

# Primary Autumn Winter 2020 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p><b>Cheese and Tomato Pizza **</b> <i>with Dough Balls (V)</i></p> <p>Cheesy Tomato Topped Pizza Slice</p>	<p><b>Chicken Burger</b> <i>with Potato Wedges</i></p> <p>Roast chicken served in a soft bun with lettuce and mayo</p>	<p><b>Roast Turkey</b> <i>with Roast Potatoes and Gravy</i></p> <p>Succulent roast turkey with fluffy roasties and tasty gravy</p>	<p><b>Pasta Bolognese **</b></p> <p>A classic Italian beef Bolognese in a yummy tomato sauce</p>	<p><b>Golden Fish Fingers and Chips</b></p> <p>Crispy Fish Fingers and scrummy chips</p>
Alternative Dish	<p><b>Burrito with Rice (V)</b></p> <p>A soft wrap filled with lightly spiced veggies and rice</p>	<p><b>Baked Macaroni (V)</b></p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p><b>Sweet Potato and Chickpea Roast</b> <i>with Roast Potatoes and Gravy (V)</i></p> <p>A chunky sweet potato and chickpea roast</p>	<p><b>Hotdog with Potato Wedges (V)</b></p> <p>Our favourite veggie hotdog served with ketchup in a soft sub roll</p>	<p><b>Quorn Nuggets and Chips (V)</b></p> <p>Crispy Quorn nuggets with their fave sauce – ketchup</p>
Vegetables	<p><b>Carrots</b> <b>Sweetcorn</b></p>	<p><b>Peas</b> <b>Broccoli &amp; Cauliflower Medley</b></p>	<p><b>Carrots</b> <b>Cabbage</b></p>	<p><b>Broccoli</b> <b>Sweetcorn</b></p>	<p><b>Baked Beans</b> <b>Peas</b></p>
Desserts	<p><b>Secret Brownie</b></p>	<p><b>Raspberry Ripple Ice Cream</b></p>	<p><b>Fruit &amp; Yoghurt*</b></p>	<p><b>Summer Berry &amp; Peach Oaty Crumble*</b> <i>with Custard</i></p>	<p><b>Strawberry Swirl Sponge</b></p>
<p>Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian</p>					



# Primary Autumn Winter 2020 Menu

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p><b>Veggie Sausage and Mash with Gravy (V)</b></p> <p>Fluffy mash with veggie sausages and rich gravy</p>	<p><b>Chicken Tikka Masala with Rice **</b></p> <p>Succulent chicken in a mild curry sauce</p>	<p><b>Honey Roasted Gammon with Roast Potatoes and Gravy</b></p> <p>Succulent roast gammon with fluffy roasties and tasty gravy</p>	<p><b>Lasagne with a Garlic &amp; Herb Bread Wedge **</b></p> <p>A classic Italian layered pasta dish with beef mince</p>	<p><b>Golden Fish Fingers and Chips</b></p> <p>Crispy Fish Fingers and scrummy chips</p>
Alternative Dish	<p><b>Cheese and Tomato Pizza ** with Dough Balls (V)</b></p> <p>Cheesy Tomato Topped Pizza Slice</p>	<p><b>Baked Macaroni (V)</b></p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p><b>Pastry Slice with Roast Potatoes and Gravy (V) (pastry)</b></p> <p>Butternut Squash and potatoes wrapped in flaky pastry</p>	<p><b>The Incredible Burger with Potato Wedges(V)</b></p> <p>Meatless burger in a soft bap with ketchup</p>	<p><b>Soft Taco and Chips (V)</b></p> <p>A soft taco shell filled with a yummy veggie tomato chilli</p>
Vegetables	<p><b>Sweetcorn Broccoli and Cauliflower Medley</b></p>	<p><b>Carrots Peas</b></p>	<p><b>Cabbage Carrots</b></p>	<p><b>Sweetcorn Broccoli</b></p>	<p><b>Peas Baked Beans</b></p>
Desserts	<p><b>Fruit &amp; Yoghurt*</b></p>	<p><b>Apple &amp; Berry Crumble* with Custard</b></p>	<p><b>Strawberry Ice Cream</b></p>	<p><b>Chocolate Cake with Chocolate Sauce</b></p>	<p><b>Oatie Biscuit with Fruit Slices *</b></p>

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\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V) Vegetarian



# Primary Autumn Winter 2020 Menu

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p><b>Chinese Veggie Noodles (V)</b></p> <p>Fragrant egg noodles with stir fried vegetables</p>	<p><b>Sausage and Mash with Gravy</b></p> <p>Traditional Pork Sausage and Mash with rich Gravy</p>	<p><b>Roast Chicken with Roast Potatoes and Gravy</b></p> <p>Moist roast chicken with fluffy roasties and tasty gravy</p>	<p><b>Pasta Bolognese **</b></p> <p>A classic Italian beef Bolognese in a yummy tomato and beef sauce</p>	<p><b>Golden Fish Fingers and Chips</b></p> <p>Crispy Fish Fingers and scrummy chips</p>
Alternative Dish	<p><b>Vegetable Supreme Pizza ** with Dough Balls (V)</b></p> <p>Cheesy tomato topped pizza slice topped with sweetcorn and peppers</p>	<p><b>Quorn Bolognese **(V)</b></p> <p>Fusilli pasta in a yummy tomato and Quorn sauce</p>	<p><b>Country Vegetable Pie with Roast Potatoes and Gravy (V) (pastry)</b></p> <p>Creamy vegetable pie with a shortcrust topper</p>	<p><b>Mild Chickpea &amp; Potato Curry with a Rice side **(V)</b></p> <p>A tasty chick pea and potato masala</p>	<p><b>Beany Burger with Chips (V)</b></p> <p>A delicious homemade beany burger</p>
Vegetables	<p><b>Sweetcorn Broccoli</b></p>	<p><b>Peas Carrots</b></p>	<p><b>Carrots Cabbage</b></p>	<p><b>Sweetcorn Broccoli &amp; Cauliflower Medley</b></p>	<p><b>Baked Beans Peas</b></p>
Desserts	<p><b>Raspberry Yoghurt Cake</b></p>	<p><b>Fruit &amp; Yoghurt*</b></p>	<p><b>Flapjack with Fruit Slices *</b></p>	<p><b>Secret Brownie</b></p>	<p><b>Orange Shortbread with Fruit Slices *</b></p>

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