

# WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07, 24/07, 14/08, 04/09, 25/09, 16/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Cheesy tomato topped pizza slice served with potato wedges	<b>Chinese Chicken Noodles</b> Delicious stir-fried Chinese chicken noodles	<b>Roast Pork</b> Succulent roast pork served with fluffy roasties and tasty gravy	<b>Cottage Pie</b> 🍷 A classic cottage pie with veg and gravy	<b>Breaded Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
	<b>Vegetarian Bolognese</b> 🍷 🌱 A vegetarian mince and vegetable bolognese in a yummy tomato sauce served with wholemeal pasta	<b>Mexican Vegetarian Tortilla Pie</b> 🍷 🌱 🍷 A layered Mexican style vegetarian tortilla pie served with wholegrain rice	<b>Vegetable Pastry Roll</b> 🌱 Tasty vegetables wrapped in puff pastry served with fluffy roasties and tasty gravy	<b>Macaroni Cheese</b> 🍷 Cheesy macaroni pasta	<b>Tomato Vegetable Burger</b> 🍷 Tomato veggie burger in a soft bap and scrummy chips
JACKET POTATO	<b>Jacket Potato</b> 🍷 🌱 with a choice of fillings	<b>Jacket Potato</b> 🍷 🌱 with a choice of fillings	<b>Jacket Potato</b> 🍷 🌱 with a choice of fillings	<b>Jacket Potato</b> 🍷 🌱 with a choice of fillings	<b>Jacket Potato</b> 🍷 🌱 with a choice of fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Mango Frozen Yoghurt</b>	<b>Berry Flapjack with Fruit</b> 🍓	<b>Chocolate Brownie with Fruit</b> 🍓	<b>Crispy Crackle Bar</b>	<b>Orange Shortbread</b>

# THREE WEEK MENU

SPRING/SUMMER 2023

Chartwells  
Schools

£2.60

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 31/07, 21/08, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Cheesy tomato topped pizza slice served with potato wedges	<b>Pork Sausages</b> Pork sausages served with mashed potato and tasty gravy	<b>Roast Turkey</b> 🍗 Succulent roast turkey served with fluffy roasties and tasty gravy	<b>Beef Bolognese</b> 🍖 Served with wholemeal pasta and garlic and herb bread	<b>Breaded Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
	<b>Sweet Potato Curry</b> 🍠 A mild and tasty vegetarian curry served with wholegrain rice	<b>Macaroni Cheese</b> 🍝 Cheesy macaroni pasta	<b>Roasted Vegetable Butterbean Crumble</b> 🥕 Roasted vegetables and butterbeans with a cheesy crumble topping	<b>Chinese Vegetable Rice</b> 🍚 Rice with vegan mince, soya bean and vegetables flavoured with soy and Chinese five spice	<b>Quorn Dippers and Chips</b> 🍷 Crispy Quorn nuggets and scrummy chips
JACKET POTATO	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍅 🌿 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Vanilla Ice Cream</b>	<b>Orange Drizzle Cake</b>	<b>Strawberry Jelly with Fruit</b> 🍓	<b>Fruity Picnic Bar</b> 🍓	<b>Chocolate Ice Cream</b>

# WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 07/08, 28/08, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Cheesy tomato topped pizza slice served with potato wedges	<b>Chinese Chicken and Vegetable Rice</b> 🍗 Chinese spiced chicken and vegetables with rice	<b>Roast Gammon</b> Succulent roast gammon served with fluffy roasties and tasty gravy	<b>Beef Lasagne</b> 🍖 A classic Italian layered pasta dish with beef mince served with garlic and herb bread	<b>Breaded Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
	<b>Vegetable Pesto Pasta Bake</b> 🍝 Pasta with vegetables in a cheesy sauce with nut-free pesto	<b>Cheesy Cauliflower Pasta Bake</b> 🍝 A yummy pasta bake	<b>Sweet Potato and Chickpea Roast</b> 🍠 A chunky sweet potato and chickpea roast served with fluffy roasties and tasty gravy	<b>Vegetable Korma</b> 🍋 A mild and tasty vegetable curry served with Bombay potatoes	<b>Quorn Dippers and Chips</b> 🍷 Crispy Quorn nuggets and scrummy chips
JACKET POTATO	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings	<b>Jacket Potato</b> 🍟 with a choice of fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍅 🌿 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Oat Chocolate Cookie with Fruit</b> 🍪	<b>Orange Jelly</b>	<b>Chocolate and Banana Marble Cake</b>	<b>Banana and Apricot Flapjack with Fruit</b> 🍌	<b>Strawberry Ice Cream</b>

## AVAILABLE EVERY DAY

Milk, water, salad, freshly baked bread & fresh fruit  
Yoghurt available Tuesday & Thursday

🍅 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍓 Fruity! 🍷 Nutritionist's Choice