



Tuesday 9th May 2023

# Student Bulletin



Creating Bright Futures for All

Through Life Transforming Learning

15 to 21 May 2023

# Mental Health Awareness Week



#ToHelpMyAnxiety

Theme of the week:  
Mental Health Awareness Week



## Tutor Time this week

- ▶ Tuesday - Bulletin
- ▶ Wednesday - Year 9/10 assembly / Year 7/8 wellbeing
- ▶ Thursday - Year 7/8 assembly / Year 9/10 wellbeing
- ▶ Friday - Year 11 assembly / Years 7-10 weekly quiz and acknowledgements

A close-up photograph of wooden letter blocks on a wooden surface. The blocks are arranged to spell out the word 'JOB'. The 'J' block is on the left, followed by the 'O' block, and then the 'B' block. Other blocks with letters like 'L', 'B', 'C', 'F', and 'N' are scattered around.

# Job of the week: Food Technologist



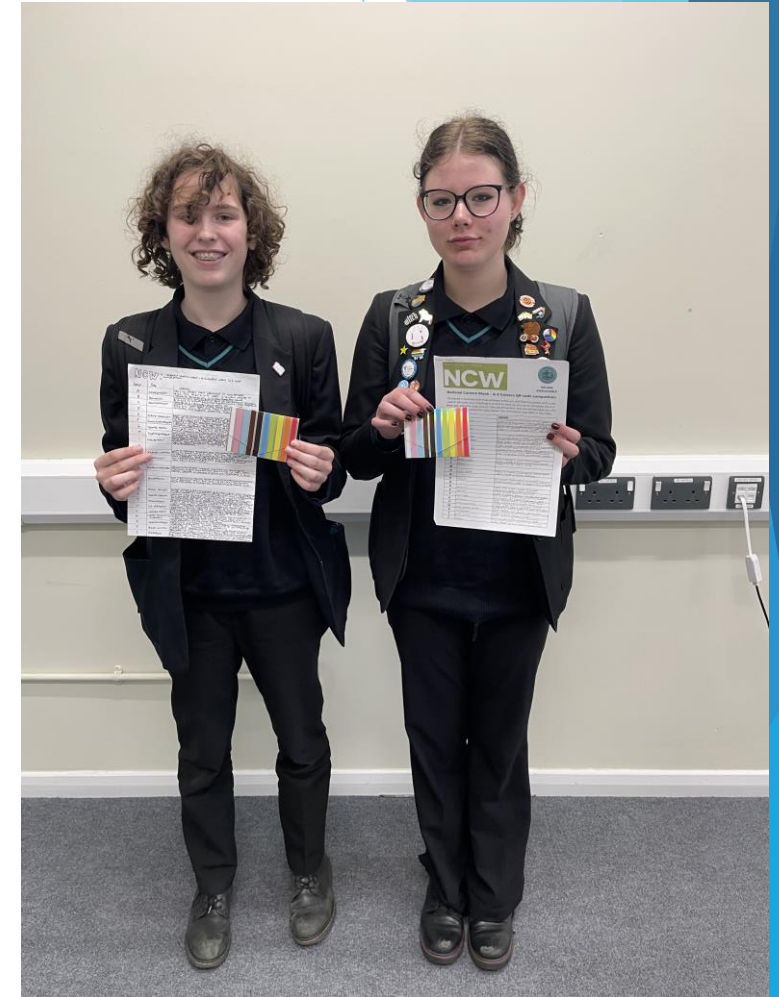
**WE ARE  
EMPLOYABLE**

- ▶ Every week the bulletin will have a careers focus with a 'Job of the week'
- ▶ Each short video provides Labour Market Information (LMI) on a job that includes qualifications, salary, how to get there and what it entails
- ▶ [FOOD TECHNOLOGIST](#)



# QR Code Careers Competition Winners

- ▶ Congratulations to Isabel and Wilma on winning the QR code competition for National Careers Week
- ▶ They managed to walk around Rye in the pouring rain to find 21/26 codes and complete the information required
- ▶ Well done, girls - fantastic examples of our Rye Values in action



# Time Out - Life Education Theatre Performance

- ▶ On Friday year 8 enjoyed a performance by Solomon Theatre Company, called 'Time-Out'
- ▶ This focused on peer pressure, relationships, and the impact that vaping, drugs and alcohol can have on young people
- ▶ This performance will be followed up in Life Education lessons







# Wanted for Science...

- ▶ Please can you save any 500ml empty plastic bottles
- ▶ These are needed for fun Science activities during enrichment week
- ▶ Please take to the Science dept

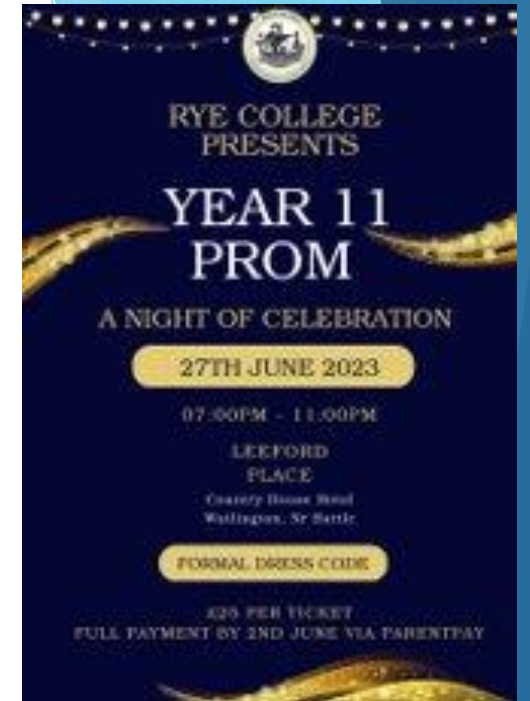
# Year 10 Work Experience forms

- ▶ Please can you ensure you return your work experience medical forms
- ▶ These were emailed to parents
- ▶ Hard copies are also available from reception
- ▶ If we don't have these back by the end of term, your work placement is a risk of not going ahead

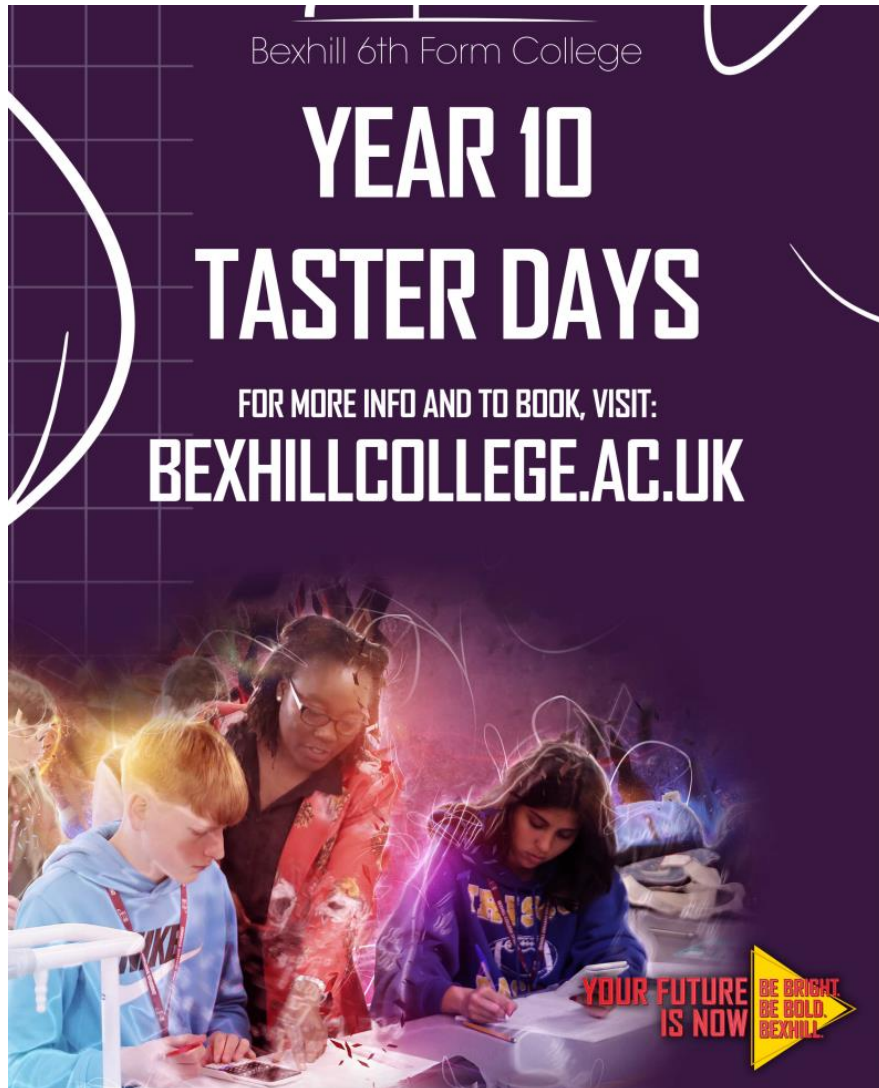


# Year 11 Reminders

- ▶ It's not too late to purchase prom tickets - Payment in full by 2nd June.
- ▶ Please pay via ParentPay or see Jo on reception/Mrs Starkey if you have a problem with this
- ▶ Don't forget to order your Leavers Hoodies also by 2nd June via Superstitch our uniform supplier.



# Year 10 - Bexhill College Taster Day



- ▶ Bexhill College Year 10 Taster days have been confirmed - **Rye College** is scheduled to attend on **Wednesday the 12th of July**.
- ▶ The applications will be going live this **week** and can be accessed via the link below, or by going to the Bexhill College website under the 'About' drop down and selecting Year 10 Taster Days (pictured below).
- ▶ [https://www.bexhillcollege.ac.uk/docs2/about/taster\\_day\\_2022.shtml](https://www.bexhillcollege.ac.uk/docs2/about/taster_day_2022.shtml)

# Year 10 - East Sussex College - Hastings Taster Day

- ▶ Rye College allocated Monday 19th June
- ▶ Sign up online at <https://tasters.escevents.co.uk/>
- ▶ For the Hastings campus' – students will either be able to sign up to a **Station Plaza** Taster Day, or **Ore Valley** Taster Day. These are different campuses, but the taster will run on the same day. The courses offered at each campus will be clear when registering.
- ▶ Station Plaza is home to our A-Level courses and a whole range of vocational diplomas including Art and Design, Beauty, Business, Hair, Health and Social Care, Hospitality and Catering, Public Services, Sport, and Travel.
- ▶ Ore Valley is home to our Construction, Engineering, IT and Computing, and Music subjects.





# Year 11 - Maths Revision reminder



**4 SESSIONS LEFT TO GO!**

## Y11 Maths Revision Club

**Wednesdays 3.20pm**

On average students from previous year groups who attend the revision club receive 1 grade higher than their peers who don't - please come to these important last few sessions



# Have your say - Youth Voice Census

- The Youth Voice Census will ask a range of questions about you and your experiences in education, training, work and in everyday life.
- The survey will take up to 30 minutes depending on your experience.
- Your answers could make a big difference to how UK government, employers and educators support young people. All your answers will remain anonymous.
- Youth Employment UK will use the data to create public reports on how young people view study and employment today, but we follow strict privacy rules. Any personal information will not be shared outside our Census project team.
- At the end of the survey you can choose to receive more information on our services to help young people boost their employability. These are optional - you can choose not to receive information at any point.
- [Survey link](#)



# Mobile Phone Rules



- ▶ Mobile Phones should be 'on site - out of sight'
- ▶ This applies to lessons and breaktimes
- ▶ Mobile phones should be switched off and kept inside bags or coats - not on desks or in skirt/trouser pockets
- ▶ If you need to urgently contact someone at home, please go to Student Hub or reception and they will support you to do so
- ▶ If you are seen using a phone you will be asked to put it away
- ▶ If you continue to use it, the phone will be confiscated and you will be given a detention
- ▶ If you continually break the rules, you will be asked to hand it in to Student Hub at the start of every day, and collect it at the end



# Food Tech Room

- ▶ This is out of bounds at break and lunchtime
- ▶ The only exception is if they have just had a lesson and are finishing off
- ▶ This is due to students treating it like a common room, taking ingredients etc
- ▶ Mr Werrett needs a break!



# School Entrance/Exit



## No Entry



**Students please  
enter school  
via the back gate**

- ▶ Students should only enter the school site via the back gate
- ▶ Only students with permission to do so, or students arriving at school after 9am (who need to be signed in) can enter school via reception.
- ▶ We also ask that students who are dropped to school by car in the morning are dropped off in the Freedom Leisure Centre car park, not the Rye College visitor and staff car park.
- ▶ The back gate should also be used for leaving school
- ▶ The only reason for leaving via reception is if you are being collected for an appointment during the school day

# Admin Corridor through to Science



Please be respectful when using this corridor as people are trying to work



Please walk and keep noise levels low



The staff kitchen in this corridor is strictly out of bounds



# Canteen Menu This Week

Find out what's on the  
Canteen Menu this  
week

A copy of the weekly menu  
can also be found [here](#) on  
our website.

FOOD UNION

## WEEK 2 MENU

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 07/08, 28/08, 18/09, 09/10

### CHOICE One

	CHOICE One	CHOICE Two
MON	<b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges and Sweetcorn	<b>Vegetarian Cottage Pie</b> 🌱 🍷 Served with Sweetcorn, Peas and Gravy
TUE	<b>Chicken Katsu</b> 🍷 Served with Wholegrain Rice and Peas	<b>Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl</b> 🌱 🍷 🍷
WED	<b>Honey Roasted Ham</b> with Roast Potatoes, Cabbage, Carrots & Gravy	<b>Macaroni Cheese</b> 🌱 🍷 with Pizza Pinwheel and Vegetables
THUR	<b>Chicken Tikka Masala</b> 🍷 🍷 Served with Wholegrain Rice, Mini Naan and Sweetcorn	<b>Roasted Cauliflower and Chickpea Korma</b> 🌱 🍷 🍷 Served with Wholegrain Rice, Mini Naan and Sweetcorn
FRI	<b>Fish and Chips</b> Served with Baked Beans and Peas	<b>Vegetarian Burrito</b> 🌱 🍷 🍷 Served with Chips, Peas and Baked Beans

### GRAB & GO OPTIONS

#### WEEKLY SPECIAL

- Moroccan Chicken Salad 🍷

#### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🍷 🍷

#### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich  
Chicken, Lettuce & Mayo Sandwich  
Cheese Sandwich 🍷  
Ham Baguette  
Cheese & Tomato Baguette 🍷

#### WRAPS:

Tuna Crunch Wrap 🍷  
Pepper and Houmous Wrap 🍷 🍷

#### HOT DISHES:

Paninis  
Pasta & Sauces  
Freshly Baked Pizza  
Love Joe's Mexican Burrito

🌱 Fruity! 🍷 Nutritionist's Choice 🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍷 Halal

# Crochet Club

- ▶ All years Welcome
- ▶ Room 4
- ▶ Wednesdays 3.20 - 4:00



# Updated Rye College Fitness Suite Times:

Starting 24th April

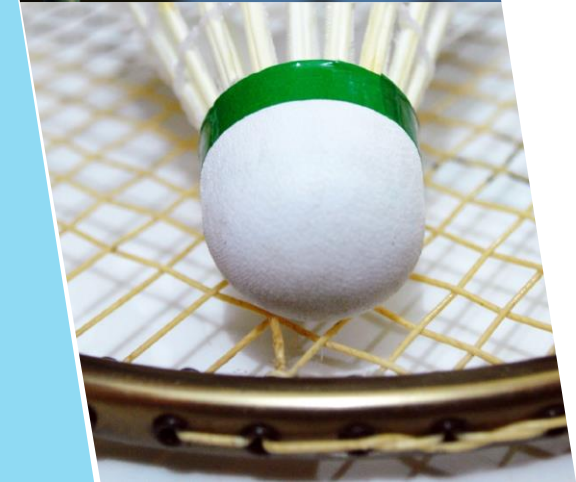


- ▶ **Morning 8:15 till 8:45am:**
- ▶ Monday: Year 9
- ▶ Tuesday: Year 10 & 11
- ▶ Wednesday: Year 7
- ▶ Thursday: Year 8
  
- ▶ **Afterschool 3:30 till 4:20pm:**
- ▶ Monday: Year 7 & 8
- ▶ Tuesday: Year 9
- ▶ Wednesday: Year 10 & 11



# PE Clubs - Starting 24th April

- ▶ All after school clubs run from 3:30 to 4:20
- ▶ Thursday: All Years Netball
- ▶ Tuesday: Optional Year 10 Sport Science Coursework Catch Up
  - ▶ Cancelled 9th May 2023



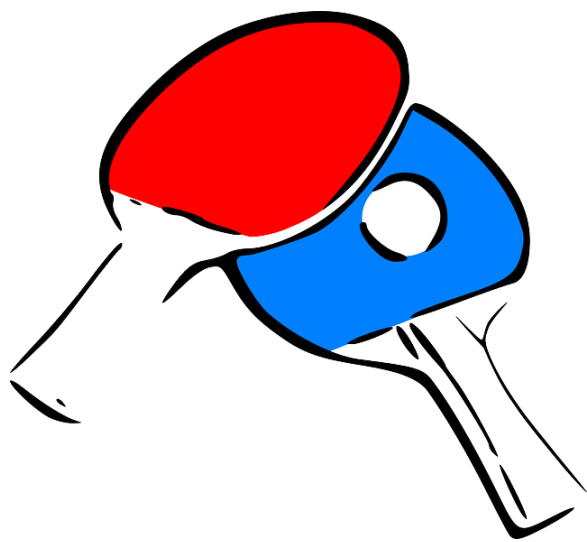
# New! - Dance Club

- ▶ Year 7+8
- ▶ Wednesday lunchtime 1:50 - 2:15
- ▶ School uniform ok to wear (no shoes)
- ▶ Shorts to be worn under skirts
- ▶ Bring food if needed
- ▶ All welcome!





# Table-Tennis Club



## Rye College Table Tennis Club

### Tuesdays

3.20pm to 4.30pm

School Gym

Beginners Welcome. Equipment Provided

Great Fun and Very Social

Fun and Games, improve your skills or learn new ones.

Challenge the Robot

Bring a Friend or Make New Ones

First 2 Sessions Free for Students

Sport not your thing? This might be just for you!

See PE Staff for Information or **Just Turn Up**

\*Qualified Table Tennis England Coach in Attendance.



Tel 07803138881

[www.tabletennisrother.co.uk](http://www.tabletennisrother.co.uk)

A Table Tennis England Premier Club & Sport England Club Mark Accredited

# Geography Club

- ▶ Years 7 - 9
- ▶ Room 4
- ▶ Thursdays 3.20 - 4:00







# Introducing - Comic Club!



New! - Comic Club:  
All Comic enthusiasts  
are welcome to join.

★ A new club for Comic lovers ★

Browse and read our growing selection  
of graphics based novels & comics

★ Wednesdays - Library - 1st Break ★

# Science Club

- ▶ Continues after school on a Tuesday
- ▶ 3:20 to 4:00 in room 25
- ▶ The theme will be Marine Biology



# Pride Group

Room 26 - Mrs Willis  
Tuesday breaktime  
All welcome



**WE ARE  
PROUD**



**WE ARE  
POSITIVE**



**WE ARE  
KIND**

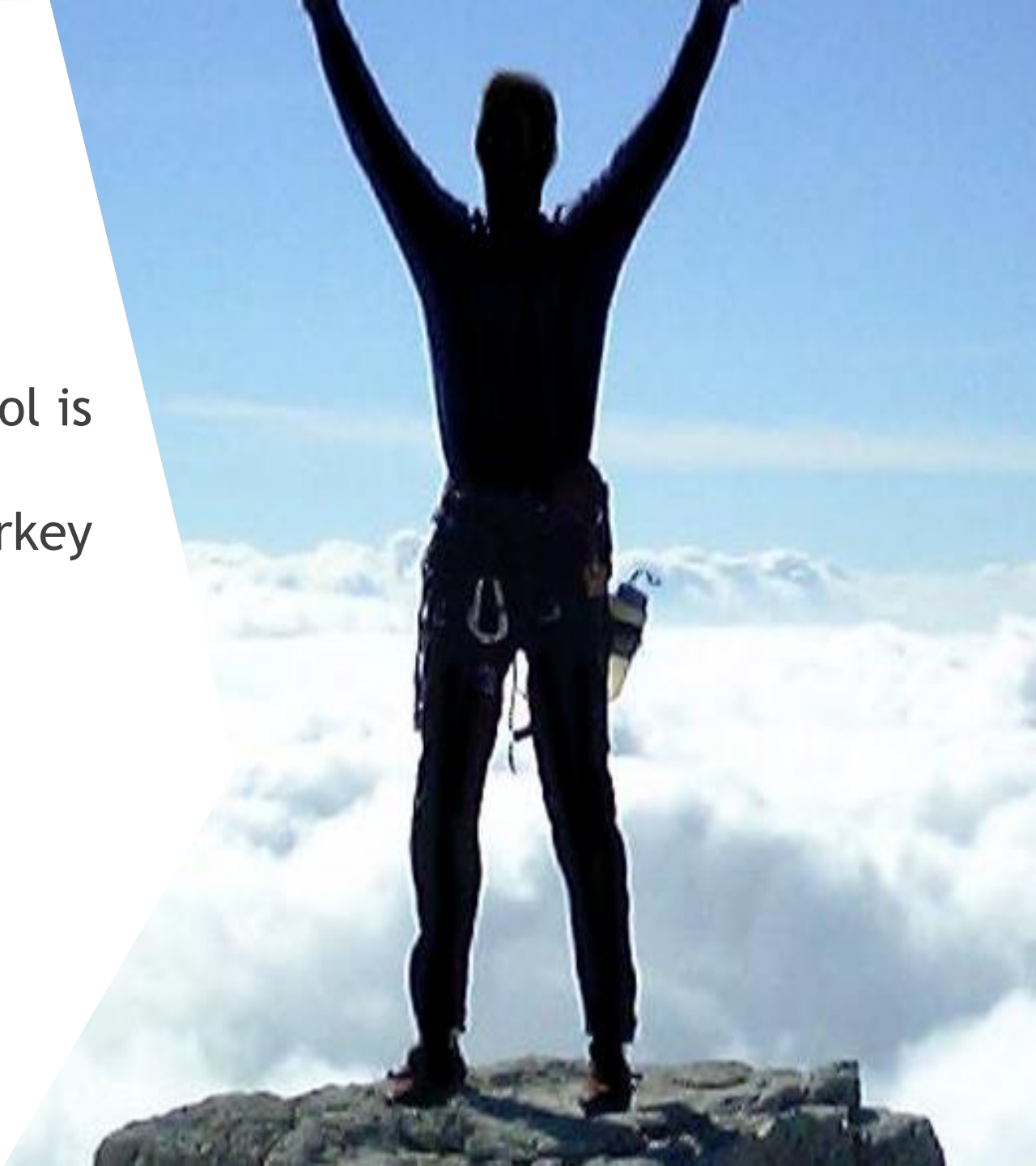


Daniel Quasar/Facebook



# Sharing achievements

- ▶ If you, or someone you know in school is proud of something they have done outside of school, please let Mrs Starkey know
- ▶ We would love to include this in our bulletin and put on our website and social media pages





# Staying Safe



## STUDENT SAFEGUARDING & SUPPORT

Rye College is committed to **'Create Bright Futures for All'**.

Safeguarding is what we do to promote your safety and protect you from harm.



### Our Safeguarding Team

We encourage all students to use this support network. You can also email any queries to: [yourconcern@ryecollege.co.uk](mailto:yourconcern@ryecollege.co.uk)



Miss Carpenter  
Designated Safeguarding Lead (DSL)  
[Ejcarpenter@ryecollege.co.uk](mailto:Ejcarpenter@ryecollege.co.uk)  
Location: Rye College



Mrs Gull  
Assistant DSL  
[E.gull@ryecollege.co.uk](mailto:E.gull@ryecollege.co.uk)  
Location: Student Hub



Mr Downes  
Assistant DSL  
[E.dowdes@ryecollege.co.uk](mailto:E.dowdes@ryecollege.co.uk)  
Location: Rye College



Mrs Mills  
Assistant DSL  
[E.mills@ryecollege.co.uk](mailto:E.mills@ryecollege.co.uk)  
Location: School Office



Mrs Holmes  
Assistant DSL  
[E.holmes@ryecollege.co.uk](mailto:E.holmes@ryecollege.co.uk)  
Location: Student Hub



Mr Francis  
Assistant DSL  
[E.francis@ryecollege.co.uk](mailto:E.francis@ryecollege.co.uk)  
Location: Rye College

### External Contacts and Support Groups

There is a wide range of external support for you to access confidential help and support:

	The UK's leading children's mental health charity providing in-school support and expert training to help improve the emotional wellbeing of pupils, families, teachers and school staff. Our Place2Be School Project Manager is Inga Springell.	<a href="mailto:ispringell@ryecollege.co.uk">ispringell@ryecollege.co.uk</a> <a href="mailto:place2be@ryecollege.co.uk">place2be@ryecollege.co.uk</a> 020 7923 5500 Text: 85258
	Childline is a free service that offers direct support for young people, information to help you deal with bullying, drugs and alcohol, family relationships, questions around sexual relationships, personal feelings, and school life.	0800 1111 (9am - 3:30pm) 1-1 Counsellor Chat Service (9am - 10:30pm) <a href="http://www.childline.org.uk">www.childline.org.uk</a>
	The National Society for the Prevention of Cruelty to Children help to prevent child abuse, helps to rebuild children's lives and support families.	0800 1111 for children (Childline's 24-hour helpline) <a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>
	Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They help people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.	Text SHOUT to 85258 Free, confidential support via text, available 24/7
	i-Rock is a local East Sussex charity who can offer you advice and support on emotional and mental wellbeing, jobs, education and housing.	0800 502020 <a href="mailto:info@ironewall.org.uk">info@ironewall.org.uk</a>

## New email address

If you are worried about a friend or your own safety you can now email

[Yourconcern@ryecollege.co.uk](mailto:Yourconcern@ryecollege.co.uk)

If you do not want to talk to a member of staff about it.

This is also for sensible suggestions / concerns you may have about the college environment or behaviour of fellow students.

This will be checked weekly, and your concerns will be responded to.

# Tutor Time

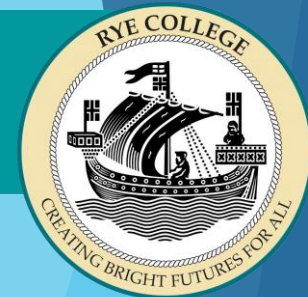


	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Year 7</b>	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
<b>Year 8</b>	Bulletin	Theme of the week	Wellbeing	Assembly	Quiz/acknowledgements
<b>Year 9</b>	Bulletin	Theme of the week	Assembly	Wellbeing	Quiz/acknowledgements
<b>Year 10</b>	Bulletin	Assembly	Wellbeing	Theme of the week	Quiz/acknowledgements
<b>Year 11</b>	Bulletin	Intervention	Intervention	Intervention	Assembly

**Attendance to Line-up and Tutor time is compulsory**

- **As soon as you get to your desk place your equipment on your desk**
- **Tutors will check uniform and equipment**
- **Take register**
- **Engage with set activity**
- **Recap Rye Values**
- **Dismissal**

# MUGA Rota



	Before School	Break 1	Break 2
Monday	Year 7	Year 8	Year 9
Tuesday	Year 7	Year 10	Year 7
Wednesday	Year 7	Year 11	Year 8
Thursday	Year 7	Year 9	Year 10
Friday	Year 7	Year 7	Year 11

## Rules

**Only the year group allocated on that day on the MUGA - NO EXCEPTIONS (so don't ask!)**

No swearing

No eating / drinking

No slide tackles

Bring your own ball.

If rules are broken the Year group will lose their next MUGA slot

# Rye College Values



**WE ARE  
PROUD**



**WE ARE  
POSITIVE**



**WE ARE  
EMPLOYABLE**



**WE ARE  
KIND**



**WE ARE  
COMMITTED**

**PROUD**



*At Rye College, we have a sense of pride in our work, ourselves and our community. We are mindful of the presentation of our work and the standards we present. We take pride in what we produce and pay attention to details.*

**Our Rye College Values**

**POSITIVE**



*At Rye College, we demonstrate a positive attitude to our learning, and relationships with others. We engage in our learning with a 'can-do' attitude. We embrace challenging and thought-provoking tasks.*

**Our Rye College Values**

**EMPLOYABLE**



*At Rye College, we develop and nurture diverse skills, talents and abilities that support our progress within and beyond the school. We grow ourselves so we can positively participate in our community and society as a whole.*

**Our Rye College Values**

**KIND**



*At Rye College, we show kindness and respect to all members of our community. We understand British values and act inclusively in our conduct. We celebrate what characteristics we share and those that make us different.*

**Our Rye College Values**

**COMMITTED**



*At Rye College, we possess an ambitious attitude towards our learning and academic progress. We strive towards fulfilling our potential, demonstrating an understanding of our own strengths and weaknesses.*

**Our Rye College Values**