



Monday 30th January 2023

Student Bulletin

Creating Bright Futures for All

Through Life Transforming Learning

Theme of the week:



Safer
Internet
Day

A close-up photograph of wooden letter blocks on a wooden surface. Three blocks are arranged in a light-colored wooden tray, spelling out the word 'JOB'. The 'J' block has a subscript '8', the 'O' block has a subscript '1', and the 'B' block has a subscript '3'. Other letter blocks are scattered around the tray, including 'B', 'C', 'F', and 'N' with various subscripts.

Job of the week: Toxicologist



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- ▶ Every week the bulletin will have a careers focus with a 'Job of the week'
- ▶ Each short video provides Labour Market Information (LMI) on a job that includes qualifications, salary, how to get there and what it entails
- ▶ [TOXICOLOGIST](#)



Tutor Time this week

- ▶ Monday - Bulletin
- ▶ Tuesday - Year 9/10 assembly
Year 7/8 Theme of the week
- ▶ Wednesday - N/A
- ▶ Thursday - Year 7/8 assembly
Year 9/10 theme of the week
- ▶ Friday - Quiz and acknowledgements
Year 11 assembly

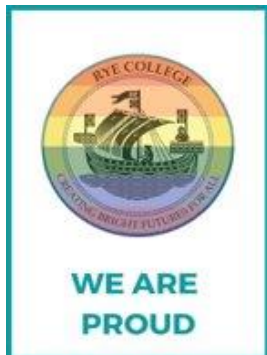
Year 11 YES Meetings



- ▶ Tutors will inform relevant students of appointment times
- ▶ Meetings will take place in the SEND meeting room (opposite Mrs Starkey and Mr Harrison's office)
- ▶ Meetings will be with Iona Smith
- ▶ Please ensure you attend these meetings on time

Conduct around school

- ▶ Please respect others as you travel through the school site
- ▶ Walk inside the buildings
- ▶ Be sensible
- ▶ Keep to the left on stairs
- ▶ Hold doors open for people
- ▶ Play fighting is not acceptable
- ▶ Put any litter in bins provided
- ▶ Smile and be kind!



Science Areas

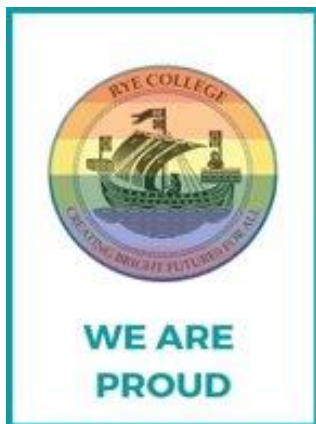


- ▶ Science areas are strictly out of bounds during breaktimes
- ▶ This has come about due to students leaving rubbish in the area and not demonstrating our Rye Values



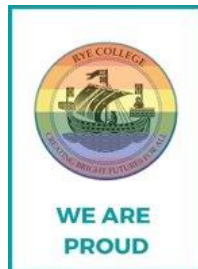
Karate Congratulations

- ▶ Audrey L, year 7, won a silver medal for sparring (fighting) and a bronze for her orange belt kata in karate last weekend
- ▶ She trains with Sensei Sean Kinsella
- ▶ Well done - Rye College is very proud of you



Judo Congratulations

- ▶ Braydon competed in Tamworth on 14th January
- ▶ He became British Judo Council National Champion for Kata, achieving this with his kata partner.
- ▶ Braydon is now British Judo Association Kata Champion, BJC British National Champion and BENG World Champion for Kata (achieved this last March, and will be defending again in April this year in Holland)
- ▶ He also received a British Judo Association National award
- ▶ Braydon and his Judo kata partner have changed the face of judo to make it more inclusive. Subsequently, the BJA are now putting kata in the adaptive championships, which is a fantastic legacy.
- ▶ They have been asked to adapt another kata, and present at another championships this year.
- ▶ Well done, Braydon. You are a true inspiration.



Food Technology Creations

Key Stage 3 students have been creating amazing pizzas in Food Technology this week. Not only are our students learning to cook but are learning some great life skills such as preparation, organisation and tidying up.





Introducing - Comic Club!



★ A new club for Comic lovers ★

Browse and read our growing selection
of graphics based novels & comics

★ Wednesdays - Library - 1st Break ★

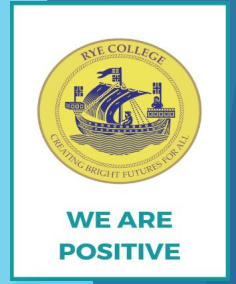
New! - Comic Club:
All Comic enthusiasts
are welcome to join.

New! - Dance Club

- ▶ Year 7+8
- ▶ Wednesday lunchtime 1:50 - 2:15
- ▶ School uniform ok to wear (no shoes)
- ▶ Shorts to be worn under skirts
- ▶ Bring food if needed
- ▶ All welcome!



Last Day of Term - Thursday 9th February



- Our Student Leaders are hosting a bake sale and tombola on **Thursday 9th February** to mark **Children's Mental Health Week**.
- Mrs Willet's crochet team will also be selling their amazing 'Worry Worms'! We're encouraging any creative families to get knitting and send in their worms to sell.
- This is our last day of term and will be a non-uniform day in the theme of '**Dress to Impress**' or students are encouraged to wear something **yellow** to show their support for the awareness week.
- We will be looking for tombola donations - mental health items such as self-help books, fidget toys, stress balls, healthy food items. Students should donate items to Tutor Groups.
- There will be prizes for 'star baker' and we're encouraging students to write a **poem** or **motivational messages** around good mental health. There will be a wishing tree to add your messages to.

Canteen Menu This Week

Find out what's on
the Canteen Menu
this week

A copy of the weekly menu
can also be found [here](#) on
our website.

THIS WEEK'S Eats.

	CHOICE One	CHOICE Two
MON	Chilli Con Carne 🍷❤️ Served with Wholegrain Rice and Spiced Sweetcorn	Vegetarian Chilli 🌱🥬❤️ Served with Wholegrain Rice
TUE	Mandarin BBQ Style Chicken Served with Stir Fried Vegetables and Peas	Chickpea and Tomato Masala 🌱🥬❤️ Served with Wholegrain Rice
WED	Roast Turkey Served with Roast Potatoes or Yorkshire Pudding, Carrots and Gravy	Crispy Topped Veggie Pie 🌱 Served with Mashed Potato, Broccoli, Sweetcorn and Gravy
THUR	Buffalo Chicken Served with Lime Ranch Dressing, Herb Diced Potatoes, Cornsaw and Sweetcorn	Vegetarian Incredible Burger 🌱❤️ Served with Herb Diced Potatoes, Cornsaw and Sweetcorn
FRI	Battered Fish Served with Chips, Baked Beans and Peas	New Yorker Quorn Dog 🌱 Served with Chips, Peas, Baked Beans and Mixed Side Salad

Week Three

W/C: 14/11, 05/12, 09/01, 30/01, 27/02, 20/03

FOOD UNION

AVAILABLE Daily




FOOD ON THE MOVE

HOT

Love Joes Burritos and Wraps
Freshly Baked Pizza
Pasta and Sauces
Topped Jacket Potatoes

COLD

A healthy selection of Fresh Salads,
Fresh Sandwiches, Baguettes and Wraps



🍏 Fruity!

❤️ Nutritionist's Choice

🌱 Vegetarian

🐟 Oily fish

🌾 Wholegrain

🕸 Halal Available

Year 8 Disco

- Year 8 don't forget to ask your families to complete the online consent form for you to attend the DISCO this week
- It has been emailed to Year 8 families



Staff v Year 9 Netball

- ▶ On Tuesday during break 2 the year 9 netball team put their training to the test to play against the staff team
- ▶ The year 9's had yet to play a game together, so this was a great warm up match for their fixture!
- ▶ The team worked well together and managed to score 2 goals during the game
- ▶ As the final whistle blew the score was 6 - 2 to the staff!
- ▶ Well done to you all, not only did you play brilliantly, but you also demonstrated many of the Rye College values including Commitment, Proud and Positive
- ▶ Well done to all those who played and an additional thank you to Violet for stepping in and helping out the staff team!



**WE ARE
PROUD**



**WE ARE
POSITIVE**



**WE ARE
COMMITTED**

Are you one of our future Student Leaders?



Applications for our new Y10 Student Leadership Team are open



Student Leaders form an integral part of our school. Their role is to:

- Role model the expectations of the College and demonstrate our Rye College values;
- Embody Rye College standards, including attendance, uniform and behaviour;
- Be a positive role model for other students to look up to;
- Be an excellent communicator, developing positive relationships with students and staff;
- Be great team players, working together on school projects and events;
- Be the 'Student Voice' - representing your fellow students' interests;
- Be a reliable and committed member of the College community;
- Be available to represent the College and act as an ambassador at school events;
- Contribute to school newsletters and communications.

Student Leaders will be drawn from our current Year 10.

Please collect an application form from Mr Williams or the School Office.

Applications need to be submitted to the school office by Thursday 9th February.

An interview process will follow with selected students announced on 6th March.

Good Luck!

Year 10 Work Experience



- ▶ If you have not found your own placement or made 4 choices on Aspire, Mrs Boyle will do this with you
- ▶ Mrs Boyle will either inform your Tutor of a time for you to meet her, or she will collect you from your lesson
- ▶ Our aim is to have everyone on the system by February half term!



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Coming soon.. February is LGBT+ History Month



- ▶ What is LGBT+ History Month^[L]_[SEP]?
- ▶ ● It first took place in the UK in 2005 (1994 in the US)^[L]_[SEP]
- ▶ ● It takes place every February across the UK^[L]_[SEP]
- ▶ ● The month is designed to increase awareness of the impact LGBT+ people have had on history as often they've been forgotten due to prejudice.

Crochet Club

- ▶ All years Welcome
- ▶ Room 4
- ▶ Wednesdays 3.20 - 4:00

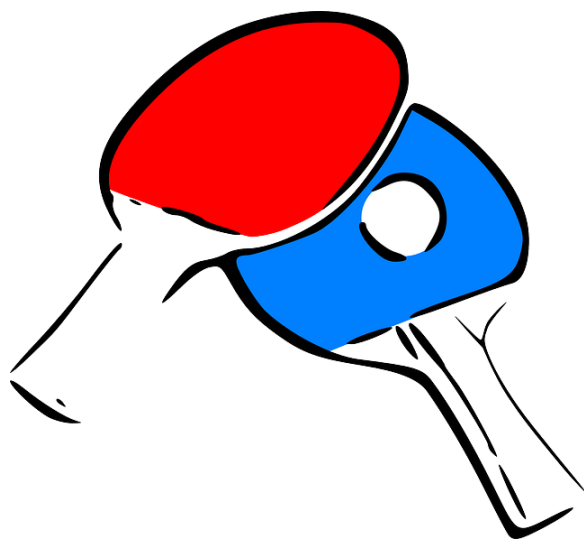


Geography Club

- ▶ Years 7 - 9
- ▶ Room 4
- ▶ Thursdays 3.20 - 4:00



Table-Tennis Club



Rye College Table Tennis Club

Tuesdays

3.20pm to 4.30pm

School Gym

Beginners Welcome. Equipment Provided

Great Fun and Very Social

Fun and Games, improve your skills or learn new ones.

Challenge the Robot

Bring a Friend or Make New Ones

First 2 Sessions Free for Students

Sport not your thing? This might be just for you!

See PE Staff for Information or **Just Turn Up**

*Qualified Table Tennis England Coach in Attendance.



Tel 07803138881

www.tabletennisrother.co.uk

A Table Tennis England Premier Club & Sport England Club Mark Accredited

Line-Up reminders

- ▶ Year 7-10 only
- ▶ Year 11 straight to form for intervention
- ▶ Line up in alphabetical order adhering to the following:
- ▶ Blazers on
- ▶ Jewellery removed
- ▶ Non-school uniform items eg hoodies, airpods, sweatshirts etc removed
- ▶ Skirts appropriate length
- ▶ If dressed incorrectly you will receive a detention and the Student Hub will provide uniform
- ▶ Wet weather - Year 7-9 Sports hall and Year 10 in the gym
- ▶ Truancy detentions will also be issued if you fail to attend line-up and are on-time to school



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PE Clubs

- ▶ Sports clubs will start from the 9th of January 2023
- ▶ All after school clubs run from 3:20 to 4:20
- ▶ Monday: All Years Netball
- ▶ Tuesday: All Years Girls Skiltek Football - £4 per session
- ▶ Wednesday: All Years Badminton Club
 - Boys Year 7 & 8 Skiltek Football - £4 per session
- ▶ Thursday: Boys Year 9 & 10 Skiltek Football - £4 per session



Rye College Fitness Suite:



- ▶ Morning 8:15 till 8:45am:
- ▶ Monday: Year 7 & 8
- ▶ Tuesday: Year 10's
- ▶ Wednesday: Year 9's
- ▶ Thursday: Year 11's

- ▶ Afterschool 3:30 till 4:20pm:
- ▶ Monday: Year 10 & 11 Girls Only
- ▶ Tuesday: Year 8 & 9
- ▶ Wednesday: Year 10 & 11 Boys

Science Club

- ▶ Continues after school on a Tuesday
- ▶ 3:20 to 4:00 in room 25
- ▶ The theme will be Marine Biology



Pride Group

Room 26 - Mrs Willis
Tuesday breaktime
All welcome



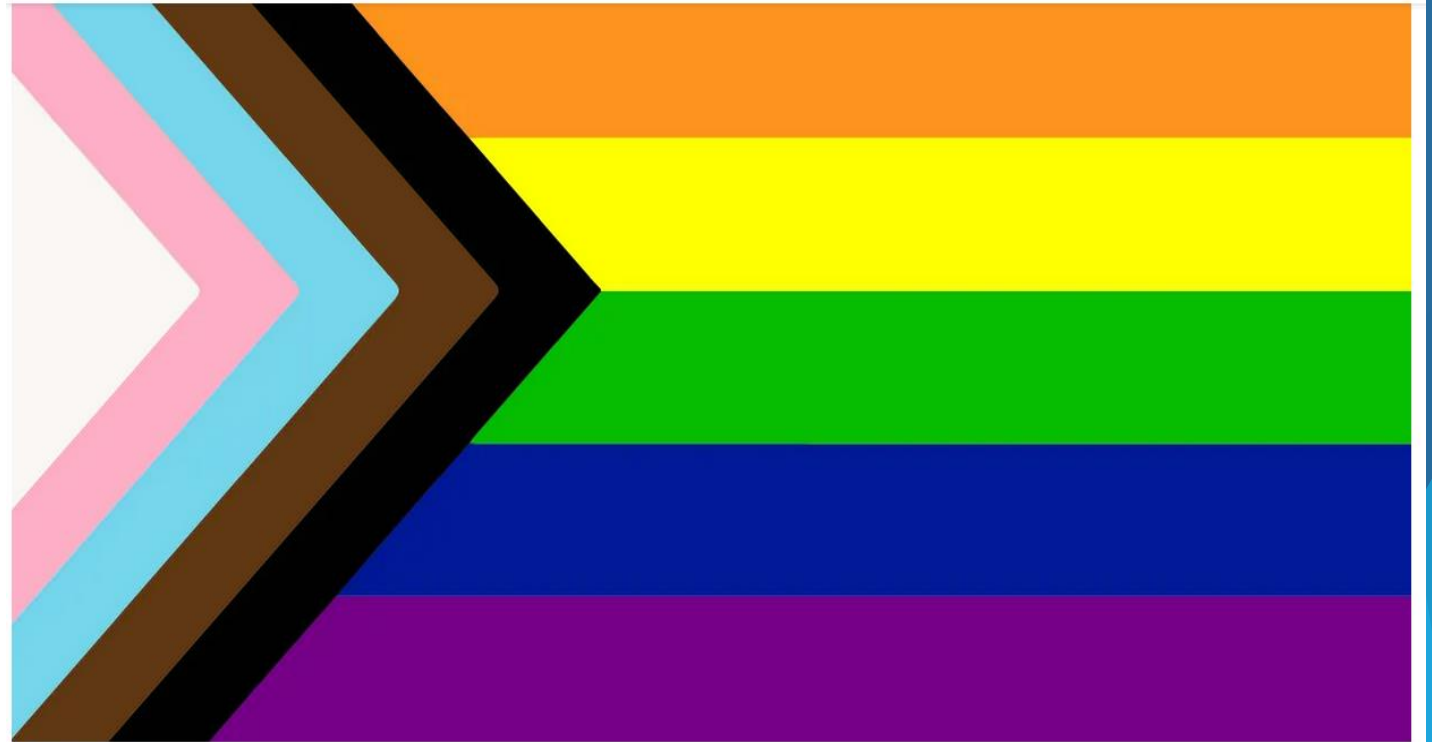
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**WE ARE
KIND**



Daniel Quasar/Facebook

What is a Pride Group?

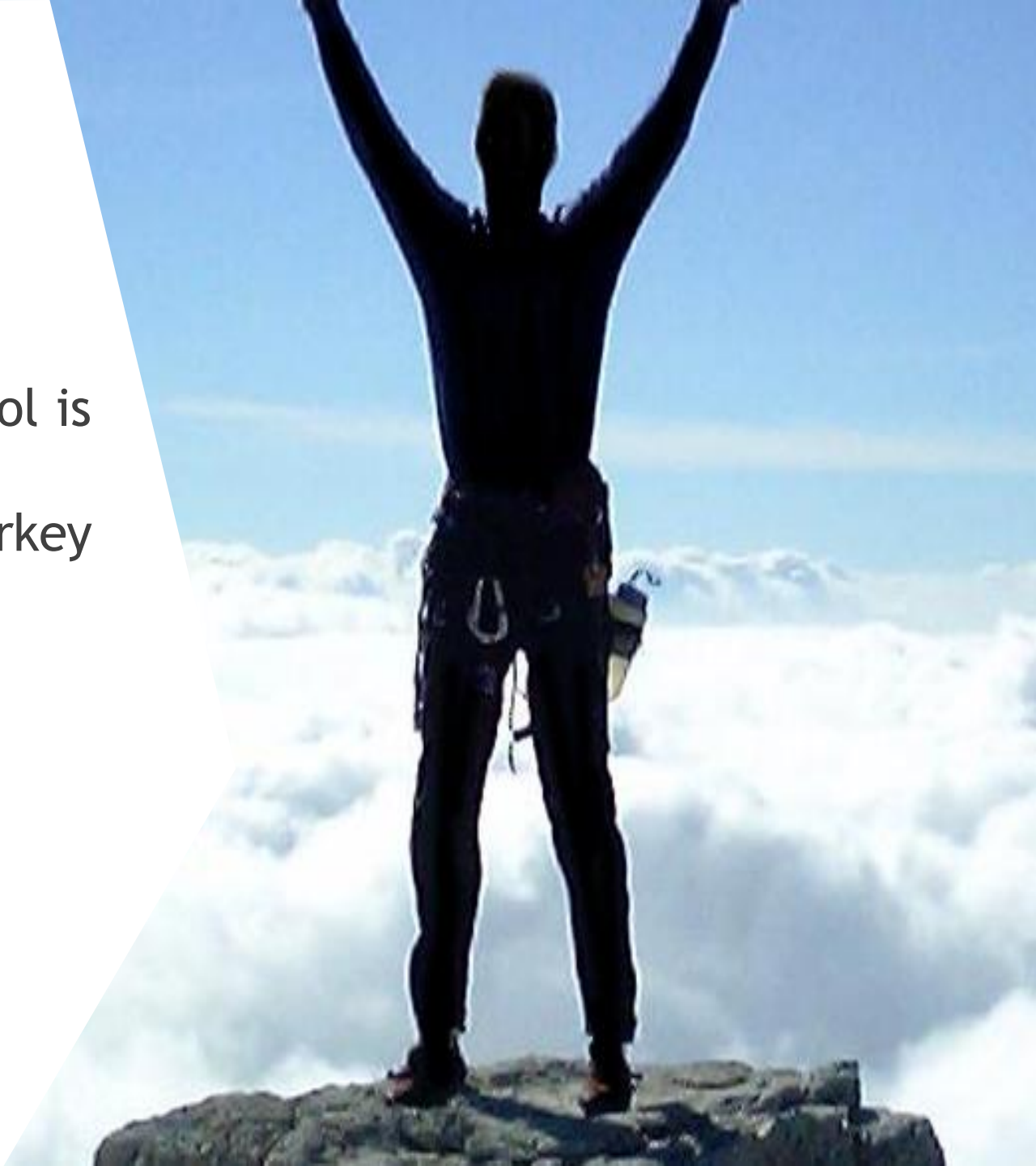


A Pride Group is a student-led group in a school or college which provides a safe online place for students to meet, support each other, talk about issues related to sexual orientation and gender identity and expression, and work to end homophobia, biphobia and transphobia (HBT).



Sharing achievements

- ▶ If you, or someone you know in school is proud of something they have done outside of school, please let Mrs Starkey know
- ▶ We would love to include this in our bulletin and put on our website and social media pages



Staying Safe



STUDENT SAFEGUARDING & SUPPORT

Rye College is committed to **'Create Bright Futures for All'**.
Safeguarding is what we do to promote your safety
and protect you from harm.



Our Safeguarding Team

We encourage all students to use this support network. You can also email any queries to: yourconcern@ryecollege.co.uk



Miss Carpenter
Designated Safeguarding Lead (DSL)
E.carpenter@ryecollege.co.uk
Location: Rye College



Mrs Gull
Assistant DSL
E.gull@ryecollege.co.uk
Location: Student Hub



Mr Downes
Assistant DSL
E.downes@ryecollege.co.uk
Location: Rye College



Mrs Mills
Assistant DSL
E.mills@ryecollege.co.uk
Location: School Office



Mrs Holmes
Assistant DSL
E.holmes@ryecollege.co.uk
Location: Student Hub



Mr Francis
Assistant DSL
E.francis@ryecollege.co.uk
Location: Rye College

External Contacts and Support Groups

There is a wide range of external support for you to access confidential help and support:

	The UK's leading children's mental health charity providing in-school support and expert training to help improve the emotional wellbeing of pupils, families, teachers and school staff. Our Place2Be School Project Manager is Inga Springell.	ispringell@ryecollege.co.uk place2be@ryecollege.co.uk 020 7923 5500 Text: 85258
	Childline is a free service that offers direct support for young people, information to help you deal with bullying, drugs and alcohol, family relationships, questions around sexual relationships, personal feelings, and school life.	0800 1111 (9am - 3:30pm) 1-2-1 Counsellor Chat Service (9am-10:30pm) www.childline.org.uk
	The National Society for the Prevention of Cruelty to Children help to prevent child abuse, helps to rebuild children's lives and support families.	0800 1111 for children (Childline's 24-hour helpline) www.nspcc.org.uk
	Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They help people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.	Text SHOUT to 85258 Free, confidential support via text, available 24/7
	i-Rock is a local East Sussex charity who can offer you advice and support on emotional and mental wellbeing, jobs, education and housing.	0800 502020 info@zonewall.org.uk

New email address

If you are worried about a friend or your own safety you can now email

Yourconcern@ryecollege.co.uk

If you do not want to talk to a member of staff about it.

This is also for sensible suggestions / concerns you may have about the college environment or behaviour of fellow students.

This will be checked weekly, and your concerns will be responded to.

Tutor Time



	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 8	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 9	Bulletin	Theme of the week	Assembly	Wellbeing	Quiz/acknowledgements
Year 10	Bulletin	Assembly	Wellbeing	Theme of the week	Quiz/acknowledgements
Year 11	Bulletin	Intervention	Intervention	Intervention	Assembly

Attendance to Line-up and Tutor time is compulsory

- As soon as you get to your desk place your equipment on your desk
- Tutors will check uniform and equipment
- Take register
- Engage with set activity
- Recap Rye Values
- Dismissal

Rye College Values



**WE ARE
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**WE ARE
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**WE ARE
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**WE ARE
KIND**



**WE ARE
COMMITTED**

PROUD



At Rye College, we have a sense of pride in our work, ourselves and our community. We are mindful of the presentation of our work and the standards we present. We take pride in what we produce and pay attention to details.

Our Rye College Values

POSITIVE



At Rye College, we demonstrate a positive attitude to our learning, and relationships with others. We engage in our learning with a 'can-do' attitude. We embrace challenging and thought-provoking tasks.

Our Rye College Values

EMPLOYABLE



At Rye College, we develop and nurture diverse skills, talents and abilities that support our progress within and beyond the school. We grow ourselves so we can positively participate in our community and society as a whole.

Our Rye College Values

KIND



At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.

Our Rye College Values

COMMITTED



At Rye College, we possess an ambitious attitude towards our learning and academic progress. We strive towards fulfilling our potential, demonstrating an understanding of our own strengths and weaknesses.

Our Rye College Values

MUGA Rota



	Before School	Break 1	Break 2
Monday	Year 7	Year 8	Year 9
Tuesday	Year 7	Year 10	Year 7
Wednesday	Year 7	Year 11	Year 8
Thursday	Year 7	Year 9	Year 10
Friday	Year 7	Year 7	Year 11

Rules

Only the year group allocated on that day on the MUGA - NO EXCEPTIONS (so don't ask!)

No swearing

No eating / drinking

No slide tackles

Bring your own ball.

If rules are broken the Year group will lose their next MUGA slot