



Rye Community Primary School & Pugwash Nursery
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12.10.21

Year 5 and 6 Relationships, Sex and Health Education

Dear Parent/Guardian

We will be teaching RSHE (Relationship, Sex, and Health Education) lessons in class on Friday 15th October.

As from September 2020 RSHE is statutory element of the curriculum in all schools in England. In school we have adopted the spiral curriculum recommend by ESCC which allows children to access age appropriate material as prepares them well for the next stage and ensure that our children remain happy, healthy, confident and safe.

We will be focusing on the following units with the Year 5 and 6 children during their RSHE day.

Year 5



Pupils can anticipate how their emotions may change as they approach and move through puberty.

Year 6



Pupils can recognise how images in the media, including online do not always reflect reality and can affect how people feel about themselves.

If you would like to know more information about our programme of relationships and sex education, please familiarise yourself with the RSHE policy which can be found on our school website.

Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE or view the lesson materials in advance of the lesson.

Best Wishes,

Miss Brunton, Miss Turton and Mr Thomas

Upper Key Stage 2 Team