

WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

FOOD UNION

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie ♥ Served with Vegetables and Gravy	Vegetarian Sausages ♻️ Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli ♥ 🍷 Served with Rice and Peas	Feta and Beetroot Burger ♻️ Served with Chipotle Wedges and Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie ♻️ ♥ Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada ♻️ ♥ Served with American Slaw
FRI	Fish and Chips Served with Peas and Baked Beans	Mac & Cheese Pot ♻️ Served with Chips and Peas

WEEKLY SPECIAL

• Roasted Indian Chickpea Salad ♻️ •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🍷 ♥ ♻️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich ♻️
Ham Baguette
Cheese & Tomato Baguette ♻️

WRAPS:

Tuna Crunch Wrap 🍷
Pepper and Houmous Wrap ♻️ 🍷

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

FOOD UNION

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON

Cheeseburger with wedges

Macaroni Cheese

Served with Vegetables and Salad

Vegetarian Mexican Tortilla Pie 🌱 🍷

Served with Wholegrain Rice and Vegetables

TUE

Southern Fried Chicken Katsu 🍷

Served with Wholegrain Rice and Vegetables

Yellow Vegetable Curry 🌱 🍷 🍷

Served with Wholegrain Rice and Vegetables

WED

Roast Pork

Served with Roast Potatoes, Vegetables and Gravy

Louisiana Soul Bowl 🌱 🍷 🍷

Served with Yellow Rice and American Slaw

THUR

Chicken and Vegetable Tikka

Masala 🍷 🍷

Served with Wholegrain Rice and Sweetcorn

Roasted Cauliflower and Chickpea

Korma 🌱 🍷 🍷

Served with Wholegrain Rice and Sweetcorn

FRI

Fish and Chips

Served with Peas and Baked Beans

The Veggie Dog 🌱

Served with Peas and Baked Beans

WEEKLY SPECIAL

• **Moroccan Chicken Salad** 🍷 •

SALADS:

Tuna and Sweetcorn Pasta Salad

Pesto Pasta Salad 🍷 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich

Chicken, Lettuce & Mayo Sandwich

Cheese Sandwich 🌱

Ham Baguette

Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🍷

Pepper and Houmous Wrap 🌱 🍷

HOT DISHES:

Paninis

Pasta & Sauces

Freshly Baked Pizza

Love Joe's Mexican Burrito

WEEK 3 MENU

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

FOOD UNION

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🍷 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🍷 🍷 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🍷 🍷 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🍷 🍷 Served with Wholegrain Rice and Peas
WED	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Black-eyed Bean Burger 🌱 Served with Garlic and Herb Wedges And American Slaw
THUR	Sticky Chicken and Vegetable Noodles 🍷 Served with Wholegrain Rice	Sweet and Sour Vegetables 🌱 🍷 🍷 Served with Wholegrain Rice
FRI	Fish and Chips Served with Peas and Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🍷 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🍷
Pepper and Houmous Wrap 🌱 🍷

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito