



- Respectful
- Trustworthy
- Understanding
- Maintain healthy and positive relationships
- Tolerant of different faiths and beliefs
- Celebrate individual differences
- Good citizens
- Inclusive

YEAR
11

- **RSHE** - Testicular and breast examination, sex in the media, healthy relationships, consent, coercion and persuasion, communication and negotiating effective use of contraception, pregnancy pathways and parenthood
- **Exam Wellbeing** - Coping with stress

YEAR
10

- **County Lines** - Understanding vulnerabilities and grooming, positive relationships
- **Harmful Sexual Relationships** – Acceptable/Unacceptable behavior, abuse, respect
- **RSHE** - Body image, gender identity and sexuality, healthy relationships – consent within sexual activities, readiness for intimacy, contraception, pregnancy pathways

- **Stereotypes** - Gender stereotypes, the Apprentice, stereotypes in the workplace, challenging stereotypes
- **Mental Health** - Physical v mental health, stigma, coping with mental health issues
- **VAWG** – Language, controlling behavior, gas-lighting
- **E-Safety** - Grooming
- **RSHE** - Self esteem, sex and the media, consent, contraception, STIs, accessing help and support

YEAR
9

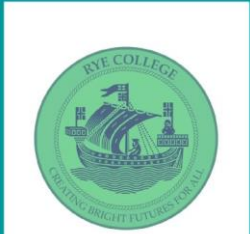
- **Identity and Discrimination** - Individual differences, What is discrimination? EDI project
- **Mental Health** - What do you know about mental health? Self-esteem, being yourself, mental health challenges, personal stories, getting help and support
- **Bullying** - Why people bully, types of bullying, staying positive
- **E-safety**
- **RSHE** - HPV, diversity in gender and sexuality, romantic and sexual relationships, marriage and the law, sexting, peer support

YEAR
8

- **Community** - Being a good citizen, what is a community? Community project
- **Mental Health** - Understanding healthy minds, myths and facts, slammer scenarios, making a difference
- **Healthy Lifestyles** - What is a healthy lifestyle, healthy eating, personal hygiene.
- **Bullying** - Bullies and victims, giving advice.
- **E-safety** – Social media, online images
- **RSHE**- The body and how it works, different relationships, same love, healthy relationships

YEAR
7

At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.



WE ARE KIND