



Monday 27th March 2023

Student Bulletin



Creating Bright Futures for All

Through Life Transforming Learning



Theme of the week:
Autism Awareness

A close-up photograph of wooden Scrabble tiles. Three tiles are placed in a wooden tray, spelling out the word 'JOB'. The tiles are light-colored wood with black lettering. The 'J' tile has a subscript '8', the 'O' tile has a subscript '1', and the 'B' tile has a subscript '3'. Other tiles are scattered around, including one with 'N' and another with 'B'.

Job of the week: Barista



**WE ARE
EMPLOYABLE**

- ▶ Every week the bulletin will have a careers focus with a 'Job of the week'
- ▶ Each short video provides Labour Market Information (LMI) on a job that includes qualifications, salary, how to get there and what it entails
- ▶ [BARISTA](#)



Tutor Time this week

- ▶ Monday - Year 7&8 assembly in the gym/Year 9-11 bulletin
- ▶ Tuesday - Year 10&11 assembly in the hall/ Year 7&8 bulletin / Year 9 theme of the week
- ▶ Wednesday - Year 9 assembly in the gym/7, 8 & 10 Wellbeing
- ▶ Thursday Year 7,8 & 10 theme of the week/ Year 9 wellbeing
- ▶ Friday - Year 11 assembly / Year 7-10 Quiz and acknowledgements

School Entrance/Exit



No Entry



**Students please
enter school
via the back gate**

- ▶ Students should only enter the school site via the back gate
- ▶ Only students with permission to do so, or students arriving at school after 9am (who need to be signed in) can enter school via reception.
- ▶ We also ask that students who are dropped to school by car in the morning are dropped off in the Freedom Leisure Centre car park, not the Rye College visitor and staff car park.
- ▶ The back gate should also be used for leaving school
- ▶ The only reason for leaving via reception is if you are being collected for an appointment during the school day



University Game

- ▶ Congratulations to all year 7 students who took part in the University Game with the University of Brighton
- ▶ The Ambassadors said that you represented Rye College Well, were fully engaged and a pleasure to work with!



Admin Corridor through to Science



Please be respectful when using this corridor as people are trying to work



Please walk and keep noise levels low



The staff kitchen in this corridor is strictly out of bounds

Year 8 Trip to the University of Brighton



All 45 students attending should meet in the Sports Centre carpark at 8:10am, ready to leave at promptly at 8:15am



We will return to school at approximately 3:45pm



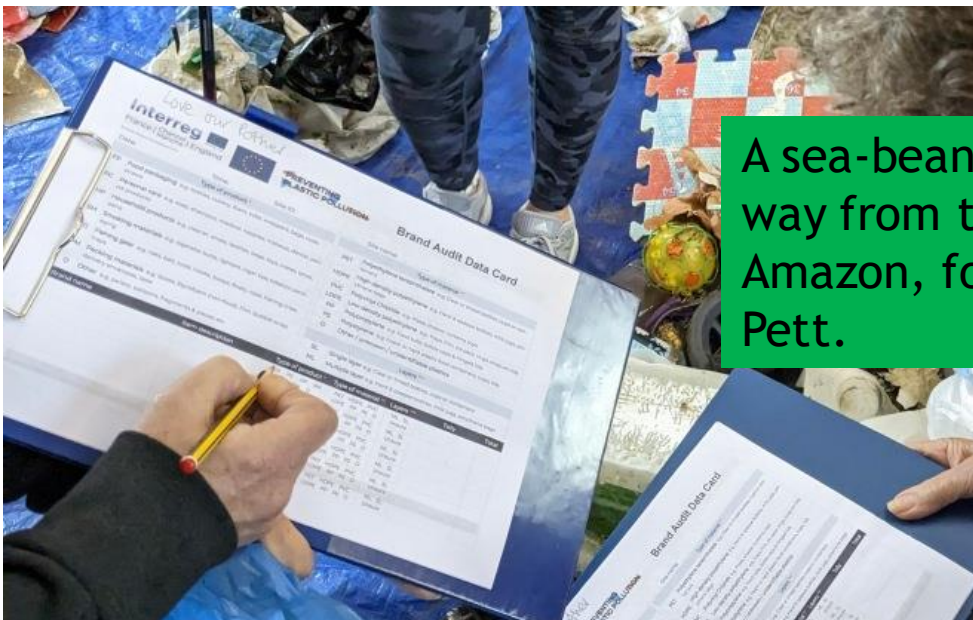
Full school uniform is required



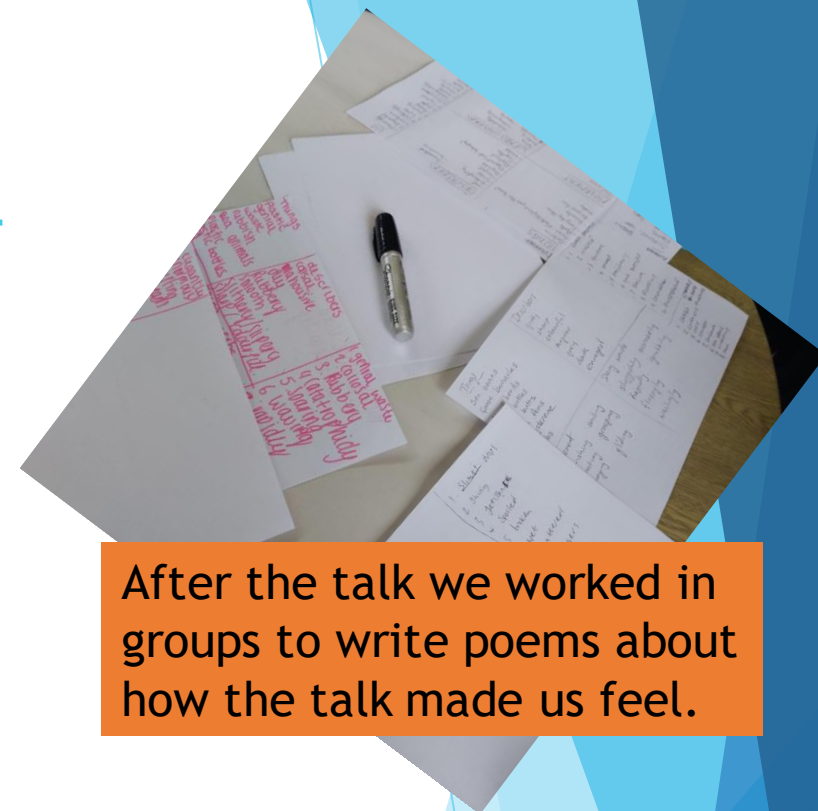
All students to attend a brief meeting today at 1:50pm (second break) in the hall

Strongbackproductions@gmail.com

Song Maps of Rye



A sea-bean all the way from the Amazon, found at Pett.



After the talk we worked in groups to write poems about how the talk made us feel.

A fascinating talk from Andy Dinsdale of 'Strandliners' explaining where a lot of the plastics found in our rivers and beaches come from. But most importantly what we can do about it.



The next workshop is
on Saturday April 15th
2.00pm-4.00pm- guest
speaker, Dr. Barry Yates at
Rye Harbour Nature Reserve

Nurdles, found by the Cuckmere.



Non-Uniform Day: For Ellen

- ▶ Ellen was a bright and bubbly girl, always kind and helpful. When she left Rye College, she went on to study midwifery at Brighton University but made the difficult decision to leave in her first year, choosing instead to work for a local outdoor activity company working with young people in Ashford. This is where she came across the Surfability charity. <https://surfabilityukcic.org/>
- ▶ In November, 2022 Ellen took her own life.
- ▶ None of her family or friends had any suspicion that Ellen was feeling so depressed that she might take her life. On the outside Ellen was the same bright and bubbly girl that she had always been. Planning to take delivery of a Land Rover that she'd been saving for, making birthday plans and planning ahead for travel adventures in 2023.
- ▶ This photo is what depression can look like. It can be hidden.
- ▶ Watch out for your friends and be kind.
- ▶ If you would like to talk to someone about how you are feeling please visit the student hub.

End of term 4



- ▶ Non-Uniform Day on Friday 31st March
- ▶ Please bring in £1 to donate to Surfability
- ▶ We return to school on Monday 17th April - week 1
- ▶ Have a wonderful Easter break

Canteen Menu This Week

Find out what's on
the Canteen Menu
this week

A copy of the weekly menu
can also be found [here](#) on
our website.

THIS WEEK'S Eats.

	CHOICE One	CHOICE Two
MON	Siracha Glazed Chicken Burger Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw	Devil's Kitchen Vegetarian Burger Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw
TUE	West African Chicken Rice Served with Mixed Side Salad	Cauliflower Mac 'n' Cheese Served with Garlic and Herb Bread
WED	Roast Glazed Ham Served with Roast Potatoes or Yorkshire Pudding, Carrots and Gravy	Sweet Potato Chickpea Roast Served with Roast Potatoes or Yorkshire Pudding, Carrots and Gravy
THUR	Sloppy Joe Burger Served with Baked Garlic and Herb Wedges	Yellow Vegetable Curry Served with Wholegrain Rice and Sweetcorn
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegan Sausage Roll Served with Chips, Baked Beans and Peas

Week One
W/C: 31/10, 21/11, 12/12, 16/01, 06/02, 06/03, 27/03




FOOD UNION

AVAILABLE Daily







FOOD ON THE MOVE

HOT
Love Joes Burritos and Wraps
Freshly Baked Pizza
Pasta and Sauces
Topped Jacket Potatoes

COLD
A healthy selection of Fresh Salads,
Fresh Sandwiches, Baguettes and Wraps

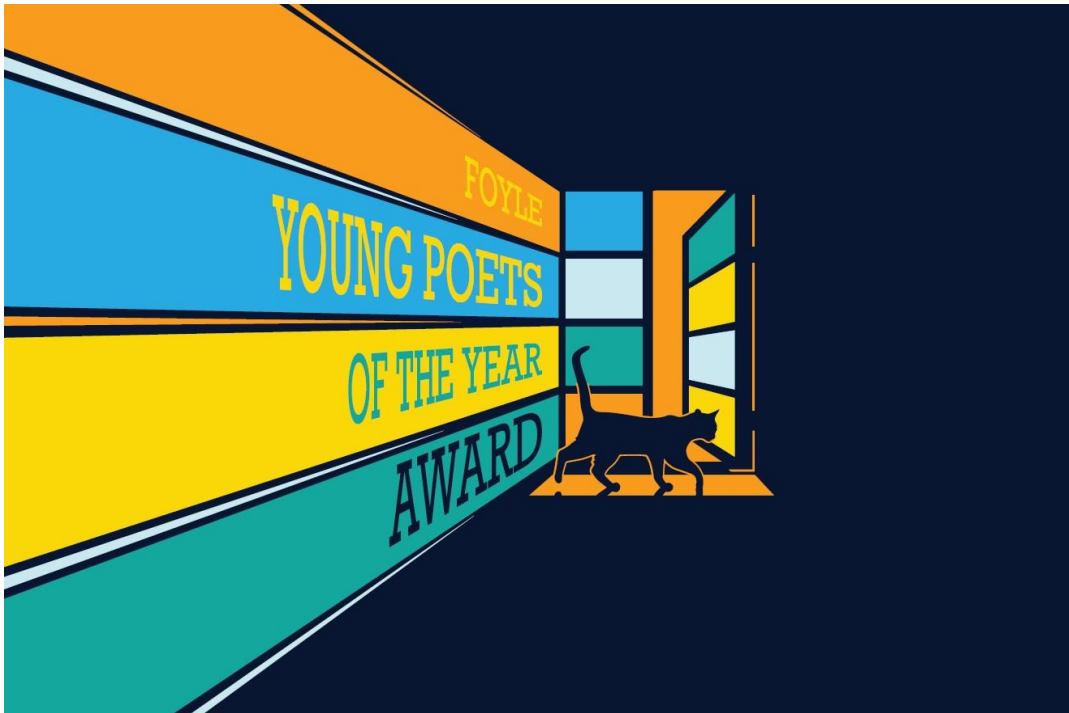


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 Fruity!  Nutritionist's Choice  Vegetarian  Oily fish  Wholegrain  Halal Available

World Poetry Day Competition

UNESCO first adopted 21 March as World Poetry Day in 1999, with the aim of supporting linguistic diversity through poetic expression and increasing the opportunity for endangered languages to be heard. World Poetry Day is the occasion to honour poets, revive oral traditions of poetry recitals, promote the reading, writing and teaching of poetry, foster the convergence between poetry and other arts such as theatre, dance, music and painting, and raise the visibility of poetry in the media.



The Foyle Young Poets of the Year Award is one of the biggest and most established prizes for young people aged 11 – 17 in the world. If you're an aspiring writer, enter your poems to the competition at foyleyoungpoets.org by 31 July 2023.

If you need any help with submissions, please ask in the Library as we can submit poems as a school and assist individuals to do so.



WE ARE
POSITIVE



WE ARE
EMPLOYABLE



WE ARE
COMMITTED

Rye College Fitness Suite:



- ▶ Morning 8:15 till 8:45am:
- ▶ Monday: Year 7
- ▶ Tuesday: Year 9
- ▶ Wednesday: Year 8
- ▶ Thursday: Year 10 & 11

- ▶ Afterschool 3:30 till 4:20pm:
- ▶ Monday: Year 10 & 11
- ▶ Tuesday: Year 8
- ▶ Wednesday: Year 9
- ▶ Thursday: Year 7



PE Fixtures

- ▶ 22nd March Year 8 Boys Football (Away)
- ▶ Year 7 - 10 Girls Basketball
- ▶ Students interested in playing in any of the above fixtures need to see Miss Mitchell

PE Clubs

- ▶ All after school clubs run from 3:20 to 4:20
- ▶ Monday: All Years Netball
- ▶ Tuesday: Boys Year 7 - 10 Skiltek Football - £4 per session
- ▶ Thursday: Year 7 - 10 Girls Skiltek Football - £4 per session



New! - Dance Club

- ▶ Year 7+8
- ▶ Wednesday lunchtime 1:50 - 2:15
- ▶ School uniform ok to wear (no shoes)
- ▶ Shorts to be worn under skirts
- ▶ Bring food if needed
- ▶ All welcome!



New Cricket Opportunities for everyone



**RYE CRICKET CLUB
GIRLS SECTION 2023**

Venue:
Rye Sports Centre
Cost: £40.
New participants £30
(first two weeks free).

This year Rye CC is forming a girls section!
We start Tuesday 7th March for 8 weeks.

7:00-8:00pm Girls only sessions (Supported by
Sussex County Womens Cricket Club coaches).

Contact: Martin Blincow for info / to sign up.
Mobile: 07535 482006 / email: blincsfamily@aol.com



**RYE CRICKET CLUB
YEAR 7-11 HARDBALL**

Venue:
Rye Sports Centre
Cost: £40.
New participants £30
(first two weeks free).

This year Rye CC is running Years 7-11 hardball
cricket training sessions.

We start Thursday 2nd March for 8 weeks.

7:00-8:00pm Mixed ability hard ball session.

Contact: Martin Blincow for info / to sign up.
Mobile: 07535 482006 / email: blincsfamily@aol.com



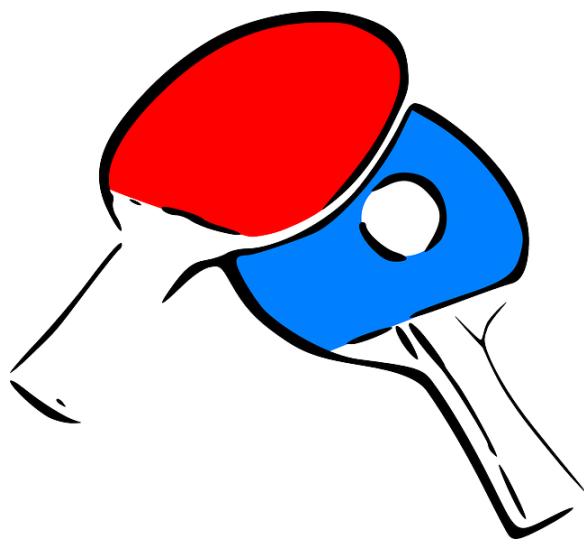
**WE ARE
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Table-Tennis Club



Rye College Table Tennis Club

Tuesdays

3.20pm to 4.30pm

School Gym

Beginners Welcome. Equipment Provided

Great Fun and Very Social

Fun and Games, improve your skills or learn new ones.

Challenge the Robot

Bring a Friend or Make New Ones

First 2 Sessions Free for Students

Sport not your thing? This might be just for you!

See PE Staff for Information or **Just Turn Up**

*Qualified Table Tennis England Coach in Attendance.



Tel 07803138881

www.tabletennisrother.co.uk

A Table Tennis England Premier Club & Sport England Club Mark Accredited

Crochet Club

- ▶ All years Welcome
- ▶ Room 4
- ▶ Wednesdays 3.20 - 4:00



Geography Club

- ▶ Years 7 - 9
- ▶ Room 4
- ▶ Thursdays 3.20 - 4:00





Introducing - Comic Club!



New! - Comic Club:
All Comic enthusiasts
are welcome to join.

★ A new club for Comic lovers ★

Browse and read our growing selection
of graphics based novels & comics

★ Wednesdays - Library - 1st Break ★

Science Club

- ▶ Continues after school on a Tuesday
- ▶ 3:20 to 4:00 in room 25
- ▶ The theme will be Marine Biology



Pride Group

Room 26 - Mrs Willis
Tuesday breaktime
All welcome



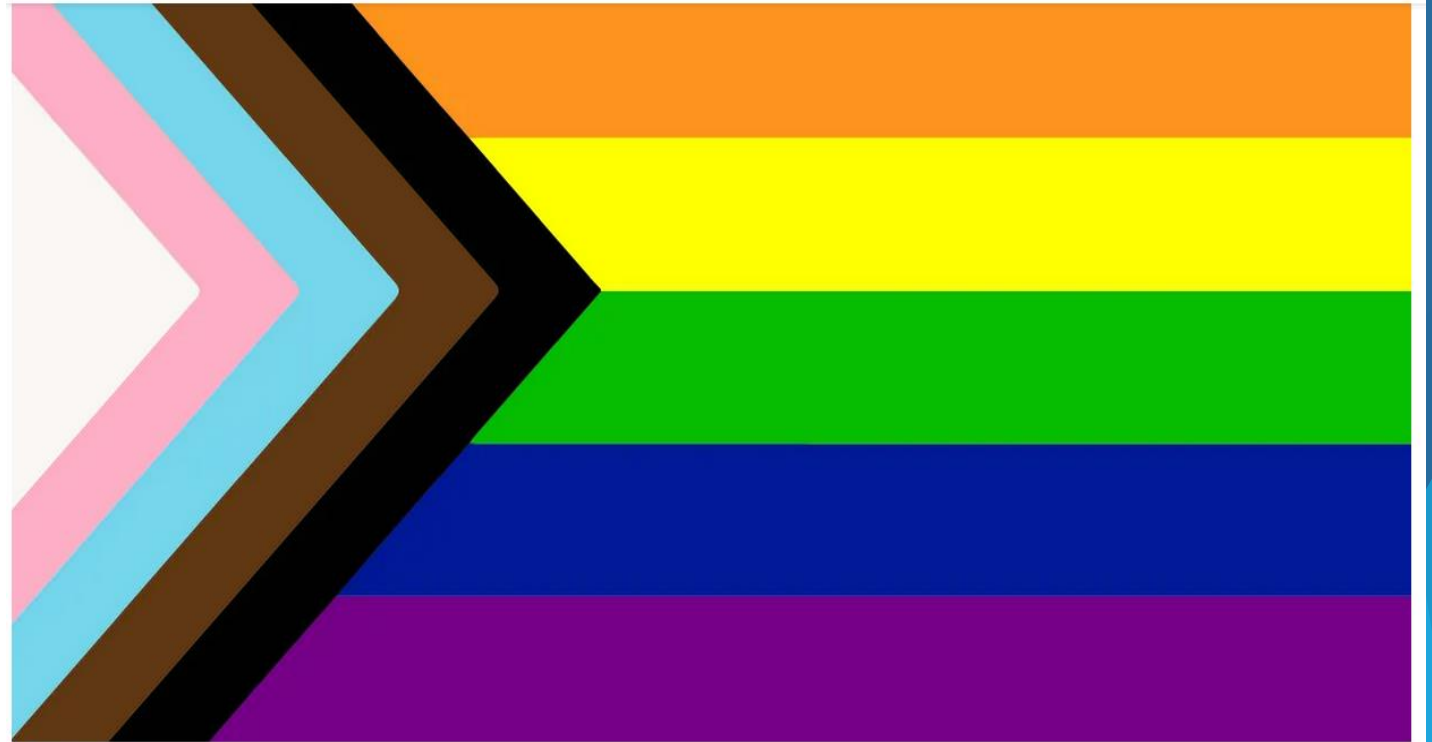
**WE ARE
PROUD**



**WE ARE
POSITIVE**



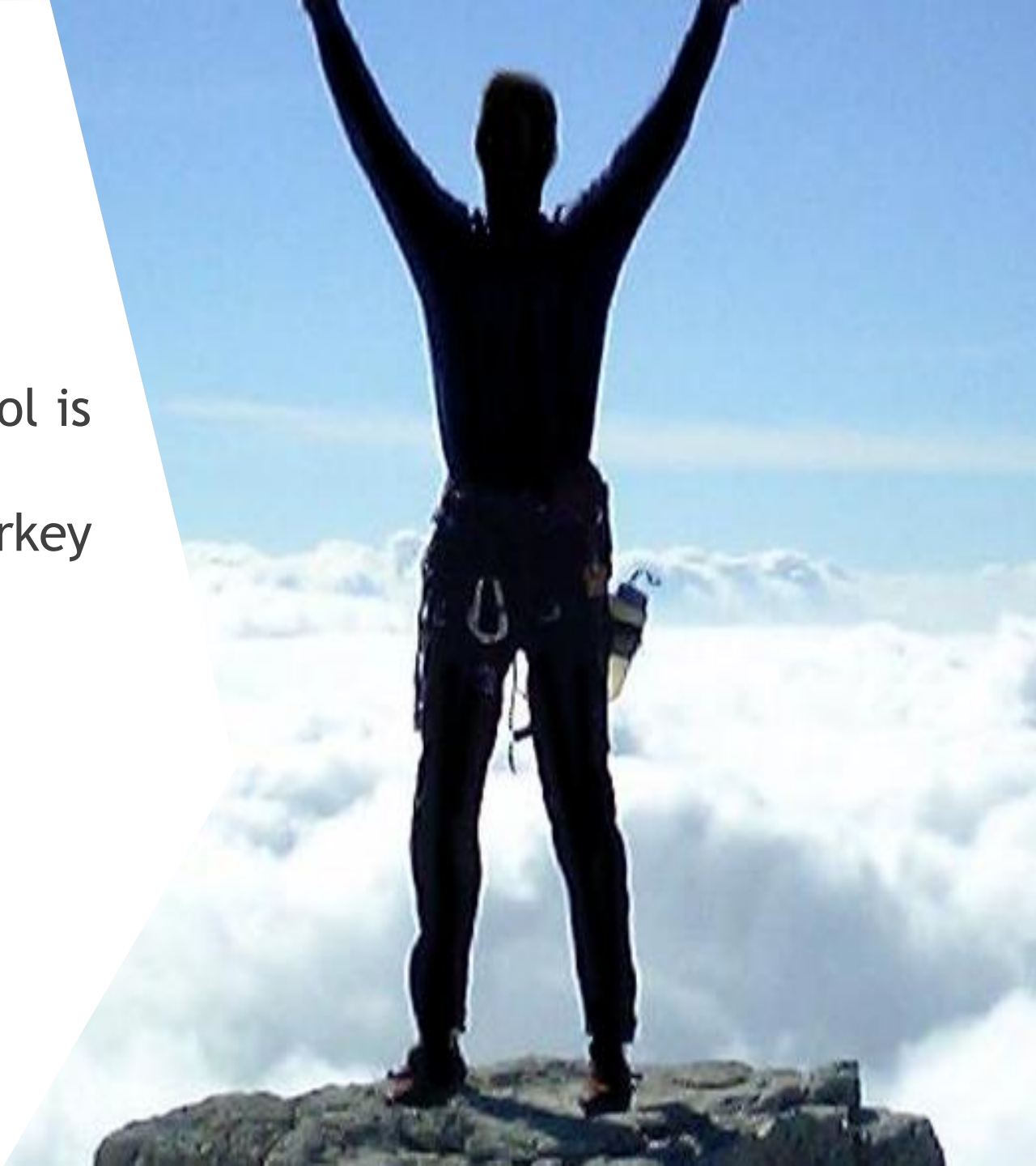
**WE ARE
KIND**



Daniel Quasar/Facebook

Sharing achievements

- ▶ If you, or someone you know in school is proud of something they have done outside of school, please let Mrs Starkey know
- ▶ We would love to include this in our bulletin and put on our website and social media pages



Staying Safe



STUDENT SAFEGUARDING & SUPPORT

Rye College is committed to **'Create Bright Futures for All'**.

Safeguarding is what we do to promote your safety and protect you from harm.



Our Safeguarding Team

We encourage all students to use this support network. You can also email any queries to: yourconcern@ryecollege.co.uk



Miss Carpenter
Designated Safeguarding Lead (DSL)
E.carpenter@ryecollege.co.uk
Location: Rye College



Mrs Gull
Assistant DSL
E.gull@ryecollege.co.uk
Location: Student Hub



Mr Downes
Assistant DSL
E.downes@ryecollege.co.uk
Location: Rye College



Mrs Mills
Assistant DSL
E.mills@ryecollege.co.uk
Location: School Office



Mrs Holmes
Assistant DSL
E.holmes@ryecollege.co.uk
Location: Student Hub



Mr Francis
Assistant DSL
E.francis@ryecollege.co.uk
Location: Rye College

External Contacts and Support Groups

There is a wide range of external support for you to access confidential help and support:

	The UK's leading children's mental health charity providing in-school support and expert training to help improve the emotional wellbeing of pupils, families, teachers and school staff. Our Place2Be School Project Manager is Inga Springell.	ispringell@ryecollege.co.uk place2be@ryecollege.co.uk 020 7923 5500 Text: 85258
	Childline is a free service that offers direct support for young people, information to help you deal with bullying, drugs and alcohol, family relationships, questions around sexual relationships, personal feelings, and school life.	0800 1111 (9am - 3:30pm) 1-2-1 Counsellor Chat Service (9am-10:30pm) www.childline.org.uk
	The National Society for the Prevention of Cruelty to Children help to prevent child abuse, helps to rebuild children's lives and support families.	0800 1111 for children (Childline's 24-hour helpline) www.nspcc.org.uk
	Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They help people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.	Text SHOUT to 85258 Free, confidential support via text, available 24/7
	i-Rock is a local East Sussex charity who can offer you advice and support on emotional and mental wellbeing, jobs, education and housing.	0800 502020 info@zonewall.org.uk

New email address

If you are worried about a friend or your own safety you can now email

Yourconcern@ryecollege.co.uk

If you do not want to talk to a member of staff about it.

This is also for sensible suggestions / concerns you may have about the college environment or behaviour of fellow students.

This will be checked weekly, and your concerns will be responded to.

Tutor Time



	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 8	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
Year 9	Bulletin	Theme of the week	Assembly	Wellbeing	Quiz/acknowledgements
Year 10	Bulletin	Assembly	Wellbeing	Theme of the week	Quiz/acknowledgements
Year 11	Bulletin	Intervention	Intervention	Intervention	Assembly

Attendance to Line-up and Tutor time is compulsory

- As soon as you get to your desk place your equipment on your desk
- Tutors will check uniform and equipment
- Take register
- Engage with set activity
- Recap Rye Values
- Dismissal

Rye College Values



**WE ARE
PROUD**



**WE ARE
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**WE ARE
EMPLOYABLE**



**WE ARE
KIND**



**WE ARE
COMMITTED**

PROUD



At Rye College, we have a sense of pride in our work, ourselves and our community. We are mindful of the presentation of our work and the standards we present. We take pride in what we produce and pay attention to details.

Our Rye College Values

POSITIVE



At Rye College, we demonstrate a positive attitude to our learning, and relationships with others. We engage in our learning with a 'can-do' attitude. We embrace challenging and thought-provoking tasks.

Our Rye College Values

EMPLOYABLE



At Rye College, we develop and nurture diverse skills, talents and abilities that support our progress within and beyond the school. We grow ourselves so we can positively participate in our community and society as a whole.

Our Rye College Values

KIND



At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.

Our Rye College Values

COMMITTED



At Rye College, we possess an ambitious attitude towards our learning and academic progress. We strive towards fulfilling our potential, demonstrating an understanding of our own strengths and weaknesses.

Our Rye College Values

MUGA Rota



	Before School	Break 1	Break 2
Monday	Year 7	Year 8	Year 9
Tuesday	Year 7	Year 10	Year 7
Wednesday	Year 7	Year 11	Year 8
Thursday	Year 7	Year 9	Year 10
Friday	Year 7	Year 7	Year 11

Rules

Only the year group allocated on that day on the MUGA - NO EXCEPTIONS (so don't ask!)

No swearing

No eating / drinking

No slide tackles

Bring your own ball.

If rules are broken the Year group will lose their next MUGA slot