



Sacred Heart Catholic Primary School

Newsletter

Friday 17th July 2026



Another school year done! Well done to all the children for a year that has been full of love, learning and friendship. Your children are the beating heart of the school community and we couldn't be prouder.

We do, of course, bid a final farewell to our Year 6 children today. It has been a joy to witness their progress over their time here and we all wish them the very best for a bright and happy future!

God Bless and Happy hols everyone!

Mrs Scanlon

Family Cricket Afternoon

On
Sunday
2nd
August
2026
from
2 pm
at the
bowling
pavilion
in
Haslam
Park



Come along to a family fun day organised by St John Paul II parish.

Families, friends and relatives are all welcome for a few hours of lighthearted cricket.

Cricket sets are provided.

Bring your own chairs, blankets, parasols ☀️, umbrellas ☔, picnic food and drinks.

Bats, Balls & Big Smiles — Join Your Community Cricket Match



From the 29th June – 6th September, families visiting their local Morrisons Café throughout the summer holidays can enjoy a free 'Kellogg's Breakfast', which includes a bowl of cereal and a portion of fruit.

The best part, it's not just for kids, adults get to eat completely free too.

Both kids and adults can choose from much-loved favourites Corn Flakes or Rice Krispies, topped with their choice of dairy or non-dairy milk and a free apple or banana.

Worker of the Year – Well Done!

EYFS – Alyza

Year 1 – Devine

Year 2 – Olivia

Year 3 – Amelia

Year 4 – Jeneesa

Year 5 – Samantha

Year 6 – Harrison



Cupboard Love
COMMUNITY FOOD HUB
@ St Michael's with St Marks Church

 Preston City Council

Every 2nd & 4th Saturday of the month

9.30–10.30am

**In St Michael's Church, Egerton road,
Ashton, Preston
PR2 1AJ**

TAKE WHAT YOU NEED & PAY WHAT YOU CAN

For more details or to volunteer, please email
cupboardlovefoodhub@gmail.com



Cupboard Love Community Food Hub

Summer dates are Saturday 25th July, Saturday 8th August and Saturday 22nd August plus Saturday 12th September.

Cupboard Love is a friendly and welcoming local food hub run by volunteers. No referral is needed.

We operate at the back of St Michael's Church, main entrance Egerton Road. We provide a box of basic provisions plus a variety of fresh produce, bread, milk, cereal and some meat products.

We ask our customers to bring along their own bags, to choose what they need and pay a small donation if they can.

Governor vacancies

Sacred Heart has Foundation Governor vacancies on our Board. Foundation Governors are appointed by the Diocese and need to be practising Catholics. Foundation governors play an important part in maintaining and developing the Catholic character of our school.

The governing board plans the strategic direction of a school, makes sure public money is well spent, and holds school leadership to account. Whatever your professional background, your skills could transform a school. Governors work together as a team to ensure a good standard of education is being achieved. Being a Governor is an opportunity to develop the skills you have and to improve the futures of children today. You do not need to be a parent or work in the education sector.

If you would be interested in joining our Governing board as a Foundation Governor please contact the school office and we will be happy to give you more information.



This is just a polite reminder that we are a **nut free school**.

Please do not send your child to school with any snack/packed lunch items that contain nuts.

Attendance and Punctuality

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Attendance	92.34%	86.27%	98.15%	94.19%	95.83%	92.11%	95.96%
Punctuality	0 Late	2 Late	1 Late	1 Late	1 Late	1 Late	1 Late



WHAT'S ON AT THE MET

18 JULY - 15 AUGUST

Events & activities for all the family.

To book a ticket for an event, go to
www.visitpreston.com/The-Met



VisitPreston



In
Certain
Places



Sat 18 July, 7pm - 10pm

Mamma Mania // £5

Join us for an exciting ABBA tribute night! Dance to your favourite songs and feel free to dress in ABBA style.
Booking required.

Sun 19 July, 12 noon

Polish Day // FREE

Join us for a vibrant celebration of polish culture, traditions, and community spirit! Enjoy a day of traditional music, dancing and activities for the whole family.
Drop-in. No booking required.

Tue 21 July, 10am - 12.30pm

Sandbags Veteran Cafe on Tour // FREE

For Veterans and their families in Larches, Savick and wider Preston to join us at The MET for a special 'Sandbag on Tour' event - obligatory bacon bums and hot drinks will be served, together with quiz and the usual banter.
Booking required.

Tue 21 July, 7pm - 9pm

Sound Dreaming Journey with Anthony // FREE

A beautiful way to create a self-healing space. Using Gongs, Crystal bowls, Chimes, Handpan, Shamanic Drums and more. Bring a water bottle, comfy mat, blanket and pillow if you wish.
Booking required.

Wed 22 July, 7.30pm - 8.30pm

History Talk - Lock, Stock & Barge Speaker: Nigel Hardacre // FREE

Step into the past with Nigel Hardacre, a fascinating history talk on Preston's Lancaster Canal - uncover its ambitious 1792 origins, coal and limestone trade, ingenious lock-free design, and unfinished Ribble crossing.
Booking required.

Fri 24 July, 6pm - 10pm

Young Peoples Silent Disco // FREE

Pop on a pair of wireless headphones and enjoy a unique disco experience where everyone can dance to their favourite tunes.
Booking required.

To book a ticket for an event, go to www.visitpreston.com/The-Met



Sat 25 July, 7pm - 10pm

One Voice Community Choir - 'Soul Food Festival' // Food Donation

One Voice Community Choir brings 40 passionate voices to Soul Food. This is no ordinary concert - admission is by food donation, every contribution directly supporting food banks in the Preston area.
Booking required.

Sun 26 July, 6pm - 7.30pm

Hidden in Plain Sight Walk with Sue Latimer // FREE

A walk discovering intriguing clues to Ashton and Larches history.
Booking required.

Mon 27 July, 11am - 12 noon,

12 noon - 1pm & 1pm - 2pm

NERF Fun // £2

Come and join us for NERF attack day! Inflatable obstacles and hiding places for a fun session. Ideal for 6 - 12 year olds.
Booking required.

Tue 28 July, 1pm - 3pm

Dementia Day // FREE

Blue Flamingo is bringing one of their popular sessions featuring food, music and fun! Take part in a dementia-friendly light buffet lunch, drum circle and sing along.
Drop-in. No booking required.

Wed 29 July, 10am - 2pm

VAULT Youth Zone at The MET // FREE

Calling all parents and carers, come and try out activities from sports, to robotics and arts.
Drop-in welcome, no booking required.

Thu 30 July, 11am - 3pm

Celebrating Sustainability // FREE

A range of fantastic organisations will be on hand to help you learn practical ways to live more sustainably, from energy advice from Green Rose, including a free power bank torch, to growing your own plants with Let's Grow Preston. Preston's very own Pledge Throne will also be on site.
Drop-in welcome, no booking required.



Thu 30 July, 7.30pm - 9.30pm

Worldwise Samba Drummers // FREE

Join Jon and his group for a fun-packed evening featuring a line-up of: Samba Drumming, Preston's People's Choir, and Cottam Ukuleles.
Drop-in. No booking required.

Fri 31 July, 11am - 12 noon

SHINE in Collaboration with the National Year of Reading // FREE

Get ready for a lively creative theatre workshop packed with games, fun and drama. Learn how you can become a Reading Hero this summer. Suitable for 4 - 12 year olds.
Drop-in. No booking required.

Fri 31 July, 7.30pm - 9.30pm

Best of Preston - Legends // £4

Hear three brilliant Preston singer songwriters: Keith Mitchell, Helen May and John Kenny perform original music and maybe some classics.
Booking required.

Sat 1 August, 12 noon, 3pm & 6pm

PCW Wrestling // £4

Enjoy three unique shows. Whether you're a hardcore wrestling fan or new to the sport, you're guaranteed to enjoy yourself.
Booking required.

Sun 2 August, 11am - 12 noon

& 12.30pm - 1.30pm Edens Kitchen Kids & Families Food Preparation // FREE

In the first session, learn how to make a nutritious fibre rich breakfast for the kids. Bring the whole family for the second session and learn how to create a healthy grain salad.
Booking required.

Tue 4 August, 12.30pm - 2.30pm

Drum & Strum with Rachael and Jon // FREE

Come and make music! No experience needed, all ages welcome.
Booking required.

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Tue 4 August, 3.30pm - 5.30pm
Family Pjs Karaoke / Disco // FREE
Put on your Pjs and join in the fun! Popcorn and chicken nuggets are on the house.
Booking required.

Wed 5 August, 11am - 8pm
Men's Wellness Day // FREE
A variety of different events for men to boost mental and physical health.
11am - 2pm Hands-On Men's Workshops
5pm - 6.30pm Breathing Techniques & Movement
Booking required.

Fri 7 August, 11am - 3pm
Circus Skills with Joshua Holden // FREE
Come and try your hand at circus skills, bubble shows, and for the 13+ year olds, stilt walking.
Booking required.

Sat 8 August, 6pm - 10pm
Bollywood Night // FREE
Experience a night of Bollywood inspired music and dancing.
Drop-in. No booking required.

Sun 9 August, 10am - 3pm
Discover the Art of Homemade // FREE
Arts & Craft Fair featuring unique stalls selling art, jewellery, home decor and lots more.
Drop-in welcome, no booking required.

Mon 10 August, 11am - 12 noon, 12.30pm - 1.30pm & 2pm - 3pm
Sound Yard with Marco Galea // FREE
We are getting musical in Sound Yard with song learning, composing and sound design. Try your hand at keyboards, synthesisers, digital drums and guitars.
Suitable for 10 - 16 year olds.
Booking required for first session, drop-in thereafter.

Mon 10 August, 7.30pm - 8.30pm
A Street By Any Other Name // FREE
A talk revealing the history behind Ashton and Larches street names with Sue Latimer.
Booking required.



Tue 11 August, 1.30pm - 3pm
Neurodiverse / Autistic Afternoon of Sound Music // FREE
Bespoke sensory sounds used to support sensory processing, either by calming overload or providing safe, rhythmic stimulation.
Drop-in. No booking required.

Tue 11 August, 7.30pm - 8.30pm
Votes for Women! - An evening with Edith Rigby // FREE
Judy Beeston will portray Edith Rigby in a talk about Preston's famous suffragette, who fought for working class women's rights in this Friends of Winckley Square talk.
Drop-in. No booking required.

Thu 13 August, 11am - 12 noon, 12.15pm - 1.15pm & 1.30pm - 2.30pm
Baby & Toddler Soft Play // FREE
A bouncy castle, ball pit and plenty of soft play equipment.
Booking required.

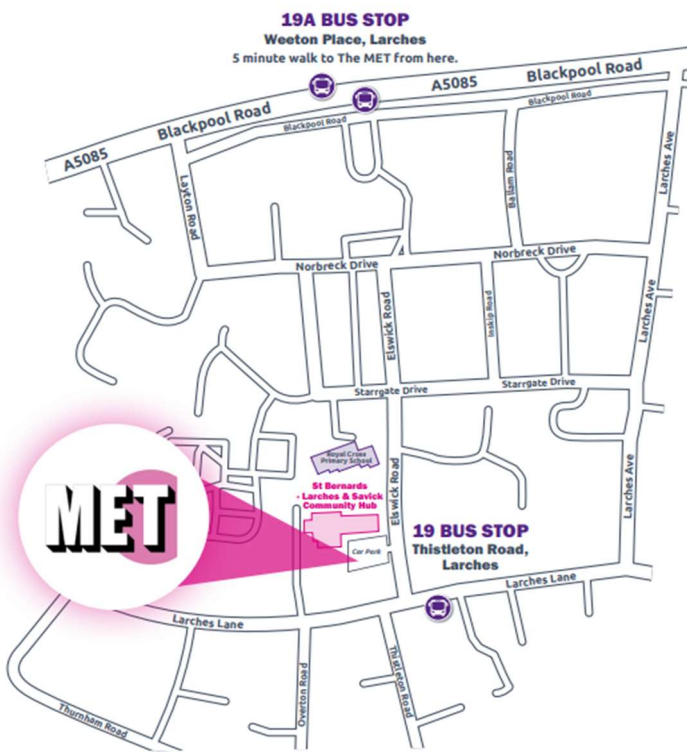
Thu 13 August, 7.30pm - 8.30pm
The Story of The Guild Hall
Speaker: Micheal Akers // FREE
Discover the dramatic story of Preston Guild Hall. This engaging talk by Micheal Akers explores how an iconic venue rose to prominence, hosted legendary events and ultimately fell, leaving a lasting impact on the city's identity.
Booking required.

Fri 14 August, 11am - 2.30pm
Youngsters Arts & Craft Day // FREE
Hands-on family activities to make and take home, from building bird boxes with 'Dig In' to printing, planting seedlings and origami.
Drop-in. No booking required.

Sat 15 August, 7pm - 10.30pm
Sounds Out Closing Party // FREE
Join the 'Sounds Out' group for a party where they showcase their talents with guest artists.
Drop-in. No booking required.

To book a ticket for an event, go to www.visitpreston.com/The-Met

MET LOCATION MAP



FIND US AT
ST BERNARDS - LARCHES AND SAVICK COMMUNITY HUB
Elswick Rd, Ashton-on-Ribble, Preston PR2 1NT

Car parking space is limited so if you're local please consider walking to the venue.

COLD WATER KILLS

IT'S MORE DANGEROUS THAN IT LOOKS



For anybody in difficulty in the water
FLOAT TO LIVE:

- 1 Tilt your head back with ears submerged
- 2 Relax and try to breathe normally
- 3 Lie on your back with your arms and legs spread out
- 4 Move your arms to help you stay afloat
- 5 When you are calm, call for help or swim to safety

WHAT SHOULD I DO IF I SEE SOMEONE IN DIFFICULTY?

PHONE

Call 999 and ask for the right service.
If you are inland, ask for Fire and Rescue Service.
If you are at the coast, ask for the Coastguard.

FLOAT

Tell them to float on their back and try to keep calm.

THROW

Throw them something that floats.

ENJOY THE WATER SAFELY THIS SUMMER

For more information on how to Float to Live, visit:
www.lancfirerescue.org.uk/water-safety