



# Sacred Heart Catholic Primary School

## Newsletter

Friday 17<sup>th</sup> April 2026

### Bee Promises



This week we received 11 nominations of children displaying behaviours linked to our Bee Promises of Bee Responsible, Bee Respectful and Bee Kind.

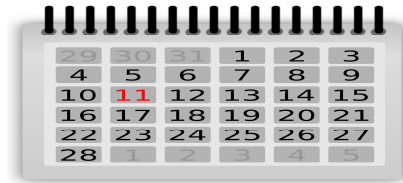
Well done to all children nominated and congratulations to the winners of each Bee Promise Award!

Bee Responsible – Aria (Year 4)

Bee Respectful – Arlo (Reception)

Bee Kind – Alicia (Year 4)

### Dates to Remember



- Friday 24<sup>th</sup> April – Reception class trip to Worden Park
- Monday 4<sup>th</sup> May – School closed for the Bank Holiday (one day)

### Appointments in School Time

Due to an unmanageable increase in children being collected within the school day for routine appointments, we would like to inform parents/carers that routine medical appointments will no longer be authorised absences unless medical evidence is provided to confirm that the appointment is urgent and cannot be arranged outside of school hours.

Routine appointments include, but are not limited to:

- Non-urgent GP or doctor appointments
- Routine dental check-ups
- Standard eye tests, or the fitting/collection of glasses

Where possible, we ask that these appointments are scheduled outside of school hours to minimise disruption to your child's learning.

If an appointment is urgent and must take place during the school day, appropriate medical evidence must be provided when reporting the absence.

We appreciate your support in helping us maintain high levels of attendance and ensuring all students can make the most of their education.

If you have any questions, please contact the school office.

### Year 4 Parents – Ukulele Concert

All parents/carers of our Year 4 pupils are invited to join us next Thursday 23<sup>rd</sup> April at 9:00am where our Year 4 pupils will hold a Spring Concert in the hall.

We hope you can join us.



This is just a polite reminder that we are a **nut free** school.

Please do not send your child to school with any snack/packed lunch items that contain nuts.

## Family Feast Fridays

Each Friday we will be sharing a recipe idea for the week ahead to help us all with new ideas for meals each week! We would love to hear if you have tried them out- please send us pictures!! And if you have any recipes you would like to share with us, please send them to [bursar@sacredheart.mecmat.org](mailto:bursar@sacredheart.mecmat.org)

This week we wanted to share: Creamy Mushroom Chicken from BBC Food



### Ingredients

spray olive oil  
2 chicken breasts, skinless and trimmed (200g/7oz each)  
½ onion, finely chopped  
1 fat garlic clove, crushed  
100g/3½oz mixed or chestnut mushrooms, sliced  
250ml/9fl oz chicken stock (made with ½ a stock cube)  
salt and pepper  
100ml/3½fl oz half-fat crème fraîche  
1 tbsp freshly chopped parsley, for garnish  
300g/10½oz broccoli, steamed, to serve

### Method

Heat the spray oil in a non-stick frying pan, add the chicken breasts and fry for about 10 minutes, or until well browned on both sides. Set aside.

In the same pan, add a little more oil and fry the onion for 2–3 minutes, or until translucent. Add the garlic and fry for another 1–2 minutes. Add the mushrooms and fry until golden-brown. If they start to stick, stir in a little stock.

Return the chicken to the pan and stir in the stock. Bring to the boil. Cover with a tight-fitting lid, lower the heat and simmer for 12–15 minutes, or until the chicken is cooked through. Season with salt and pepper.

Meanwhile, cook the broccoli in boiling salted water until tender.

Stir the crème fraîche and parsley into the sauce and serve immediately with the broccoli.

## Attendance and Punctuality

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Attendance	91.42%	89.22%	95.4%	92.59%	92.71%	97.79%	97.22%
Punctuality	2 Late	2 Late	2 Late	3 Late	3 Late	1 Late	1 Late