



Monday 6th February 2023

Student Bulletin

Creating Bright Futures for All

Through Life Transforming Learning




Theme of the week:
National Apprenticeships week



Year 9 and 10 Apprenticeship Assembly

- ▶ Lawrie Alford from Amazing Apprenticeships is delivering the assembly on Tuesday
- ▶ It would be great if Year 9 and 10 students could prepare some questions to ask after his presentation
- ▶ Please discuss today, after you have been through this bulletin



A close-up photograph of wooden Scrabble tiles. Three tiles are placed in a wooden tray, spelling out the word 'JOB'. The tiles are light-colored wood with black lettering. The 'J' tile has a subscript '8', the 'O' tile has a subscript '1', and the 'B' tile has a subscript '3'. Other tiles are scattered around the tray on a wooden surface.

Job of the week: UX designer



**WE ARE
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- ▶ Every week the bulletin will have a careers focus with a 'Job of the week'
- ▶ Each short video provides Labour Market Information (LMI) on a job that includes qualifications, salary, how to get there and what it entails
- ▶ [UX DESIGNER](#)



Tutor Time this week

- ▶ Monday - Bulletin
- ▶ Tuesday - Year 9/10 assembly
Year 7/8 Theme of the week
- ▶ Wednesday - N/A
- ▶ Thursday - Year 7/8 assembly
Year 9/10 theme of the week
- ▶ Friday - INSET day

Punctuality

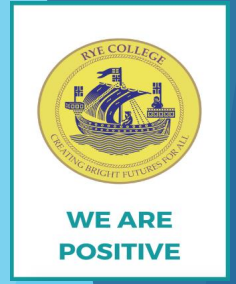
- ▶ Due to an increasing number of students arriving late to lessons the following will be in place from Monday:
- ▶ Students, who are more than 5 minutes late without a note from a member of staff, are recorded as such on ClassCharts
- ▶ They will receive a 30-minute curriculum area detention.
- ▶ In line with other detentions, students who fail to attend the curriculum 'late' detention will receive a 60-minute CLT detention.
- ▶ Students are also wasting valuable learning time if they are allowed out to use the toilet/collect equipment etc during lessons. As a result, students **will not** be let out of lessons, unless they have a toilet card
- ▶ Punctuality is a key employability skill - if you are constantly late to a job, you are likely to lose it!
- ▶ Be Employable!



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Last Day of Term - Thursday 9th February



- Our Student Leaders are hosting a bake sale and tombola on **Thursday 9th February** to mark **Children's Mental Health Week**.
- Mrs Willet's crochet team will also be selling their amazing 'Worry Worms'! We're encouraging any creative families to get knitting and send in their worms to sell.
- This is our last day of term and will be a non-uniform day in the theme of '**Dress to Impress**' or students are encouraged to wear something **yellow** to show their support for the awareness week.
- We will be looking for tombola donations - mental health items such as self-help books, fidget toys, stress balls, healthy food items. Students should donate items to Tutor Groups.
- There will be prizes for '**star baker**' and we're encouraging students to write a **poem** or **motivational messages** around good mental health.



February is LGBTQ+ History Month



What Is the Aim of LGBTQ+ History Month?

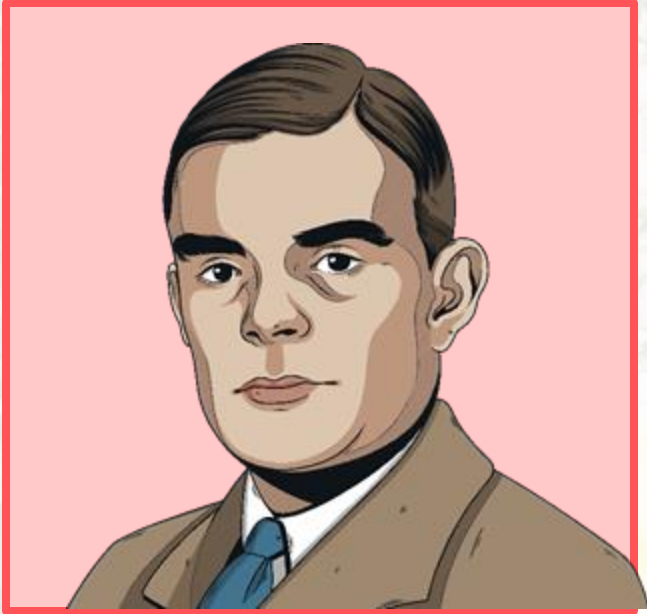
The overall aim of LGBTQ+ History Month is to promote equality and diversity for the benefit of the public.

This is done by:

- increasing the visibility of LGBTQ+ people, their history, lives and their experiences in the curriculum and culture of educational and other institutions, and in the wider community;
- raising awareness and advancing education on matters affecting the LGBTQ+ community;
- working to make educational and other institutions safe spaces for all LGBTQ+ communities;
- promoting the welfare of LGBTQ+ people by ensuring that the education system recognises and enables them to achieve their full potential, so that they contribute to society and lead fulfilled lives, thus benefiting society as a whole.

[About LGBTQ+ History Month](#)

Alan Turing



- Alan Turing was a pioneering English mathematician, computer scientist, philosopher and code-breaker (among other things).
- Turing was highly influential in the development of theoretical computer science, and is widely considered to be the 'father of modern computing'.
- He was prosecuted because of his sexuality in 1952.
- He has since been pardoned under the 'Alan Turing Law' and is the face of the new £50 bank note that launched in 2021.

"We can only see a short distance ahead, but we can see plenty there that needs to be done."¹

¹ www.turing.ac.uk/blog/what-alan-turing-means-us

Bayard Rustin



- Bayard Rustin was an American civil rights activist and adviser to Martin Luther King Jr.
- Rustin identified as gay and was arrested in 1953 for having sex with a man
- He spent 50 days in prison and was registered as a sex offender.
- This led to him taking a less public role in the civil rights movement, but he was still a key figure in organising the 1963 March on Washington, where Martin Luther King Jr. delivered his famous 'I Have a Dream' speech.
- In the 1970s, Rustin became a public advocate for gay rights.

"You have to join every other movement for the freedom of people." ²

² www.advocate.com/arts-entertainment/people/2015/01/01/brother-brother-interview-between-bayard-rustin-and-joseph-beam

New Cricket Opportunities for everyone



**WE ARE
POSITIVE**



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RYE CRICKET CLUB GIRLS SECTION 2023



Venue:
Rye Sports Centre
Cost: £40.
New participants £30
(first two weeks free).

This year Rye CC is forming a girls section!
We start Tuesday 7th March for 8 weeks.

**7:00-8:00pm Girls only sessions (Supported by
Sussex County Womens Cricket Club coaches).**

Contact: Martin Blincow for info / to sign up.
Mobile: 07535 482006 / email: blincsfamily@aol.com

RYE CRICKET CLUB YEAR 7-11 HARDBALL



Venue:
Rye Sports Centre
Cost: £40.
New participants £30
(first two weeks free).

**This year Rye CC is running Years 7-11 hardball
cricket training sessions.**

We start Thursday 2nd March for 8 weeks.

7:00-8:00pm Mixed ability hard ball session.

Contact: Martin Blincow for info / to sign up.
Mobile: 07535 482006 / email: blincsfamily@aol.com

PE Notices

Year 11 Netball Match Practice:

- ▶ All welcome to come to Netball Club on Monday after school.
- ▶ If as a team, you would like to play on Wednesday after school 3:30 - 4:00 or 4:20pm please come and let me know.

Netball Fixture Year 7 & Year 11 Away:

- ▶ If you're playing in either of the two away matches:
- ▶ You must bring in your Red PE top or an alternative top (preferable red) and some leggings/shorts/skort/joggers and trainers.
- ▶ During break 2 please get some lunch then head to the PE block to get changed (and possibly have a practice).
- ▶ We are leaving at 14:25.
- ▶ If you have NOT brought your letter in, I MUST have it by tomorrow or unfortunately I will have to cancel the fixture.

Year 10 Sport Science

- ▶ Coursework/homework support after school on Tuesday 3:30 until 4:20pm in room 30.

Year 8 Football

- ▶ Any year 8's who would be interested in playing in a football game in March, please can you let Miss Mitchell know so she has a list of names to consider.



**WE ARE
COMMITTED**



Canteen Menu This Week

Find out what's on the Canteen Menu this week

A copy of the weekly menu can also be found [here](#) on our website.

THIS WEEK'S Eats.

	CHOICE One	CHOICE Two
MON	Sriracha Glazed Chicken Burger Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw	Devil's Kitchen Vegetarian Burger  Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw
TUE	West African Chicken Rice  Served with Mixed Side Salad	Cauliflower Mac 'n' Cheese  Served with Garlic and Herb Bread
WED	Roast Glazed Ham Served with Roast Potatoes or Yorkshire Pudding, Carrots and Gravy	Sweet Potato Chickpea Roast   Served with Roast Potatoes or Yorkshire Pudding, Carrots and Gravy
THUR	Sloppy Joe Burger Served with Baked Garlic and Herb Wedges	Yellow Vegetable Curry    Served with Wholegrain Rice and Sweetcorn
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegan Sausage Roll  Served with Chips, Baked Beans and Peas

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Week One

W/C: 31/10, 21/11, 12/12, 16/01,
06/02, 06/03, 27/03

FOOD UNION

AVAILABLE Daily

FOOD ON THE MOVE

HOT

Love Joes Burritos and Wraps
Freshly Baked Pizza
Pasta and Sauces
Topped Jacket Potatoes

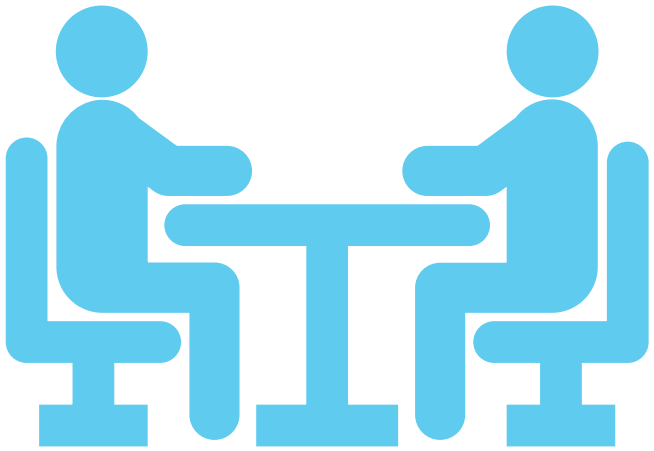
COLD

A healthy selection of Fresh Salads,
Fresh Sandwiches, Baguettes and Wraps



 Fruity!  Nutritionist's Choice  Vegetarian  Oily fish  Wholegrain  Halal Available

Year 11 YES Meetings



- ▶ Tutors will inform relevant students of appointment times - This week they take place on Monday 6th
- ▶ Meetings will take place in the SEND meeting room (opposite Mrs Starkey and Mr Harrison's office)
- ▶ Meetings will be with Iona Smith
- ▶ Please ensure you attend these meetings on time

Are you one of our future Student Leaders?



Applications for our new Y10 Student Leadership Team are open



Student Leaders form an integral part of our school. Their role is to:

- Role model the expectations of the College and demonstrate our Rye College values;
- Embody Rye College standards, including attendance, uniform and behaviour;
- Be a positive role model for other students to look up to;
- Be an excellent communicator, developing positive relationships with students and staff;
- Be great team players, working together on school projects and events;
- Be the 'Student Voice' - representing your fellow students' interests;
- Be a reliable and committed member of the College community;
- Be available to represent the College and act as an ambassador at school events;
- Contribute to school newsletters and communications.

Student Leaders will be drawn from our current Year 10.

Please collect an application form from Mr Williams or the School Office.

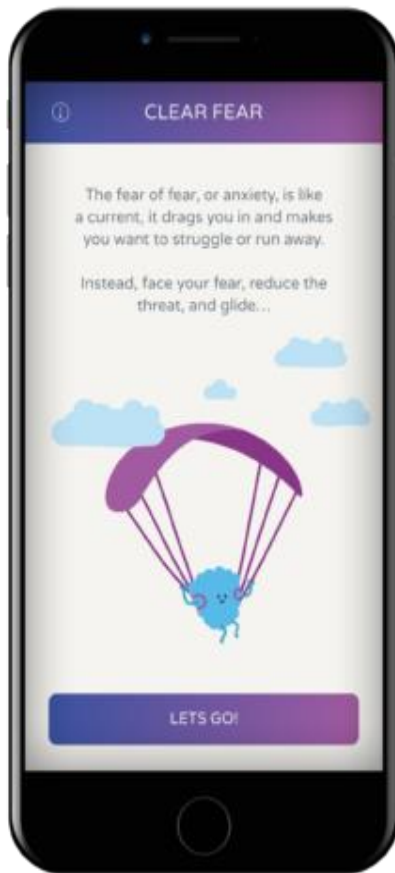
Applications need to be submitted to the school office by Thursday 9th February.

An interview process will follow with selected students announced on 6th March.

Good Luck!

Clear Fear App:

www.clearfear.co.uk



- ▶ The fear of threat, or anxiety, is like a strong gust of wind. It drags you in and makes you want to fight it or run away.
- ▶ Instead, face your fear with the free Clear Fear app and learn to reduce the physical responses to threat as well as changing thoughts and behaviours and releasing emotions.
- ▶ Anxiety is a natural response to fear, threat and apprehension. However, when anxiety is extreme or goes on for a long time, or the response to a threat is disproportionately large and affects a person negatively, it may become an anxiety disorder.

Combined Minds: Combinedmind.co.uk



- ▶ Combined Minds is an app developed for teenage mental health to help support young people with their mental health.
- ▶ This approach focusses on the positive attributes of the person and builds on resourcefulness and resilience.



Year 10 Work Experience



- ▶ If you have not found your own placement or made 4 choices on Aspire, Mrs Boyle will do this with you
- ▶ Mrs Boyle will either inform your Tutor of a time for you to meet her, or she will collect you from your lesson
- ▶ Our aim is to have everyone on the system by February half term!



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Line-Up reminders

- ▶ Year 7-10 only
- ▶ Year 11 straight to form for intervention
- ▶ Line up in alphabetical order adhering to the following:
- ▶ Blazers on
- ▶ Jewellery removed
- ▶ Non-school uniform items eg hoodies, airpods, sweatshirts etc removed
- ▶ Skirts appropriate length
- ▶ If dressed incorrectly you will receive a detention and the Student Hub will provide uniform
- ▶ Wet weather - Year 7-9 Sports hall and Year 10 in the gym
- ▶ Truancy detentions will also be issued if you fail to attend line-up and are on-time to school



**WE ARE
PROUD**



**WE ARE
POSITIVE**



**WE ARE
EMPLOYABLE**



**WE ARE
COMMITTED**

New! - Dance Club

- ▶ Year 7+8
- ▶ Wednesday lunchtime 1:50 - 2:15
- ▶ School uniform ok to wear (no shoes)
- ▶ Shorts to be worn under skirts
- ▶ Bring food if needed
- ▶ All welcome!





Introducing - Comic Club!



★ A new club for Comic lovers ★

Browse and read our growing selection
of graphics based novels & comics

★ Wednesdays - Library - 1st Break ★

New! - Comic Club:
All Comic enthusiasts
are welcome to join.

Crochet Club

- ▶ All years Welcome
- ▶ Room 4
- ▶ Wednesdays 3.20 - 4:00

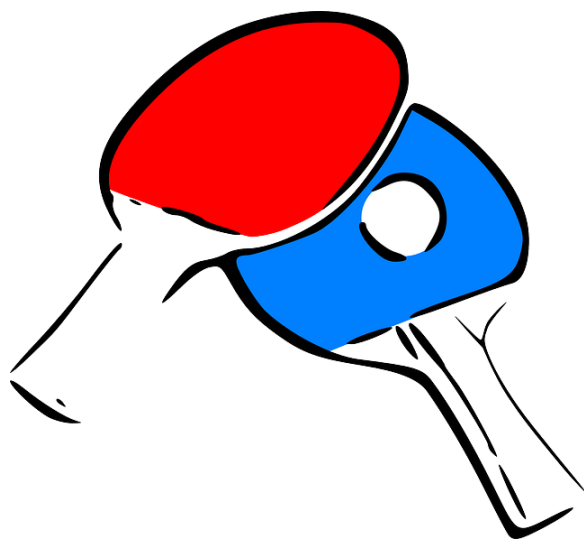


Geography Club

- ▶ Years 7 - 9
- ▶ Room 4
- ▶ Thursdays 3.20 - 4:00



Table-Tennis Club



Rye College Table Tennis Club

Tuesdays

3.20pm to 4.30pm

School Gym

Beginners Welcome. Equipment Provided

Great Fun and Very Social

Fun and Games, improve your skills or learn new ones.

Challenge the Robot

Bring a Friend or Make New Ones

First 2 Sessions Free for Students

Sport not your thing? This might be just for you!

See PE Staff for Information or **Just Turn Up**

*Qualified Table Tennis England Coach in Attendance.



Tel 07803138881

www.tabletennisrother.co.uk

A Table Tennis England Premier Club & Sport England Club Mark Accredited

PE Clubs

- ▶ Sports clubs will start from the 9th of January 2023
- ▶ All after school clubs run from 3:20 to 4:20
- ▶ Monday: All Years Netball
- ▶ Tuesday: All Years Girls Skiltek Football - £4 per session
- ▶ Wednesday: All Years Badminton Club
 - Boys Year 7 & 8 Skiltek Football - £4 per session
- ▶ Thursday: Boys Year 9 & 10 Skiltek Football - £4 per session



Rye College Fitness Suite:



- ▶ Morning 8:15 till 8:45am:
- ▶ Monday: Year 7 & 8
- ▶ Tuesday: Year 10's
- ▶ Wednesday: Year 9's
- ▶ Thursday: Year 11's

- ▶ Afterschool 3:30 till 4:20pm:
- ▶ Monday: Year 10 & 11 Girls Only
- ▶ Tuesday: Year 8 & 9
- ▶ Wednesday: Year 10 & 11 Boys

Science Club

- ▶ Continues after school on a Tuesday
- ▶ 3:20 to 4:00 in room 25
- ▶ The theme will be Marine Biology



Pride Group

Room 26 - Mrs Willis
Tuesday breaktime
All welcome



**WE ARE
PROUD**



**WE ARE
POSITIVE**



**WE ARE
KIND**



Daniel Quasar/Facebook

What is a Pride Group?

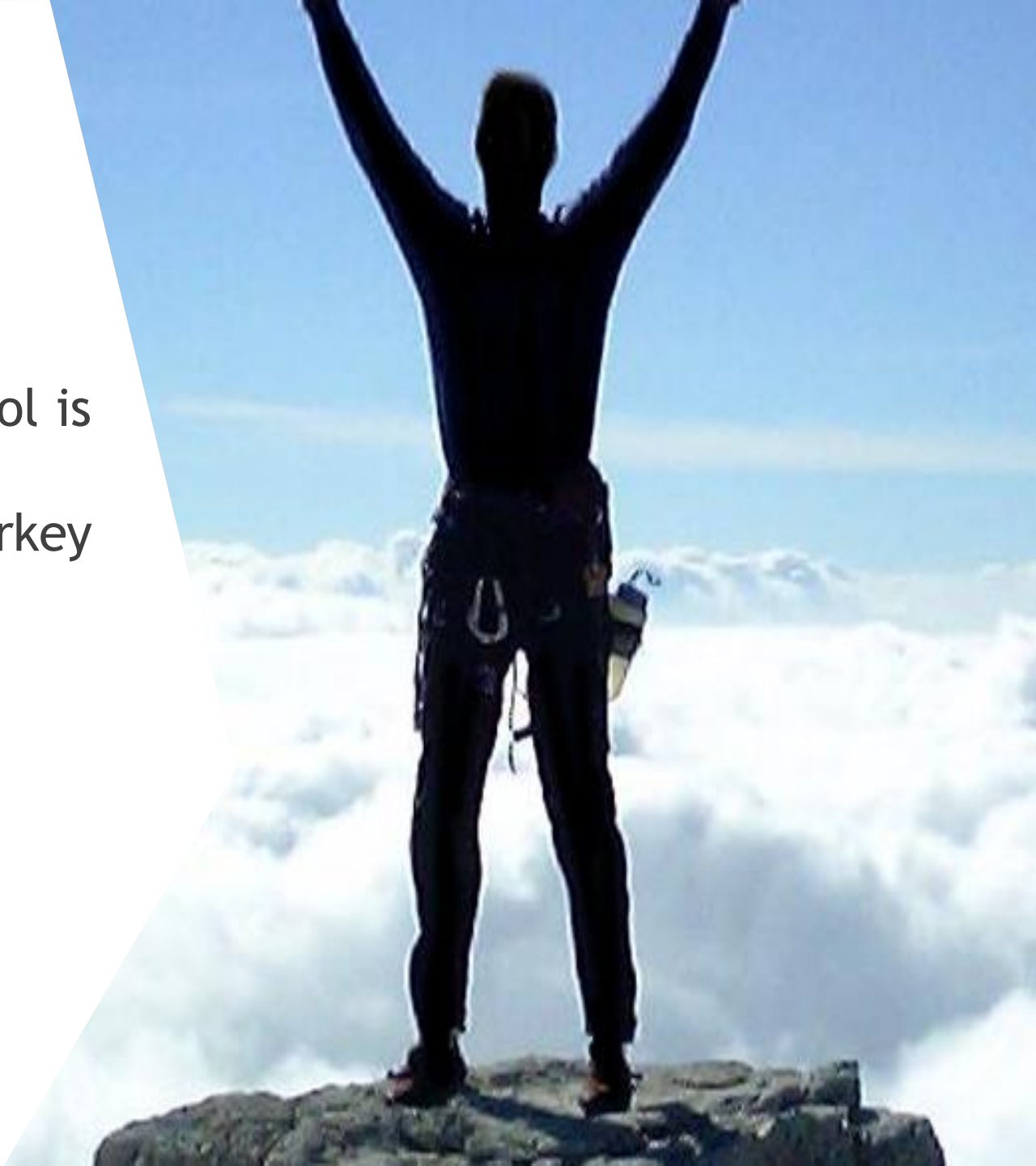


A Pride Group is a student-led group in a school or college which provides a safe online place for students to meet, support each other, talk about issues related to sexual orientation and gender identity and expression, and work to end homophobia, biphobia and transphobia (HBT).



Sharing achievements

- ▶ If you, or someone you know in school is proud of something they have done outside of school, please let Mrs Starkey know
- ▶ We would love to include this in our bulletin and put on our website and social media pages



Staying Safe



STUDENT SAFEGUARDING & SUPPORT

Rye College is committed to **'Create Bright Futures for All'**.
Safeguarding is what we do to promote your safety
and protect you from harm.



Our Safeguarding Team

We encourage all students to use this support network. You can also email any queries to: yourconcern@ryecollege.co.uk



Miss Carpenter
Designated Safeguarding Lead (DSL)
E.carpenter@ryecollege.co.uk
Location: Rye College



Mrs Gull
Assistant DSL
E.gull@ryecollege.co.uk
Location: Student Hub



Mr Downes
Assistant DSL
E.downes@ryecollege.co.uk
Location: Rye College



Mrs Mills
Assistant DSL
E.mills@ryecollege.co.uk
Location: School Office



Mrs Holmes
Assistant DSL
E.holmes@ryecollege.co.uk
Location: Student Hub



Mr Francis
Assistant DSL
E.francis@ryecollege.co.uk
Location: Rye College

External Contacts and Support Groups

There is a wide range of external support for you to access confidential help and support:

	The UK's leading children's mental health charity providing in-school support and expert training to help improve the emotional wellbeing of pupils, families, teachers and school staff. Our Place2Be School Project Manager is Inga Springell.	ispringell@ryecollege.co.uk place2be@ryecollege.co.uk 020 7923 5500 Text: 85258
	Childline is a free service that offers direct support for young people, information to help you deal with bullying, drugs and alcohol, family relationships, questions around sexual relationships, personal feelings, and school life.	0800 1111 (9am - 3:30pm) 1-2-1 Counsellor Chat Service (9am-10:30pm) www.childline.org.uk
	The National Society for the Prevention of Cruelty to Children help to prevent child abuse, helps to rebuild children's lives and support families.	0800 1111 for children (Childline's 24-hour helpline) www.nspcc.org.uk
	Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They help people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.	Text SHOUT to 85258 Free, confidential support via text, available 24/7
	i-Rock is a local East Sussex charity who can offer you advice and support on emotional and mental wellbeing, jobs, education and housing.	0800 502020 info@zonewall.org.uk

New email address

If you are worried about a friend or your own safety you can now email

Yourconcern@ryecollege.co.uk

If you do not want to talk to a member of staff about it.

This is also for sensible suggestions / concerns you may have about the college environment or behaviour of fellow students.

This will be checked weekly, and your concerns will be responded to.

Tutor Time



	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 8	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 9	Bulletin	Theme of the week	Assembly	Wellbeing	Quiz/acknowledgements
Year 10	Bulletin	Assembly	Wellbeing	Theme of the week	Quiz/acknowledgements
Year 11	Bulletin	Intervention	Intervention	Intervention	Assembly

Attendance to Line-up and Tutor time is compulsory

- As soon as you get to your desk place your equipment on your desk
- Tutors will check uniform and equipment
- Take register
- Engage with set activity
- Recap Rye Values
- Dismissal

Rye College Values



**WE ARE
PROUD**



**WE ARE
POSITIVE**



**WE ARE
EMPLOYABLE**



**WE ARE
KIND**



**WE ARE
COMMITTED**

PROUD



At Rye College, we have a sense of pride in our work, ourselves and our community. We are mindful of the presentation of our work and the standards we present. We take pride in what we produce and pay attention to details.

Our Rye College Values

POSITIVE



At Rye College, we demonstrate a positive attitude to our learning, and relationships with others. We engage in our learning with a 'can-do' attitude. We embrace challenging and thought-provoking tasks.

Our Rye College Values

EMPLOYABLE



At Rye College, we develop and nurture diverse skills, talents and abilities that support our progress within and beyond the school. We grow ourselves so we can positively participate in our community and society as a whole.

Our Rye College Values

KIND



At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.

Our Rye College Values

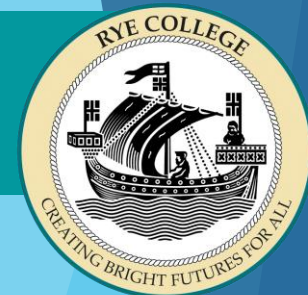
COMMITTED



At Rye College, we possess an ambitious attitude towards our learning and academic progress. We strive towards fulfilling our potential, demonstrating an understanding of our own strengths and weaknesses.

Our Rye College Values

MUGA Rota



	Before School	Break 1	Break 2
Monday	Year 7	Year 8	Year 9
Tuesday	Year 7	Year 10	Year 7
Wednesday	Year 7	Year 11	Year 8
Thursday	Year 7	Year 9	Year 10
Friday	Year 7	Year 7	Year 11

Rules

Only the year group allocated on that day on the MUGA - NO EXCEPTIONS (so don't ask!)

No swearing

No eating / drinking

No slide tackles

Bring your own ball.

If rules are broken the Year group will lose their next MUGA slot