



Sacred Heart Catholic Primary School

PE Curriculum Overview



EYFS Curriculum						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	FMS – Elmer	FMS – Space	FMS – Mini Beasts	FMS – Rosie’s Walk	FMS – Fundamental Moving Skills	FMS – Seaside
Year 1						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	FMS – Catching and Bouncing a ball	Gymnastics	Dance – Fire Fire	FMS – Underarm throw	Athletics	FSM – Jack and the Beanstalk
Year 2						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	FMS – Playground Games	Gymnastics	Dance – Explorers	Net and Wall – Tennis	Athletics	Games – Striking and Fielding
Year 3						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Games – Rugby	Gymnastics	Dance – Ironman	Net and Wall – Tennis	Athletics	Striking and Fielding – Cricket
Year 4						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Games – Rugby	Gymnastics	Dance – Super Heroes	Net and Wall – Tennis	Athletics	Striking and Fielding – Rounders
Year 5						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Games – Rugby	Gymnastics	Dance – Robin Hood	Net and Wall – Tennis	Athletics	Striking and Fielding – Cricket
Year 6						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Games – Rugby	Gymnastics	Dance – Heroes and Villains	Invasion Games – Netball	Athletics	Striking and Fielding – Rounders