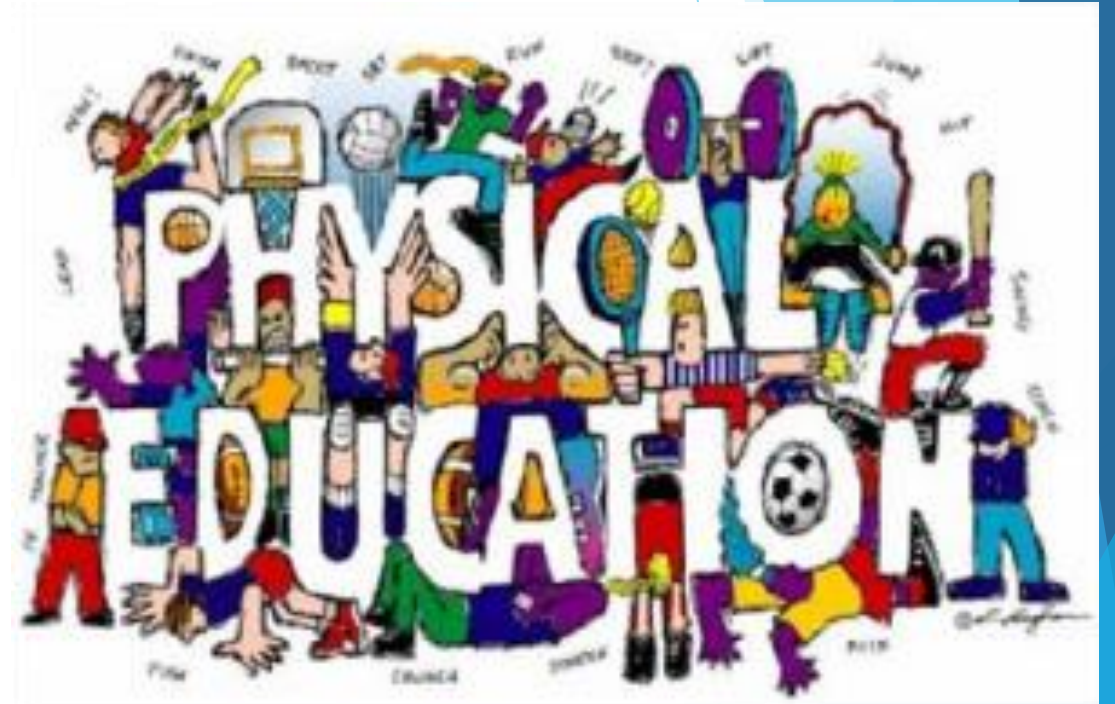
► **Acknowledge your sources**

Use trustworthy content and remember to give credit when using others' work/ideas.



Message from PE Department

- ▶ There will be no clubs this week
- ▶ Well done to everyone who has attended a club or represented the school in a fixture
- ▶ We look forward to lots of sporting success in 2023



Last day of term 2 - Friday 16th December

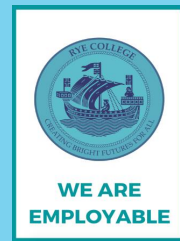
- ▶ Non-Uniform Day
- ▶ Please bring £1 donation for charity TBC
- ▶ Return to school on Wednesday 4th January - Week 1
- ▶ Well done to all students on completing the first two terms of the academic year. There have been some wonderful achievements so far.
- ▶ Enjoy a restful Christmas break.



Maths Circle



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- ▶ We are looking for students to join new Maths Circles in January 2023. If you are in Year 7 or 8, a keen mathematician, and are committed to participating in weekly Maths Circles sessions, then please see Mrs Harrison or your Maths Teacher.
- ▶ **What is a Maths Circle?**
- ▶ In a Maths Circle, each week a small group of students come together to be mathematicians together.
- ▶ **In Circle sessions you will:**
- ▶ Grapple with, and sometimes (but not always!) solve, intriguing questions
- ▶ Discover and explore exciting ideas
- ▶ Learn to think like a university mathematician - Sometimes think on your own, sometimes think in a team
- ▶ Usually your Circle will be after-school and last about an hour. There will be ten Circle sessions each term
- ▶ Some Circles meet each week in a school with a teacher, some Circles meet each week online - You can tell us what you prefer.
- ▶ Maths Circles are **completely free** if you are a student at a secondary school in the UK.





Geography Club



Year 7 & 8 - 2nd break
Wednesday Room 4

Year 9 - 3.20 -4.20pm
Thursday Room 4

All students welcome particularly
those with a keen interest in the
environment and nature



Crochet Club



Join us for a new and
exciting club

Friday Week 2,
2nd break in Room 4

Crochet is the process of creating textiles by
using a crochet hook with different materials

It is easy to do, a great stress reliever, social
and a perfect way to make handmade gifts!

Come and try it out!

Due to the
popularity of
Crochet club, this
will also run
afterschool on
Wednesdays in
room 4.
3.20 - 4pm

Pride Group

Room 26 - Mrs Willis
Tuesday breaktime
All welcome



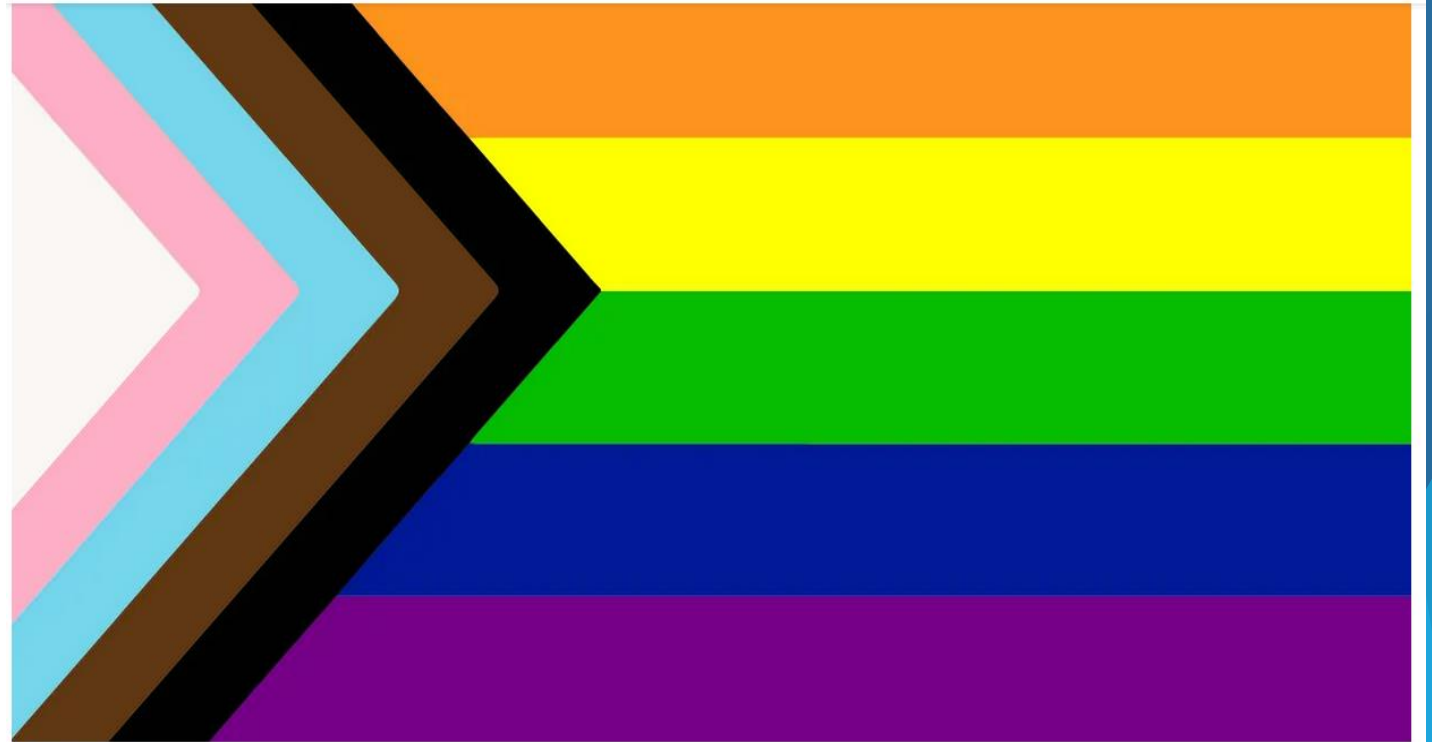
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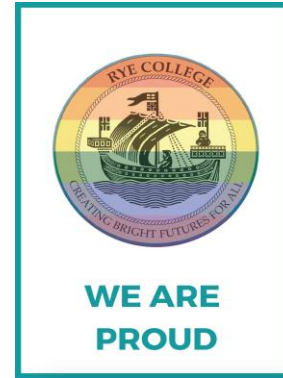


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Daniel Quasar/Facebook

What is a Pride Group?



A Pride Group is a student-led group in a school or college which provides a safe online place for students to meet, support each other, talk about issues related to sexual orientation and gender identity and expression, and work to end homophobia, biphobia and transphobia (HBT).



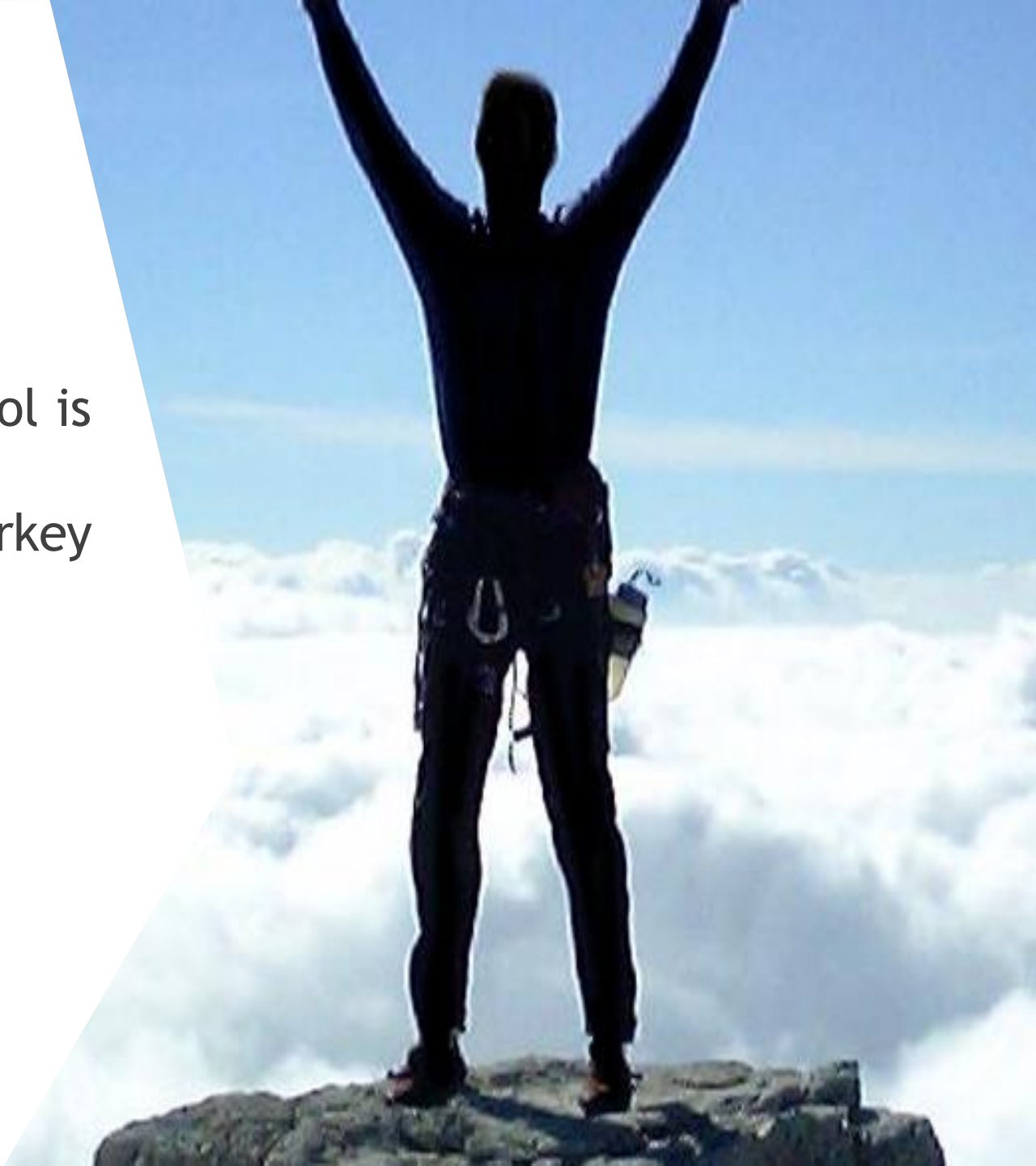
Science club - Starts this Tuesday

- ▶ Room 25
- ▶ 3.20 -4.00
- ▶ All welcome
- ▶ Theme: Space



Sharing achievements

- ▶ If you, or someone you know in school is proud of something they have done outside of school, please let Mrs Starkey know
- ▶ We would love to include this in our bulletin and put on our website and social media pages



Staying Safe



STUDENT SAFEGUARDING & SUPPORT

Rye College is committed to **'Create Bright Futures for All'**.
Safeguarding is what we do to promote your safety
and protect you from harm.



Our Safeguarding Team

We encourage all students to use this support network. You can also email any queries to: yourconcern@ryecollege.co.uk



Miss Carpenter
Designated Safeguarding Lead (DSL)
E.carpenter@ryecollege.co.uk
Location: Rye College



Mrs Gull
Assistant DSL
E.gull@ryecollege.co.uk
Location: Student Hub



Mr Downes
Assistant DSL
E.downes@ryecollege.co.uk
Location: Rye College



Mrs Mills
Assistant DSL
E.mills@ryecollege.co.uk
Location: School Office



Mrs Holmes
Assistant DSL
E.holmes@ryecollege.co.uk
Location: Student Hub



Mr Francis
Assistant DSL
E.francis@ryecollege.co.uk
Location: Rye College

External Contacts and Support Groups

There is a wide range of external support for you to access confidential help and support:

	The UK's leading children's mental health charity providing in-school support and expert training to help improve the emotional wellbeing of pupils, families, teachers and school staff. Our Place2Be School Project Manager is Inga Springell.	ispringell@ryecollege.co.uk place2be@ryecollege.co.uk 020 7923 5500 Text: 85258
	Childline is a free service that offers direct support for young people, information to help you deal with bullying, drugs and alcohol, family relationships, questions around sexual relationships, personal feelings, and school life.	0800 1111 (9am - 3:30pm) 1-2-1 Counsellor Chat Service (9am-10:30pm) www.childline.org.uk
	The National Society for the Prevention of Cruelty to Children help to prevent child abuse, helps to rebuild children's lives and support families.	0800 1111 for children (Childline's 24-hour helpline) www.nspcc.org.uk
	Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They help people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.	Text SHOUT to 85258 Free, confidential support via text, available 24/7
	i-Rock is a local East Sussex charity who can offer you advice and support on emotional and mental wellbeing, jobs, education and housing.	0800 502020 info@zonewall.org.uk

New email address

If you are worried about a friend or your own safety you can now email

Yourconcern@ryecollege.co.uk

If you do not want to talk to a member of staff about it.

This is also for sensible suggestions / concerns you may have about the college environment or behaviour of fellow students.

This will be checked weekly, and your concerns will be responded to.

Tutor Time



	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 8	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 9	Bulletin	Theme of the week	Assembly	Wellbeing	Quiz/acknowledgements
Year 10	Bulletin	Assembly	Wellbeing	Theme of the week	Quiz/acknowledgements
Year 11	Bulletin	Intervention	Intervention	Intervention	Assembly

Attendance to Line-up and Tutor time is compulsory

- As soon as you get to your desk place your equipment on your desk
- Tutors will check uniform and equipment
- Take register
- Engage with set activity
- Recap Rye Values
- Dismissal

Rye College Values



**WE ARE
PROUD**



**WE ARE
POSITIVE**



**WE ARE
EMPLOYABLE**



**WE ARE
KIND**



**WE ARE
COMMITTED**

PROUD



At Rye College, we have a sense of pride in our work, ourselves and our community. We are mindful of the presentation of our work and the standards we present. We take pride in what we produce and pay attention to details.

Our Rye College Values

POSITIVE



At Rye College, we demonstrate a positive attitude to our learning, and relationships with others. We engage in our learning with a 'can-do' attitude. We embrace challenging and thought-provoking tasks.

Our Rye College Values

EMPLOYABLE



At Rye College, we develop and nurture diverse skills, talents and abilities that support our progress within and beyond the school. We grow ourselves so we can positively participate in our community and society as a whole.

Our Rye College Values

KIND



At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.

Our Rye College Values

COMMITTED



At Rye College, we possess an ambitious attitude towards our learning and academic progress. We strive towards fulfilling our potential, demonstrating an understanding of our own strengths and weaknesses.

Our Rye College Values

MUGA Rota



	Before School	Break 1	Break 2
Monday	Year 7	Year 8	Year 9
Tuesday	Year 7	Year 10	Year 7
Wednesday	Year 7	Year 11	Year 8
Thursday	Year 7	Year 9	Year 10
Friday	Year 7	Year 7	Year 11

Rules

Only the year group allocated on that day on the MUGA - NO EXCEPTIONS (so don't ask!)

No swearing

No eating / drinking

No slide tackles

Bring your own ball.

If rules are broken the Year group will lose their next MUGA slot