



Pupils can recognise and celebrate their strengths and achievements and set simple but challenging goals.



Pupils can recognise how they grow and will change as they become older.



Pupils can recognise different types of teasing and bullying, and understand that these are wrong and unacceptable.



Pupils can identify the ways in which people and families are unique, understanding there has never been and will never be another them.



Pupils can judge what kind of physical contact is acceptable, comfortable, uncomfortable and how to respond.



Pupils know the difference between secrets and surprises, and the importance of not keeping a secret that makes them feel uncomfortable, worried or afraid.

